



**LOCAL FARM FRESH PRODUCE**

**EGGS**  
**Egg-Shack**, 4240 Conc. #4, Orono, 905-786-EGGS

**FRUITS & VEGETABLES**  
**Fred's Fruit Market**, 4303 Hwy #115, Orono, 905-983-5628.

**Tax Farm**, Regional Rd. 42, Orono, 905-983-6105. Locally grown potatoes, sweet corn & canteloupe in season

**Sikma Orchards**, Hwy. 2, 5 km East of Newcastle, 905-786-2153. Strawberries & Apples in season

**Link Greenhouses**, 3990 Bragg Rd., Orono,

905-983-9003  
 Hydroponic Tomatoes, Cucumbers, Sweet Corn.

**Strickland Perennial Farm**, 5467 Middle Rd. Bowmanville. Potatoes, Tomatoes, Carrots, Peas & Beans, Garlic, Swiss Chard, Pears & Perennials

**H. Richardson Farms Ltd**, 4825 Regional Road 9 East, Kendal. Fruit Trees, Strawberry plants, asparagus.

**MEAT Berrybank Farms**, 3383 Taunton Rd., Orono, 905-983-5787. Beef, Chicken, Seasonal Produce.


**Kendal Vale**, 4561 Conc. 6, Kendal, 905-983-6107. Lamb, Wool, Wool Blankets.

**Lee Farms**, 3937 Conc. 8, Orono, 905-983-5370. Organic Beef, Chicken, Lamb, Turkey, Pigs

**Sikmadale Farm**, Orono, 905-983-5442 All natural grain-fed beef

**Clement Poultry**, Organically Fed Poultry. Capons, Roasting Chickens & Turkeys. 85 Lovekin Rd., Newcastle 905-987-7239

**LOCAL FARMERS** Reserve your listing in our new, weekly Agriculture's Bounty Contact us to place your listing. Call: 905-983-5301 or [oronotimes@rogers.com](mailto:oronotimes@rogers.com)



**Holiday schedules for your curbside waste collection.**

**JANUARY 2010**


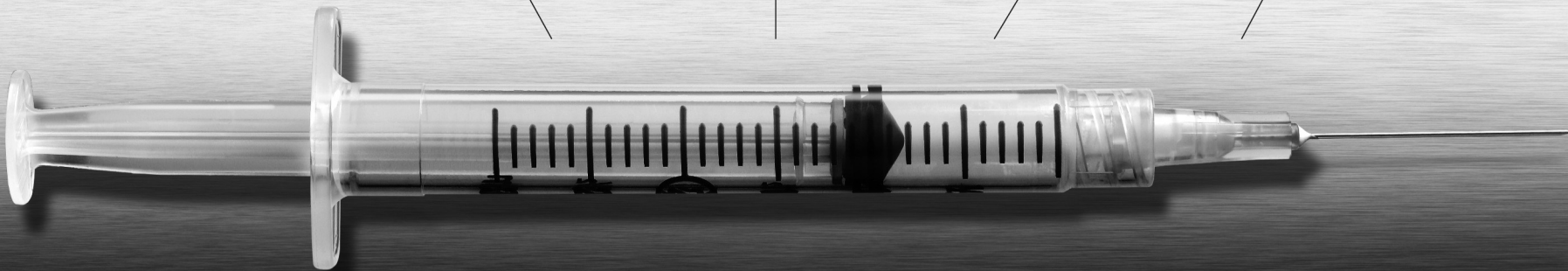
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
26	27	28	29	30	1 New Years Day (collected Monday)	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
	31					

**Christmas tree collection is in January**

- Natural Christmas trees (without tinsel, decorations, ornaments, stands or plastic tree bags) may be set out for collection.
- Please ensure that Christmas trees do not become frozen or stuck in snow banks. Trees buried in snow banks will not be collected.

**Season's greetings from all of us in Waste Management.**

**Durham Region Works Department**  
 905-579-5264 or 1-800-667-5671  
[waste@durham.ca](mailto:waste@durham.ca)  
[www.durhamregionwaste.ca](http://www.durhamregionwaste.ca)

- At least 1 in 3 people could still get H1N1.
- 1 in 5 people hospitalized with H1N1 have ended up in intensive care and/or on ventilators.
- Half of those in hospital with H1N1 have been under 24 years old.
- More people have been sick this year from the flu compared to the past 5 flu seasons.
- Flu season continues until April.

**You call the shot.** Only you can make the decision to get the H1N1 flu shot. Shots are available at health care provider offices, workplace clinics and many other locations. Visit: [ontario.ca/flu](http://ontario.ca/flu)

