

# WOMEN HESITATE TO TALK FOR PUBLICATION.

But it is Not a Disgrace to be Sick.

Yet Some Suffer in Silence and Will Not Even Speak on the Subject to Their Physician---A Foolish Modesty.

## HEALTH AND STRENGTH CAN BE RESTORED.

Not the least among the many valuable services Dr. Williams' Pink Pills have rendered to suffering women, is that of tidying them over the critical period commencing at middle age, commonly known as the change of life. It so often happens that at this climacteric women relapse into a stage of chronic invalidism and the actual danger to life which attends the change is so great that a medicine which can be relied upon to carry the system over this dangerous time, is nothing less than a life-saving invention. What Dr. Williams' Pink Pills will do for women at this change of life is shown in a case reported in the *Dewsbury (Eng.) Chronicle*. It is that of Mrs. Benjamin Smith, who lives at Hanover street, Dewsbury. The change of life had left her weak and miserable, with constant pains, dizziness and shortness of breath on the slightest exertion, together with chronic rheumatism in the head and eyes. The pain in her head was too acute for words. She got no sleep either by day or night, and her agony was at times so great that it took two people to hold her in bed. A skilled doctor was called in but did no good. "My cheeks would swell up as big as saucers," said Mrs. Smith, "my eyes were as red as fire and there was no getting rid of the pains in the head. I suffered also from a sluggish liver and weak heart, and at times my eyesight was so bad that objects before me seemed but dim shadows, and there was none of my friends who looked for my restoration to health. I saw an account in a newspaper of a cure similar to mine through the use of Dr. Williams' Pink Pills, and my husband urged me to try them. Before 2 boxes were used the pains began to disappear as if by magic, and the continued use of the pills for a little more than a month, has left me enjoying as good health as ever I had in my life. I consider Dr. Williams' Pink Pills a blessing, and as I know there are thousands of women who suffer in silence from troubles having the same origin as mine, I am grateful enough for what they have done for me to tell my story in the hope that some suffering sister may be similarly helped, and you have full permission to publish what I have told you, which statements can be verified by any of my neighbors."

Mrs. L. Lundahl, Lavant, Ont., says: "I have much pleasure in adding my testimony to the great efficacy of Dr. Williams' Pink Pills. Some years ago I was severely injured in child birth and had to go to the Kingston hospital to be operated on. I was in the hospital and under treatment for nearly two months, but flowing set in and all the skill of the doctors was unable to stop it. I went home and after still suffering for three or four months, I determined to go to the hospital again, but fortunately for me an old lady on the cars, who noticed my emaciated and worn condition asked 'what ails you, my child?' I told her my trouble and she replied, 'Before going to the hospital again give Dr. Williams' Pink Pills a fair trial. I know they will help you.' I followed her advice, and after taking four boxes the flowing absolutely stopped. I took the pills for some time longer and my health was fully restored, and since then I have been both strong and active. I believe Dr. Williams' Pink Pills are a blessing to women."

Mrs. A. C. Fitchell writes: "I take this opportunity of thanking you for the great benefit I have received from Dr. Williams' Pink Pills in that critical period known as the change of life. I had suffered for years from kidney troubles, and this I suppose was the commencement of the change. Then I was attacked with spells of dizziness and weakness, accompanied with pains in the back, which would last for weeks at a time, and from which I would not get more than an hour or two's sleep at night. A friend who had successfully used Dr. Williams' Pink Pills in a similar emergency urged me to try them. The result was that they brought me safely through this critical period, and am again enjoying perfect health, and take pleasure in recommending Pink Pills to those similarly situated."

Mrs. Frank Murray, who resides near Ogdensburg, N. Y., says: "I am 46 years of age and for many years resided near Prescott, Ont. We moved over here some time ago and have worked this farm since. My husband is working in Ogdensburg at his trade, that of a stone mason, while my children and myself carry on the farm. "I have been a great sufferer from sick headaches, which would generally come on about evening, and I would be completely prostrated, not even able to lift my head or help myself in any way. These spells would last for about twenty-four hours, and would leave me in so weak a condition that for a few days I could scarcely drag about the house. I have also had considerable spinal trouble the sharp, darting tongues of pain being most severe, following along my spine and to the back of my head. Have doctored much, but without the desired result. The doctor told me it was due to the approaching change of life. I heard of Dr. Williams' Pink Pills for Pale People, and also later heard of the cures they had effected in a number of persons personally known to me, and it was their stories that decided me to try them. I got some of the pills, and after I had taken a few boxes I had no more headaches for several months. This summer my head began to have a heavy feeling, and at times I was quite drowsy, but no pains accompanied it. I now have more pills and though I've taken only a few I feel well again. I don't think any person could stand it a great while to be troubled as I was and stand the amount of pain. I know that Pink Pills are a good medicine and fully what they are represented to be. I have recommended them to some of my friends with beneficial results. Oh, my, yes! They have done wonders for me. I do all my own housework on the farm. We have a dairy of twelve cows, and often when the boys are very busy getting in the crops I have milked all the cows alone."

Mrs. W. H. McMillan, South Finch, Ont., says: "For seven years I was afflicted with what is generally termed female weakness, and was for weeks unable to leave my bed. At times my friends all thought that I was going into decline and had consumption. My complexion was sallow, my appetite was almost gone, and I was terribly emaciated, my head gave me great trouble, and at times the pain was so great that I feared it would affect my reason. I had tried many medicines without avail, and began to despair of recovery when I was urged to try Dr. Williams' Pink Pills. The result has been marvelous. From a

Rev. David Forbes, missionary at Poplar Dale, Algoma, writes: "I feel that I would be remiss in my duty did I not write to let you know the wonderful benefit derived by a young lady here, from the use of your Pink Pills. Miss Mary Martin, the young lady referred to, was taken sick two years ago, and all the medical treatment she underwent proved of no avail. Visiting the family in my capacity as missionary, I saw with sorrow that unless something was done to avert the progress of her troubles, she would not be long for this world. She was pale, almost bloodless, and subject to all the distressing symptoms which accompany anemia and bring the victim to an early grave. I urged the parents to try Dr. Williams' Pink Pills. They acted upon my advice, and I am rejoiced to say that they have fully and entirely restored her health, and in the rosy-cheeked girl of to-day you would not recognize the invalid of a short time before. The words of her grateful mother to me were these: 'We have to thank you, Mr. Forbes, for recommending Dr. Williams' Pink Pills. They have saved our daughter's life and we are more grateful than we can say, and freely give you permission to send this testimonial, in the hope that some one in similar circumstances may be benefited.'"

Dr. Williams' Pink Pills are sold only in boxes bearing the firm's trade mark and wrapper (printed in red ink). Bear in mind that Dr. Williams' Pink Pills are never sold in bulk or by the dozen or hundred, and any dealer who offers substitutes in this form is trying to defraud you and should be avoided. The public are also cautioned against all other so-called blood builders and nerve tonics, put up in similar form intended to deceive. They are all imitations whose makers hope to reap a pecuniary advantage from the wonderful reputation achieved by Dr. Williams' Pink Pills. Ask your dealer for them.

These Pills are manufactured by the Dr. Williams' Medicine Company Brookville, Ontario, and Sobenectady, N. Y., and are sold only in boxes bearing the firm's trade mark and wrapper, at 50 cents a box, or six boxes for \$2.50. They may be had from any dealer, or will be sent by mail on receipt of price.

Dr. Williams' Pink Pills may be had of all druggists or direct by mail from Dr. Williams' Medicine Company from either address. The price at which the pills are sold make a course of treatment comparatively inexpensive as compared with other remedies of medicinal treatment.

### Town Council.

Met Monday night. A letter was read from the Martin Manufacturing Company showing \$11,831.60 in wages had been paid during 1896. The average number of hands employed was 30.

Coun. Smith read the first report of the streets committee recommending payment of accounts as follows: John McCarl, labor, \$13.13; Jno Bravener, teaming, \$11; Wm Ashby, labor, \$2.50; Sam Hughes, labor, \$1.88; Jno Rogers, labor, \$4.39; Thos Proctor, labor, \$5.31; B Barrett, labor, \$2.32; Wm Newport, teaming, \$1.50; Ben Hawes, shovelling snow, \$1.35. The committee asked for power to take tenders for 55 tons of stone.

In committee the mayor stated that the items for cleaning the tannery drain were incurred on the responsibility of the mayor and reeve, it being necessary to have the work done at once before the council could appoint its committees. He hoped the streets committee would now look after the drain and keep it clear in future. He believes flushing the drain with the fire engine would suffice to keep it clear. Coun. Smith said the town is indebted to the mayor for the prompt measures he took in the matter, and as the work was filthy he thinks \$1.25 per day was not out of the way. He said there would be 5 cords of stone broken at Starr's hill, 10 on Brock street north, and 40 cords to macadamize Brock street south from the railway bridge north to the stone culvert near Mr. Howell's. For the centre of the town broken stone can be had at the jail. In the west part gravel can be had out of Lynde's creek. In the extreme south lake shore gravel may be used. Coun. Blow said it would take about \$200 to repair Brock street from the bay north to the culvert mentioned above. The reeve said he had learned from Mr. Galbraith that gravel could be bought from stone hookers at about 25 cents per yard. Coun. Smith said the bridge on Brock street at the bay will probably require rebuilding. Coun. Jackson said if lake shore gravel can be had at a low price at the harbor company charges by the ton for anything coming over the docks. Coun. Smith said that the town could get lake shore gravel laid on the street for about 35 cents per yard, which is cheaper than buying it at 25 cents per yard and then paying for the hauling. In that way they pay no harbor dues nor anything for the gravel. The best way to buy gravel is to have it laid on the street at so much per yard. Then you know what it will cost before you agree to take it.

The report was adopted. Coun. Noble read a report from the committee on relief ordering payments as follows: W H Warner, coal to indigents \$10.32; Jno Blow, coal for indigents, \$5.75. The report passed. In discussing the report it turned out that the town has no contract, and that while W H Warner charged \$5.25 per ton John Blow charged \$5.75. Coun. Jackson said the matter of coal contracts should belong to the fire and water committee to look after, and that there should be a contract. Coun. Blow said tenders had been taken some time ago and all tenders were for \$5.75. Mr. Warner not having put in a tender. The mayor said he understood that the day of combines was past. (Laughter.)

The reeve read a report from the finance committee allowing deputy returning officers the following amounts: Ross Johnston, Geo T Hall, F W Billings and Allan Cameron \$11 each, and R Willis, who used the council chamber, \$7. The report passed. The reeve said these expenses were too high, and he hoped the members of the council would bear in mind to look after the matter next December. The reeve introduced and carried a by-law to authorize the borrowing of money to defray the town's expenses during the year. The amount shall not exceed \$18,000.

Coun. Hayward asked why so much is borrowed. The reeve said that not more than \$13,000 was usually borrowed. Coun. Hayward said even that was a bad showing. If we have got in the habit of neglecting to collect our taxes it is time we changed our methods. The mayor said that is very practical talk, and he hoped Coun. Hayward or someone else would take the matter in hand and introduce a better method. At the same time we are not supposed to have any money on hand at the first of the year, and would probably have to borrow the same amount under any circumstances. The reeve said that until the town's debts are paid he feared we could not gain time in the collection of taxes. Coun. Jackson asked why the form of note in the by-law did not contain the name of the bank from which we are to borrow the money. The reeve said the county council passes a by-law in blank form. The mayor said the form of the note is the same as was used last year. The by-law passed its various readings and was signed and sealed.

Coun. Hayward moved for power for the printing committee to receive and accept tenders for printing. Carried. The bonds of the treasurer and collector were laid on the table for inspection. Coun. Bewell asked that his by-law to appoint an assessor stand over two weeks until the finance and applications to office committees have held a joint meeting on amalgamation of the town offices. The council then adjourned.

Ayer's Hair Vigor is certainly a remarkable preparation and nothing like it has ever been produced. No matter how wiry and unmanageable the hair may be, under the influence of this incomparable dressing, it becomes soft, silky, and pliable to the comb and brush.

# OLD GOLD CIGARETTES

W. S. Kimball & Co., ROCHESTER, N. Y.

Retail Everywhere

50c. Per Package. 17 First Prize Medals.



### Wood's Phosphodine.—The Great English Remedy.

Is the result of over 35 years treating thousands of cases with all known drugs, until at last we have discovered the true remedy and treatment—a combination that will effect a prompt and permanent cure in all stages of Sexual Debility, Abuse or Excess, Nervous Weakness, Emissions, Mental Weakness, Excessive Use of Opium, Tobacco, or Alcoholic Stimulants, all of which soon lead to Insanity, Consumption and an early grave. Wood's Phosphodine has been used successfully by hundreds of cases that seemed almost hopeless—cases that had been treated by the most talented physicians—cases that were on the verge of despair and insanity—cases that were tottering over the grave—but with the continued and persevering use of Wood's Phosphodine, these cases that had been given up to die, were restored to manly vigor and health—Reader you need not despair—no matter who has given you up as incurable—the remedy is now within your reach, by its use you can be restored to a life of usefulness and happiness. Price, one package, \$1; six packages, \$5; by mail free of postage. One will please, six guaranteed to cure. Pamphlet free to any address.

The Wood Company, Windsor, Ont., Canada.

Wood's Phosphodine is sold by responsible wholesale and retail druggists in the Dominion.

Sole Agent at Whitby, M. W. Collins.

## Granby Rubbers

Honestly made of pure Rubber. Thin, Light, Elastic, Stylish, Durable.

Modelled each year to fit all the latest shoe shapes. Extra thick ball and heel.

Sold everywhere. They Wear like Iron.

**ORIFILIA**  
Foreman Perryman, at D. M. McKinlay's livery stable, was kicked by a horse on Tuesday morning and severely injured. He had to be carried home.

**Death of Hugh Fox**  
Hugh, the third son of the late John Fox, died at Toronto on Sunday. About a month ago he had undergone an operation for appendicitis and he never recovered from its exhausting effects. The body was brought to Orifilia on Monday, and interment took place on Tuesday. Hugh was a very bright young fellow, and was very popular among his high school fellow scholars.

**Mr Cook again the choice**  
Mr. H. H. Cook was nominated at the Reform convention yesterday afternoon to contest East Simcoe. At one time it looked as if Mr. Beck's name would be submitted to the convention, but it was not.—News-Letter.

**UNDER OATH**  
**KIDNEY**

**PARALYZED CHIEF—SWORN STATEMENT.**  
Mr. Joseph McMillan, 27 DeWitt Street, Toronto, Ont., swears that Elyman's "Kidney Cure" cured her of Paralysis which rendered one side of her body entirely useless. Physician said there was no chance of her ever recovering the use of her limbs. Hope deserted her, but to-day she is walking around telling her friends how Elyman's "Kidney Cure" gave her life and happiness. Sworn to, July 10, 1896, before J. W. Seymour Ostry, Notary Public.

**SWORN STATEMENT OF A GRAVEFUL MOTHER.**  
Louisa White, nine years old, who suffered with Eczema since her birth, has been entirely cured and her general system built up by Elyman's "Kidney Cure." The above facts are given in a sworn statement made by her mother, Mrs. George White, 129 Stinson St., Hamilton, Ont., dated July 8, 1896, before J. F. Mack, Notary Public.

**A COMMISSIONER DISMISSED—SWORN STATEMENT MADE.**  
Charles E. Newman, 15 Marlborough St., Toronto Ont., had a complication of blood troubles, Rheumatism, severe Eczema, scrofula and general debility. He was frequently distressed at night. He lost his appetite and made a very sick man. His kidneys are now in a healthy condition. His appetite good. He was dismissed and compensation paid; all this was done by Elyman's "Kidney Cure." He makes a sworn statement to the above facts before J. W. Seymour Ostry, July 10, 1896.

**Victoria, Canada.**  
A basket social will be held here under the auspices of Court Reach I. O. O. F., on Friday evening, January 22nd. The following gentlemen are advertised to follow addresses: J. A. McGillivray, Q. O., N. F. Patterson, Q. O., and Mr. Dobson of Canington. The admission is only 10c. Ladies bringing baskets free.

**Cured of Sciatica**  
Left Hip Affected—Suspected Kidney Trouble—Relieved and Perfectly Cured by Dodd's Kidney Pills.

Toronto Junction, Jan. 18 (Special).—Mr. H. Playter is not a difficult man to find as every body here knows that he is foreman at No. 1 Fire Hall. He was the picture of health when called upon by your correspondent and told his story thus: "In April 1896 I suffered from a severe attack of Sciatica affecting my left hip and the leg to the tip of the toes. I suspected it came from some form of kidney trouble and as they had been recommended I procured a box of Dodd's Kidney Pills. "At the end of the fourth day I was entirely relieved but desiring a permanent cure I continued to take that and another box and am now perfectly cured and as well as ever in my life. A brother of mine living at Pine Orchard has been cured by Dodd's Kidney Pills. The Quebec Legislature has been pronounced. One trial of Mother Graves Worm Exterminator will convince you that it has as good as a worm medicine. Buy a bottle, and see if it does not please you.

Mr. James Hodge, of Hamilton, shot himself dead on the stairs at the city hall.

**A Prominent Lawyer says:**  
"I have eight children, every one in good health, not one of whom but has taken Scott's Emulsion, in which my wife has countless confidence."

A young man named Sayer was killed in the woods near Thornbury while falling trees.

**A Graduate of Toronto University says:**  
"My children have been treated with Scott's Emulsion from their earliest years! Our physician first recommended it and now whenever a child takes cold my wife immediately resorts to this remedy, which always effects a cure."

Mr. Thomas Hughes, a farmer near Tecumseh, fell through a trap in his barn and was killed.

**How to Cure All Skin Diseases.**  
Simply apply "SWATSON'S OINTMENT." No internal medicine required. Cures tetter, eczema, itch, all eruptions on the face, hands, nose, &c., leaving the skin clear, white and healthy. Its great healing and curative powers are possessed by no other remedy. Ask your druggist for SWATSON'S OINTMENT. Lyman, Sons & Co., Montreal wholesale agents.

# Wall Paper! Wall Paper!

We have the Finest Selection in town of those BEAUTIFUL AMERICAN WALL PAPERS,

Borders to Match AT LOWEST PRICES.

Come early and get first choice. P. B. WARAM, Bryans old Stand, Brook St., Whitby

DOMINION BANK. Capital Paid up, \$1,500,000 Surplus, \$1,500,000

Whitby Agency. General Banking Business Transacted. SAVINGS DEPARTMENT. Interest allowed at highest current rates. Notice of withdrawal required. E. J. THORNTON, Manager

## FAIRBANK'S Real Estate Column.

FOR SALE.—A nice story and a half house with 2 1/2 of an acre of land, corner of Dundas and Garden streets, Whitby, with fine lot of choice fruit trees, good stable, well and cistern. All in first class order. Will be sold cheap.

Small Frame House and Lot, corner of John and Byron streets, Whitby. Will be sold very cheap.

Fairbank's real estate column LOTS—To be sold, lots 324 and 258, north ward.

ROUGH CAST HOUSE—On Ash street, north ward, will be sold cheap.

FOR SALE. Cheap. A fine two story brick house, with brick stables. Situated on Byron st., Whitby, the finest residential street in the town, within three minutes walk of the post office. There are three lots of land with an entrance on two streets. House in perfect repair. For particulars apply to L. FAIRBANKS, Real Estate Agent, Whitby, Ont. Apply to L. FAIRBANKS, Auctioneer, Whitby. Oct. 28, 1896.

VIM, VIGOR, and VITALITY RESTORED IN 30 DAYS. GOOD EFFECTS AT ONCE. CATON'S VITALIZER.

Cures general or special debility, weakness, spermatorrhoea, erections, impotency, paresis, etc. Corrects functional disorders, caused by errors or excesses, quickly restoring lost manhood in old or young, giving vigor and strength where former weakness prevailed. Convenient package, simple, effective, and legitimate. CURE IS QUICK AND THOROUGH. Don't be deceived by imitations. Insist on Caton's Vitalizer. Sent sealed in your druggist does not have it. Price \$1 per page, 6 for \$5, with written guarantee of complete cure. Information, references, etc. free and confidential. Send a statement of case and State for a week's trial treatment. Only one sent to each person. CATON MED. CO., BOSTON, MASS.

### Cook's Cotton Root COMPOUND.

A recent discovery by an old physician. Successfully used monthly by thousands of Ladies. Is the only perfectly safe and reliable medicine discovered. Beware of unprincipled druggists who offer inferior medicines in place of this. Ask for Cook's Cotton Root Compound, take no substitute or imitate \$1 and 6 cents in postage in letter and we will send, sealed, by return mail. Full sealed particulars in plain envelope, to ladies only, 2 stamps. Address: The Cook Company, Windsor, Ont. Sold by W. E. Howes, druggist, Whitby.

## DON'T DESPAIR DODD'S KIDNEY PILLS

WILL CURE YOU

We guarantee Dodd's Kidney Pills to cure any case of Bright's Disease, Diabetes, Lumbago, Dropsy, Rheumatism, Heart Disease, Female Troubles, Impure Blood—or money refunded. Sold by all dealers in medicine, or by mail on receipt of price, 50c. per box or six boxes \$2.50. DR. L. A. SMITH & CO., Toronto.