Thomas A. Johns.

A Common Affliction

Permanently Cured by Taking

AYER'S Sarsaparilla

A CAB-DRIVER'S STORY.

"I was afflicted for eight years with Salt Rheum. During that time, I tried a great many medicines which were highly recommended, but none gave me relief. I was at last advised to try Ayer's Sarsaparilla, by a friend who told me that I must purchase six bottles, and use them according to directions. I yielded to his persuasion, bought the six bottles, and took the contents of three of these bottles without noticing any direct benefit. Before I had finished the fourth bottle, my hands were as

Free from Eruptions

as ever they were. My business, which is that of a cab-driver, requires me to be out in cold and wet weather, often without gloves, and the trouble has never returned."—THOMAS A. JOHNS, Stratford, Ont.

Ayer's The Only Sarsaparilla

Admitted at the World's Fair.

Ayer's Pills Cleanse the Bowels.

A VICTIM OF SCIATICA.

UNABLE TO WORK THOUGH STRONG AND WILLING.

The Sufferings of a Well known Guelph Citizen—Could not Move About Without the Aid of a Stick —Again as Strong and Healthy as Ever.

From the Guelph Mercury.

There is perhaps no business or occupation that any man could follow that is more trying to the health—particularly in the winter—than that of moulding. A workman leaves the shop with his clothing wringing wet from perspiration, and a cold wind chills him to the marrow, making him a ready mark for lumbago, sciatica and kindred troubles. A moulder requires to be a man of more than ordinary strength, and to continue at his work must always be in good health, for the moulding shop is no place for an invalid. Sciatica is by no means an uncommon affliction for men of this craft, and once the dread disease has lanced a victim he seldoms shakes himself free from it again. In fact some people declare that it is incurable, but that it is not we are able to testify by a personal interview with one once afflicted with the trouble, but who is now in perfect health, thanks to his timely use of the famous remedy. There are few workmen better known in Guelph than Chas. W. Waldren, perhaps better known as "Charley Waldren," for he has lived in Guelph almost continuously since he was three years of age, and he has now passed the 38th mile post. Mr. Waldren is a moulder, and has worked at that business for 22 years; and besides, being noted as steady workman, he is a man whose veracity is unquestioned. It is a well-known fact here that Mr. Waldren had to quit work in January 1896, on account of a severe attack of sciatica, and for eleven weeks was unable to do a tap. Knowing that he was again at work a Mercury reporter called at his residence one evening to learn the exact facts of the case. Mr. Waldren, when spoken to on the subject, replied quite freely, and had no hesitation in crediting Dr. Williams' Pink Pills with his remarkable recovery. "I am not one of those people who are seeking newspaper notoriety, said Mr. Waldren, "neither have I been snatched from death's door, but from the day when I quit work, until March 30th, when I started again, I was confined to the house with sciatica. It located in my hip and would shoot down my leg to my foot and was very painful. I could not move about the house without the aid of a cane, and then only with great pain. I was totally useless as far as doing my work was concerned, was never free from pain, and it made me feel very much depressed, for beyond that I felt strong and anxious to be about. I am a member of three benefit societies, from which I drew pay, viz: The Three Links, the Iron Moulders' Association, and the Raymond Benefit Society. People came to see me, and of course everybody recommended a sure cure. I didn't try half of them. It was not possible, but I tried a great many—particularly remedies that I had been in the habit of using for lumbago—but I found no relief. I tried Dr. Williams' Pink Pills. After using two boxes I noticed an improvement, and I kept on using them. When I had used six boxes I was back at work again. I kept on until I had finished the 8th box, and I never felt better in my life."

"Have you noticed any recurrence of trouble since?" queried the reporter. "I have not, he replied, "suffered a single twinge since." Mr. Waldren has worked in all the moulding shops in the city, and was never in his life laid off sick as long as he was from the attack of sciatica. He hardly knew what it was to be sick, and is of that tough, wiry nature that he can stand much greater physical strain than most people would imagine. Almost any person in the city can verify his story. Mr. Waldren said, as the reporter got up to leave, "I only hope some poor fellow who has suffered as I did may notice my case and get relief as I did."

Dr. Williams' Pink Pills create new blood, build up the nerves, and thus drive disease from the system. In hundreds of cases they have cure after all other medicines had failed, thus establishing the claim that they are a marvel among the triumphs of modern medical science.

Dr. Williams' Pink Pills are sold only in boxes bearing the firm's trade mark and wrapper, (printed in red ink). Bear in mind that Dr. Williams' Pink Pills are never sold in bulk or by the dozen or hundred, and any dealer who offers substitutes in this form is trying to defraud you and should be avoided. The public are also cautioned against all other so called blood builders and nerve tonics, put up in similar form intended to deceive. They are all imitations whose makers hope to reap a pecuniary advantage from the wonderful reputation achieved by Dr. Williams' Pink Pills. Ask your dealer for them.

These Pills are manufactured by the Dr Williams Medicine Company Brockville, Ontario, and Schenectady, N. Y., and are sold only in boxes bearing the firm's trade mark and wrapper, at 50 cents a box, or six boxes for $2.50. They may be had from any dealer, or will be sent by mail on receipt of price.

Dr. Williams' Pink Pills may be had of all druggists or direct by mail from Dr. Williams' Medicine Company from either address. The price at which the pills are sold make a course of treatment comparatively inexpensive as compared with other remedies or medical treatment

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Reach Council.

The regular meeting of the Reach Council was held on Monday last. All members present. Minutes of former meeting read and approved.

The Clerk read a number of communications.

From Mrs B Prentice, claiming pay for attendance on the Longfield family during illness. She stated that Dr. Bascom advised her to apply to the Reach Council for remuneration. From the Clerk of the Peace stating that according to the returns of the county selectors of jurors Reach's appointment is 228. From the Clerk of Forestry for Ontario, asking for the names of owners of saw mills, portable or otherwise, in the township of Reach.

The following amounts were ordered to be paid:—Mr Lamb $4, sheep killed by dogs; Jas Lambkin and Gilbert Wood $6, work on Reach road, con. 1; J Swan and Sons $120, supplies for bridge north of Port Perry; Municipal World $3, for a book for registration of births, marriages and deaths; Ed Barrett $4.66, sheep killed by dogs; Marshall Coldwell $5, for cleaning out gravel pit, lot 18, con 7; Wm P Watson $8.12, amount due him as provided by Bonus by-law for erecting 65 rods of wire fence.

On motion the council adjourned.

Food Preservatives.

The subject of the preservation of articles of food against decay is of no little importance. If in any way the germs which cause fermentation can be destroyed or their development prevented without any change in the food product itself, it seems possible that food can be preserved for such a duration that none need waste from decomposition. We have now in use at least three mechanical modes of preserving food products: 1st, the canning process, which destroys the germs by heat and prevents the introduction of more germs; 2nd, refrigeration, which hinders the multiplication of germs; and, 3rd, the evaporation of fruits, which also prevents fermentation, by lack of sufficient moisture.

We have also another means of preserving meats especially, and that is by the application of salt, as with pork, etc. Other substances have also been used, but not without prejudice on the part of dealers and consumers, viz., borax, boric acid, salicylic acid, benzoic acid, sulphate of soda, saltpeter, and formalin. From these substances preparations are being made and placed upon the market for use in milk and milk products. Two of these compounds have been recently examined and tested at the New York (Geneva) Experimental Stations, which have issued a bulletin regarding their experience with them.

The first used bore the name of "preservitas," especially for cream. [NOTE.—A substance of this name is commonly used by the Australians in buttermaking.—EDITOR.] It is a fine white powder that dissolves readily in water. An analysis showed it to contain 30 per cent. borax, a small proportion of salicylic acid; the remainder, sugar. This, if added ½ to 1 ounce to a gallon of fresh cream, will keep it sweet with full flavor for a fortnight or longer.

The second preparation is called "callerine," a colorless liquid having a disagreeable, pungent odor. An analysis shows it to be a 7 per cent. solution of formalin, or formic aldehyde. For milk, 1 ounce of callerine to 14 gallons of water will keep it fresh three days in a temperature of 75° Fahr. For longer keeping more callerine should be used. A solution of two ounces of callerine to one quart of water will be found an efficient wash for preserving meat, poultry, game, fish, vegetables, etc. Articles should be carefully washed with the solution or allowed to remain in it for a few minutes.

As to the effects of these substances on digestion, Prof. R. T. Thompson, in quoting from Dr. Leffmann, says that "we may infer that whatever prevents putrefaction at least delays digestion." Dr. Leffmann states that it is advisable to be cautious about the use of formalin in any considerable quantity. Digestion experiments have been made upon milk with and without the presence of formalin. In the cases so far reported, the milk containing the formalin required a longer time for digestion than that which contained no formalin. Furthermore, the behavior in the Babcock test of milk which had been preserved by formalin shows that its composition is in some way affected. Ordinarily the curd of milk is dissolved by the sulphuric acid used in the test. When formalin is used, the curd often fails to dissolve and becomes a compact mass, which indicates fairly conclusively that the gastric juices of the stomach would have some difficulty with milk or other food treated with formalin or any like substance.

If any dairymen resort to the use of these substances to cover up the results of careless, unclean methods in handling milk and its products, then we must regard their advent as a misfortune.—Farmers' Advocate.

How to Treat Wounds.

What is the proper way? Just stop and think a minute. Nature is trying to cover the wound with plastic lymph, If there is dirt in the wound use just enough lukewarm water to remove it. Then as nature wants to cover it up to keep the germs out, let us help her do it by putting a clean white cotton or linen cloth over the wound. In short, carefully wrap it up with a bandage, if it is on the leg, and tie just tight enough to keep in place, But is there no medicine to be used? you may ask. Yes, there may be germs that have already entered the wound, and others that may get there. We can use with advantage an antiseptic dressing, and a very effective one is pure white pulverized sugar, and as everybody has it in the house and everybody has a camphor bottle, or at least the next neighbor has, we will sprinkle some sugar on some white cotton batting and lay on the wound first before putting on the bandage. Then put on the bandage one or two thicknesses, and wet with the camphor. But why do we do all this? Simply because the alcohol in the camphor is an antiseptic and the camphor is an anodyne and will remove the soreness. Let entirely alone for two days. Then remove and saturate a little cotton with carbolized oil, made by mixing carbolic acid one part in twelve parts of raw linseed oil, and wrap up again, using a clean bandage. Continue to remove and apply daily until the wound is healed. Use no water at all unless matter is formed, when a little warm water may be used with a soft rag, using just enough to remove the matter. By following the above treatment all flesh wounds will readily heal unless they have been mangled and there is a condition present which will require the services of a competent veterinary surgeon.

UNDER OATH KOOTENAY

PARALYSIS CURED—SWORN STATEMENT.

Mrs. Maggie McMartin, 27 Radenhurst St., Toronto, Ont., swears that Ryckman's "Kootenay Cure" cured her of Paralysis which rendered one side of her body entirely useless. Physicians said there was no chance of her ever recovering the use of her limbs. Hope deserted her, but to-day she is walking around telling her friends how Ryckman's "Kootenay Cure" gave her life and happiness. Sworn to, July 10, 1896, before J. W. Seymour Corley, Notary Public.

SWORN STATEMENT OF A GRATEFUL MOTHER.

Louisa White, nine years old, who suffered with Eczema since her birth, has been entirely cured and her general system built up by Ryckman's "Kootenay Cure." The above facts are given in a sworn statement made by her mother, Mrs. George White, 139 Stinson St., Hamilton, Ont., dated July 3, 1896, before J. F. Monck, Notary Public.

A COMBINATION DISTURBED — SWORN STATEMENT MADE.

Charles E. Newman, 13 Marlborough St., Toronto Ont., had a complication of blood troubles, Rheumatism, severe Kidney trouble and constipation. Was frequently disturbed at night, lost his appetite and was a very sick man. His Kidneys are now in a healthy condition, his appetite good, sleep undisturbed and constipation cured; all this was done by Ryckman's "Kootenay Cure." He makes sworn statement to the above facts before J. W. Seymour Corley, July 10, 1890.

GREEN RIVER.

W. R. Barton moved into his new house last week.

Miss Maria Hopkins was visiting at Mr. and Mrs. Ferrier's Sunday last.

Since I sent you my last lines we have had neither death, birth or marriage in our town.

Willie Farmery took a run out from Toronto on his bike to have a look at his best girl.

Mrs. P. R. Hoover, who was taken very ill Friday last, is said to be out of danger at this writing.

A lady and gentleman friend wheeled out from Toronto on Sunday last on a visit to O. P. Ferrier's.

Mr. and Mrs. Wm. Lott, Locust Hill, visited Mr. and Mrs. McNealy Sunday afternoon last,

James McNealy, Mrs. McNealy and Mrs. Ellis visited at Wm. G. and Miss Annie Barnes' one day last week.

Miss Cyntha Ferrier, who is home on a visit from Cleveland, accompanied by Mrs. Miller, is at presnt visiting friends in Uxbridge.

It is reported reported from Wm. H. Burke, a little to the north of here, that about a week ago he had over twenty sheep killed by dogs.

Hy. Popkins, V. S., is improving fairly well, although he is obliged to carry his arm in a sling yet as it seems to be considerably paralyzed. His general health is good.

Our band furnished the music for Scarboro fair and Wm. J. Turner gave them a hurl doon we his Scoty team "Birrnie and Bonnie" and reports a splendid time. The exhibit was excellent for a local fair and a good turnout, everything came off satisfactory. They have moved a little ayont Doonybrook. —News.

Hay Fever and Catarrh Relieved in 10 to 60 Minutes.—One short puff of the breath through the Blower, supplied with each bottle of Dr. Agnew's Catarrhal Powder, diffuses this Powder over the surface of the nasal passages. Painless and delightful to use. It relieves instantly, and permanently cures Catarrh, Hay Fever, Colds, Headache, Sore Throat, Tonsilitis and Deafness.

Sold by J. E. Willis.

Seven men were lost from the British cruiser Satellite in Dutch harbor during a severe storm.

There can be a difference of opinion on most subjects, but there is only one opinion as to the reliability of Mother Graves' Worm Exterminator. It is safe, sure and effectual.

OLD GOLD CIGARETTES

W. S. Kimball & Co.,

ROCHESTER, N. Y.

Retail Everywhere

5c. Per Package.

17 First Prize Medals.

THE SLATER SHOE

Fire Proof

Saturate the average shoe in snow water, throw it beside a stove or heater to dry, and you've got a burnt up parody,—comfortable as a metal shoe. Ill treat thus a chrome tanned Slater Shoe, and it comes out smiling, pliant, tough and smooth as before.

Can be boiled half an hour without injury. Is sweatproof and waterproof. Goodyear Welt. $3, $4, $5. Stamped on soles.

CATALOGUE FREE

"The Slater Shoe"

MAKERS — MONTREAL

Sole Agent at Whitby, M. W. Collins.

You won't feel the Wind

even tho' you're out all day, when you have your clothing interlined with **Fibre Chamois.** Because it is a complete non-conductor of heat and cold, and preserves the natural warmth of the body, keeping out every breath of raw air and frosty wind. What's more, the waterproof Rigby process makes it impenetrable to the driving sleet or an all day's rain.

Prepare to enjoy thorough comfort outdoors in all weather by seeing that this popular interlining is put in all your ordered clothing, and only buy the ready-made garments which have the **Fibre Chamois Label. It only costs 25 cents a yard,** and will provide a healthful warmth of which nothing can rob you.

Granby Rubbers

It is no wonder that rubbers, which are not the same shape as the boot, should be uncomfortable. It costs money to employ skilled pattern makers but the result is a satisfactory fit. Each year new patterns are added, to fit all the latest shoe-shapes, and **Granby Rubbers** are always "up-to-date." They are honestly-made of pure rubber, thin, light, elastic, durable, extra thick at ball and heel.

Don't Draw the Feet They Fit the Boot

BLACKSTOCK.

The re-opening of Cadmus Presbyterian church on Oct. 4th and 5th was a decided success. Rev. J M Cameron, Wick, preached to a crowded audience Sunday. Monday evening the ladies served a chicken pie supper, after which a splendid musical and literary programme was rendered. A liberal collection Sunday and proceeds of the supper made nearly $70, almost enough to pay for the work done.

Mr. Geo. Bartley and family haved to Peterboro.

Messrs David Milne and Thos Swain have returned from the old country.

Mr. Elliott, our cheese maker, is leaving for Norwood. Mr and Mrs Elliott will be missed very much as they are good neighbors.

Our farmers made a great mistake in closing the cheese factory last month, what with the excellent after grass, and cheese at 10 and 10½c. per lb there ought to be money and lots of it in a properly conducted factory.

Miss Lottie Ferguson, who was an invalid for some years, passed away on Oct 4th, and on the 7th a large funeral cortege followed her to the cemetery. Last Sunday Rev. R M Phalen preached her funeral sermon to a large congregation.

Mr Kerrigan bagged a few partridge last week.

J.S., says: "I was in a dreadfully weak and nervous condition, unable to rest and utterly unfit for work, and Miller's Compound Iron Pills cured me." Sold by A. H. Allin, druggist.

Minard's Liniment cures distemper

Another hurricane visited the British coast on Friday night.

We know whereof we affirm when we state that Ayer's Pills, taken promptly, at the first symptoms of colds and fevers, arrest further progress of these disorders, and speedily restore the stomach, liver, and bowels, to their normal and regular action.

Mr. Duncan Kippen has been appointed postmaster in the town of Perth in place of the late Mr. Thomas Cairns.

Heart Disease Relieved in 30 Minutes.—Dr. Agnew's Cure for the Heart gives perfect relief in all cases of Organic or Sympathetic Heart Disease in 30 minutes, and speedily effects a cure. It is a peerless remedy for Palpitation, Shortness of Breath, Smothering Spells, Pain in Left Side and all symptoms of a Diseased Heart. One dose convinces.

Sold by J. E. Willis.

The statement presented at the meeting of the creditors of J. McPherson & Co., Hamilton, shows a deficit of $64,000.

'How to Cure All Skin Disease.

Simply apply "SWAYNE'S OINTMENT." No internal medicine required. Cures tetter, eczema, itch, all eruptions on the face, hands, nose, &c., leaving the skin clear, white and healthy. Its great healing and curative powers are possessed by no other remedy. Ask your druggist for SWAYNE'S OINTMENT. Lyman, Sons & Co., Montreal wholesale agents.

Wall Paper! Wall Paper!

We have the Finest Selection in town of those

BEAUTIFUL AMERICAN

WALL PAPERS,

—WITH—

Borders to Match

AT

LOWEST :-: PRICES.

Come early and get first choice.

P. B. WARAM,

Bryan's old Stand, Brock St., Whitby

DOMINION BANK.

Capital Paid up, -	$1,500,000
Surplus, - -	$1,500 000

Whitby Agency.

General Banking Business Transacted.

SAVINGS DEPARTMENT.

Interest allowed at highest current rates. No notice of withdrawal required

E. J. THORNTON, Manager

INDAPO THE GREAT HINDOO REMEDY PRODUCES THE ABOVE RESULTS in 30 DAYS. Cures all Nervous Diseases. Failing Memory, Paresis, Sleeplessness, Nightly Emissions, etc., caused by past abuses, gives vigor and size to shrunken organs, and quickly but surely restores Lost Manhood in old or young. Easily carried in vest pocket. Price $1.00 a package. Six for $5.00 with a written guarantee to cure or money refunded. Don't buy an *imitation*, but insist on having INDAPO, IT your druggist has not got it, we will send it prepaid. Oriental Medical Co., Props., Chicago, Ill., or our agents. SOLD at the Corner Drug Store, WHITBY, ONT., and leading druggists elsewhere.

STAR LIFE ASSURANCE CO.,

OF LONDON, ENGLAND.

Established 1843.

Total funds in hand	$ 18,501,777.96
Bonuses added	9,635,706.40
Total claims paid	22,132,956.39
Total amount Assurance in force Dec '95	70,967,261.40
685 claims paid '95 amounting to	1,380,656.83

Grants a world wide and indisputable policy.

No restrictions as to residence.

Profits increasing with age of policy.

Immediate payment of death claims.

Interim and compound bonuses added.

Every description of Life Assurance policy granted.

Local agents wanted. Most liberal terms.

Apply T H Carter, General Agent, Toronto Junction, Ontario.

Head Office for Canada, No. 1 Adelaide St. East Toronto, Ont.

Gen. Manager, A W BRIGGS, Esq.,

June 23, 1896—3mos. Toronto, Ont.

W. ADAMS,

DENTIST.

Rooms over John Ferguson's clothing store. Residence—No. 1, The Terrace, Byron St. Whitby, Jan. 29th, 1896.

Houses for Sale.

House and ½ acre of land. Corner of Dundas and Garden streets. Also House and lot, in Centre ward, both in good repair and cheap. L. FAIRBANKS, Agent,

Whitby, Sept. 17th, 1896.

WOOD'S PHOSPHODINE.

The Great English Remedy.

BEFORE AND AFTER.

Six Packages Guaranteed to promptly and permanently cure all forms of *Nervous Weakness, Emissions, Spermatorrhœa, Impotency and all effects of Abuse or excesses, Mental Worry, excessive use of Tobacco, Opium or Stimulants, which soon lead to Infirmity, Insanity, Consumption and an early grave.* Has been prescribed over 35 years in thousands of cases; is the *only reliable and Honest Medicine known.* Ask druggist for **Wood's Phosphodine**; if he offers some worthless medicine in place of this, inclose price in letter, and we will send by return mail. Price, one package, $1; six, $5. *One will please, six will cure.* Pamphlets free to any address.

The Wood Company, Windsor, Ont.

Sold by W. R. Howse, druggist, Wh

DON'T DESPAIR

DODD'S KIDNEY PILLS

WILL CURE YOU

We guarantee Dodd's Kidney Pills to cure any case of Bright's Disease, Diabetes, Lumbago, Dropsy, Rheumatism, Heart Disease, Female Troubles, Impure Blood—or money refunded. Sold by all dealers in medicine, or by mail on receipt of price, 50c. per box, or five boxes for $2. DR. L. A. SMITH & CO., Toronto.