

as Ever  
Sarsaparilla  
Disease.  
is known as  
days at a  
straighten myself  
weeks; during that  
and derived no bene-  
advertising in a  
bottle. I found

REMEDY  
AST.  
ver bilious.

AMERICAN  
ITS

Years  
'S  
NGER  
RIEND  
NADA.

'S  
PUMPS.  
PRICE.  
10 years

Whitby

ing to  
Whitby,  
and Loan

**Teachers' Institute.**

The Ontario County Teachers' Institute met in the high school, Port Perry, on Thursday and Friday, the 8th and 9th inst. The attendance was large and a deep interest in the work of the convention manifested itself throughout the sessions.

**THURSDAY'S SESSION.**

Precisely at 1:30 p.m., President Tamblin took the chair and opened the proceedings by calling upon the secretary to read the minutes of the last annual meeting. After the reading and the confirming of the minutes the president delivered his inaugural address which partook somewhat of the nature of a valedictory as well.

**MR. TAMBLIN'S ADDRESS.**

Mr. Tamblin said that as this was possibly the last time he would address the teachers of this county he would crave the privilege of uttering some things of a personal nature. He had taught thirty years, during twenty of which he had had charge of high and public schools. His connection with the working of both has been most intimate. Regards the public school as by far the more important because the great majority receive no more advanced education. Believes, however, that the old cry for reading and arithmetic should be no longer heard, there being now far more important subjects. Some say there is no time for other things, but there is always time for the most important things. There is a great amount of time unproductively devoted to parsing, arithmetic, geography, etc. Our schools are very far from being perfect in presentation, music, physical exercise, etc. Believes young public school children should not be pressed to do home work. All students should have recess forenoon and afternoon, and it is cruel to deny them. In former days has noticed that a great part of the time of teachers' conventions was taken up trying to find out how to maintain discipline in school. We have discovered that it may be secured by creating love and respect between teacher and pupil, and by having the pupil in sympathy with his environment. Great attention is now being paid to psychology, hence the development of skill in teaching. Physical culture in public schools should be considered of paramount importance. "The first requisite of life," says Emerson, "is to be a good animal." Cicero says: "It is exercise alone that supports the spirits and keeps the mind vigorous." Teachers should impress upon trustees the importance of sanitary measures, music, and in short should be educational missionaries. Mr. Tamblin wound up by a number of apt quotations from authors emphasizing the views he had expressed.

The address called forth lively discussion which was participated in by Inspector McBrien, Messrs. McBride, Eddy, and others. Inspector McBrien agreed with Napoleon who declared that "Music is the real test of a people's civilization." He considered it a most effective instrument of discipline. Agreed with the president's remarks regarding the necessity of having recess. He considered it one of the grand essentials of health. He also agreed in the main with the remarks on home lessons. The great weakness of our system to-day is, we are attempting too much. Nature will not be forced. It will rebel. He recommended very little home work. Mr. McBride agreed with the propositions advanced but always found them impracticable. Standard was being raised from year to year and we had to consult the requirements of the community. Best teachers may use text books as no doubt they would use them wisely. He did not think we were far enough advanced yet to dispense with home work and text books. Inspector McBrien—The text book should be only the skeleton to be clothed by the teacher. Mr. McBride—How can you expect to procure such teachers at \$250 or \$300 a year. The president replied to the criticisms offered.

**GEOGRAPHY.**

Mr. Kelly, of Manilla, was next introduced on the subject of Entrance and Public School Leaving Geography. He would advise that, in geography as in any other subjects, the teacher examine carefully the psychological principles which underlie the teaching of that subject. He would carefully examine the curriculum and then divide the prescribed course into lessons logically and naturally connected. Taking it for granted that the pupil has followed the course prescribed for the lower forms and has a general idea of the world and its divisions, he would now select one of the continents and teach its shape, size, physical features, climate, productions, commercial relations, etc., by means of progressive map drawing. Mr. Kelly dealt fully and exhaustively with the various lessons he would take up, in covering the curriculum in geography, and convinced his hearers that the phenomenal success of the pupils from Manilla in the late departmental examination was the result of systematic and logical training, aiding and directing natural ability.

**EVENING SESSION.**

A large and appreciative audience assembled in the town hall in the evening to greet Professor Clark, of Trinity University, who was announced to lecture on

**"THE WATER BABIES."**

The chair was occupied by the president, and Inspector McBrien occupied a seat on the platform. Professor Clark had not spoken five minutes before every person in the large audience felt that a rare treat was in store for him. Canon Kingsley's "Water Babies" may not be found in every household, but we venture to say, that at least every teacher who listened to

the professor's masterly exposition of the contents of that little volume will soon be, if he be not already the happy possessor of a copy. Professor Clark has the authority of Canon Kingsley to say that his interpretation of "The Water Babies" leaves nothing for the author to desire. The lecturer divided the Allegory into two divisions and the second division into three sub-divisions. The first division was interpreted as representing sinful man converted from wicked ways. The second division represents him as giving away to worldliness; the third full and complete conversion and regeneration and the fourth represents the fruits of conversion as seen in good works. The applause that often greeted the finer passages in the address marked the high appreciation of the audience.

**FRIDAY MORNING.**

Professor Clark appeared before the association at 9 a.m., and for an hour and a half delighted the teachers and their friends with his masterly address on "Formation of Opinion." He declared opinion to be the "Queen of the World." He fully exemplified its power, worth and influence and established the fact that our own personal opinion is worth just what it costs us. The influence of such addresses, as those delivered by Prof. Clark, on a body of intelligent teachers it is difficult to estimate, and we have no doubt the Ontario teachers would travel to the remotest parts of the county to attend the convention were they assured of such literary treats.

**COMPOSITION.**

Miss Hughes, of Uxbridge, was next introduced on the subject of Composition in junior classes. The teaching of composition should have for its object the training of the child to think, to observe and to imagine. Select something pleasing—a picture—examine picture—write results of observation. Let the teacher describe picture or tell a story and have pupils rewrite or repeat the description or story. Another method proposed was to give points or prominent features and have child fill in details. Biographical sketches of notable personage are interesting to children and awaken a lively interest, and furnish excellent material for memory compositions. Another subject for composition referred to by Miss Hughes was styled character building and consisted in the teacher telling the class a story of a little boy; his trials and difficulties; his victories, defeats, and ultimate success, thus awakening the sympathies and appealing to the moral instincts of each individual child. Miss Hughes' paper was most heartily appreciated. A lively discussion followed on the "Correcting of Composition" which elicited a diversity of opinion and much useful information.

**ELECTION OF OFFICERS.**

The election of officers resulted as follows:—Pres.—Mr. Nutting, Uxbridge; vice pres.—Mr. Underhill, Port Perry; sec.—treas.—Mr. A. G. Henderson, Whitby; managing committee—Messrs. Givens, Parks, Eddy, Kelly, and Webster; auditor—Mr. Gale. Next place of meeting, Uxbridge. On motion it was decided to write Professor Newland, of Kingston, to address the teachers, on a Saturday, at an early date, on the subject of Vertical Writing.

**PROPOSED REGULATIONS.**

Mr. Eddy, to whom had been assigned by the committee, the work of submitting to the convention the regulations, proposed or confirmed since last meeting, gave an exhaustive review of the whole field covered or proposed to be covered by the department. Some of the proposed changes met with the approval of the speaker and the convention. Others were denounced by both. By resolution of the convention the minimum school age was changed from 5 to 6 years and the time of admission fixed to correspond with the beginning of each term. Objection was taken to the holding of conventions during the summer vacation and a resolution was carried embodying the objections. Mr. Eddy was highly complimented on the study and research he appeared to have given to the work assigned him.

**UNITY IN METHOD.**

Mr. Jas. Brown, principal of the Whitby model school, was next called upon to address the convention on the above subject. By copious examples drawn from the subjects of arithmetic and grammar, Mr. Brown clearly illustrated what is meant by unity in method. All teachers present, both young and old, fully realized the importance of such unity, and the discussion that followed showed that the speaker had struck a sympathetic chord.

A hearty vote of thanks was tendered the town council and the school board for use of the hall and high school during the meetings of the convention.

A vote of thanks was tendered Mr. Tamblin, and many expressions of regret at his retiring from the profession were freely offered.

The association closed in due and ancient form.

**Rheumatism Cured in a Day.**—South American Rheumatic Cure, for Rheumatism and Neuralgia, radically cures in 1 to 3 days. Its action upon the system is remarkable and mysterious. It removes at once the cause and the disease immediately disappears. The first dose greatly benefits. 75 cents.

Sold by J. E. Willis.

Ms. LEONARD, Traveller for McCormack & Co., London, says: "Miller's Compound Iron Pills restored me to health after a month of prostration from nervous shock and loss of blood." He says, "Their effect on me was simply marvellous; people say they never saw one looking so well." Sold by A. H. Allen, drugist.

**MURRAY & LANMAN'S FLORIDA WATER**



**ALL DRUGGISTS, PERFUMERS AND GENERAL DEALERS.**

**ORILLIA.**

**Wants to exhibit Jake.**

Champion Jake Gaudaur is in Toronto this week on business. He had an offer from Mr. Robinson, proprietor of the music theatre, for a 12 weeks engagement at \$100 per week. Mr. Robinson wishes to travel Jacob through the American cities and give the Yank-ees a chance to view his manly beauty. Jacob may be a beauty, but he has no wish to pose as a curiosity even at a century's work.

**Cut a finger off.**

An unfortunate occurrence took place in J. P. Jackson's yard on Tuesday afternoon. His two little boys, Gordon aged 5, and Ernest, about 3 years old, were industriously gathering chips when the supply ran short. They secured an old cedar block, that had seen much service in a pavement. Gordon took an axe, got his smaller brother to hold the block, who unfortunately had his hand on the top when the axe came down. The result was that the second finger on his right hand was cut off between his first and second knuckles. The children then ran for help leaving the severed digit on the block.

**Against the army worm.**

To protect against the army worm next year, it is advisable to clear off, and where possible, burn over land that was infested this season. If this is done wherever the worms appeared, their ravages will be largely prevented next year. The chrysalides should be looked for under stones, bunches of field grass, bits of board, or any rubbish which may be found in the fields or along the fences. Experience in various parts of the country the past year shows that the advance of the pest may be checked by plowing furrows, rolling, or by poisoning a portion of the crop attacked, but prompt action is always necessary to secure the best results.

**A Saw Works coming.**

Mr. George F. Rich, of Fenelon Falls, will doubtless establish a saw works here shortly, when he will manufacture band saws, and handle manufacturers' supplies for mill furnishing. He wrote to the council asking if it had any inducements to offer and Mr. Grant was authorized to reply that as soon as Mr. Rich had ten men employed, his industry would be granted exemption for five years. Mayor Jupp stated that Mr. Rich was greatly pleased with Orillia, and that he considered it the best location in Canada for the business he sought to build up. His Workshop had little doubt but that Mr. Rich and his partner would be found at work in town before long.

Mr. Wm. Leadley, of Toronto, who was the guest of Mr. Alex. Miller, for a few days last week and this, had an unpleasant experience on Wednesday morning of last week at Cache Bay. He was up there on his annual outing, and his party was joined at Cache Bay by a man named F. W. Parker. Early Wednesday morning the men in the tent were awakened by an explosion. Mr. Leadley hastily lighted a lamp, when it was seen that in Parker's right hand was a revolver. A glance was sufficient to show that the man had shot himself, dying instantly. This broke up the camp. Parker's brother, who lives in Toronto, was telegraphed for and the body was taken to the city and buried there on Saturday. The dead man was about 40 years of age, and it is stated, became despondent because of business troubles, and an affair of the heart in which he was unsuccessful.—News-Letter.

**A MESSAGE TO MEN.**

Proving that true honesty and true philanthropy still exist.

If any man, who is weak, nervous and debilitated, or who is suffering from any of the various troubles resulting from youthful folly, excesses or overwork, will take heart and write to me, I will send him confidentially and free of charge the plan pursued by which I was completely restored to perfect health and manhood, after years of suffering from Nervous Debility, Loss of Vigor and Organic Weakness. I have nothing to sell and therefore want no money, but as I know through my own experience how to sympathize with such sufferers, I am glad to be able to assist any fellow-being to a cure. I am well aware of the prevalence of quackery, for I myself was deceived and imposed upon until I nearly lost faith in mankind, but I rejoice to say that I am now perfectly well and happy once more and am desirous therefore to make this certain means of cure known to all. If you will write to me you can rely upon being cured and the proud satisfaction of having been of great service to one in need will be sufficient reward for my trouble. Absolute secrecy assured. Send \$5.00 silver to cover postage and address, Mr. Geo. G. Strong, North Rockwood, Mich.

**Children Cry for Pitcher's Castoria.**

**CLAREMONT.**

Mrs. Fred Farmer visited her parents at Stouffville last week.

John Neil, of Bradford, was here over Sunday with his numerous friends.

Graham Bros. were of course successful at prize-giving in Ottawa as well as Toronto, on their horses.

Frank Cooper has decided to learn the blacksmithing business and has engaged with Alex. Smith, of Ashburn. He will commence within a few days.

The early closing movement seems to meet with the general approval of the public; however, to meet the wishes of a certain class, it has been deemed advisable to omit Saturday as one of the early closing evenings.

Some of our mechanics complain that their shops have been entered at nights of late and some tools taken away. If a neighbor has borrowed them, it would be just as well to have them returned, for if the nuisance continues an investigation will follow.

Rev. White and sister received the sad news Monday that their father had died on Sept. 23rd, at his home in Ireland. Deceased was in very good health until within a few hours of his death. No doubt heart disease was the immediate cause of death. Rev. and Miss White have much sympathy in their sad and sudden bereavement.

Constables Calverley and Gibson were dodging around the village on Tuesday hunting for the furniture that her husband had given Mrs. John Hood by the recent settlement. It will be remembered that Hood had his wife arrested for stealing this furniture and the goods seized. They were taken charge of by Constable Gibson and then handed over to Hood upon an order from Squire Holden. Now the parties have come to a settlement and the goods have been released.

Many of our sports visited Stouffville Monday to see the Georgetown-Stouffville lacrosse match. It was a lively scene and considerable roughness was indulged in, the services of a constable being required on more than one occasion. But judges tell us that it was a grand exhibition of lacrosse, and of course we must admit as such. It reminded us of the scenes described by those who have attended bull fights in South America. The home team won by six goals to four. But as Georgetown beat the home team a few days ago 9 to 0, the visitors are accorded the victory.

**Relief for Lung Troubles**

**The Kelsey Emulsion**

**IN CONSUMPTION and all LUNG DISEASES, SPITTING OF BLOOD, COUGH, LOSS OF APPETITE, DEBILITY, the benefits of this article are most manifest.**

By the aid of the "D. & L. Emulsion," I have got rid of a hacking cough, which had troubled me for over a year, and have gained considerably in weight. I liked this Emulsion so well I was glad when the time came around to take it.

T. E. WINGHAM, C.R., Montreal

50c. and \$1 per Bottle

**DAVIS & LAWRENCE CO., LTD., MONTREAL**

**How to Cure Headache.**—Some people suffer untold misery day after day with Headache. There is rest neither day or night until the nerves are all unstrung. The cause is generally a disordered stomach, and a cure can be effected by using Parmelee's Vegetable Pills, containing Mandrake and Dandelion. Mr. Finlay Wark, Lyssander, P.Q. writes: "I find Parmelee's Pills a first-class article for Bilious Headache."

Albert Bonker, a prisoner in jail, made his escape at Cornwall.

**The Genuine Merit**

Of Hood's Sarsaparilla wins friends wherever it is fairly and honestly tried. To have perfect health, you must have pure blood, and the best way to have pure blood is to take Hood's Sarsaparilla, the best blood purifier and strength builder. It expels all taint of scrofula, salt rheum and all other humors, and at the same time builds up the whole system.

Hood's Pills are prompt and efficient. 25c.

Mr. A. J. McCall, Q.C., of New Westminster, has been appointed Judge of the Supreme Court of British Columbia.

**I WAS CURED of terrible lumbago by MIN-ARD'S LINIMENT.**

REV. WM. BROWN.

**I WAS CURED of a bad case earache by MIN-ARD'S LINIMENT.**

MRS. S. KAULBACK.

**I WAS CURED of sensitive lungs by MIN-ARD'S LINIMENT.**

MRS. S. MISTRELS.

Fire did \$7,000 damage in the Harvey box factory Sunday morning.

When Baby was sick, we gave her Castoria.

When she was a Child, she cried for Castoria.

When she became Miss, she clung to Castoria.

When she had Children, she gave them Castoria.

The high and public school building at Newcastle was destroyed by fire.

Minard's Liniment cures gargol in cows

Mr. Lewis Cartwright, son of Sir Richard Cartwright, died at Lindsay.

**They do not Despair**

An utter loss of hope is not characteristic of Consumptives, though no other form of disease is so fatal, unless its progress is arrested by use of Scott's Emulsion, which is Cod Liver Oil made as palatable as cream.

**What is CASTORIA**

**Castoria is Dr. Samuel Pitcher's prescription for Infants and Children. It contains neither Opium, Morphine nor other Narcotic substance. It is a harmless substitute for Paregoric, Drops, Soothing Syrups, and Castor Oil. It is Pleasant. Its guarantee is thirty years' use by Millions of Mothers. Castoria destroys Worms and allays feverishness. Castoria prevents vomiting Sour Curd, cures Diarrhoea and Wind Colic. Castoria relieves teething troubles, cures constipation and flatulency. Castoria assimilates the food, regulates the stomach and bowels, giving healthy and natural sleep. Castoria is the Children's Panacea—the Mother's Friend.**

**Castoria**

"Castoria is an excellent medicine for children which I am acquainted. I hope the day is not far distant when mothers will consider the real interest of their children, and use Castoria instead of the various quack nostrums which are destroying their loved ones, by forcing opium, morphine, soothing syrup and other hurtful agents down their throats, thereby sending them to premature graves."

DR. G. C. OSOON, Lowell, Mass.

"Castoria is the best remedy for children of which I am acquainted. I hope the day is not far distant when mothers will consider the real interest of their children, and use Castoria instead of the various quack nostrums which are destroying their loved ones, by forcing opium, morphine, soothing syrup and other hurtful agents down their throats, thereby sending them to premature graves."

DR. J. F. KINCHLOE, Conway, Ark.

ALLEN C. SMITH, Pres., UNITED HOSPITAL AND DISPENSARY, BOSTON, MASS.

**The Centaur Company, 77 Murray Street, New York City.**

**WHEN RUN GET DOWN**

**BUILT UP.**

That's our advice to every weakly, sickly, ailing woman and girl, and there's nothing equal to **INDIAN WOMAN'S BALM** for purifying the blood, toning up the nerves and building up the health.

For Sale by J. E. WILLIS, WHITBY.

**PROVINCE OF ONTARIO.**

**SUMMONS TO WITNESS:**

COUNTY OF ONTARIO }  
TOWN OF WHITBY: }

I, LOU BANDEL, Barber, two doors north of the four corners, do hereby summon you to appear before me in my barber shop on or before the last day of every week, or oftener, in this year, and then and there to get your face cleanly shaven, and your hair elegantly cut and dressed, (for which we have Her Majesty's permission to demand a fee), and furthermore shall do all matters and things to your hair as shall be then and there declared. Herein fail not at the peril of a bald head. All parties not attending to the above will be liable to lose their hair and be charged in a sum not exceeding \$20 for a new wig. Given under my hand and seal this 17th day of Sept., 1896.

(SIGNED),  
**LOU BANDEL,**  
2 doors north of the 4 corners.

**Executor's Notice.**

Pursuant to the R. S. O. 1887, Chapter 110, Notice is hereby given that all creditors having claims against the estate of John Wass, late of the town of Whitby, gentleman deceased, who died on or about the 12th day of August, A. D., 1896, are required to send to the undersigned, Whitby, on or before the 15th day of November, 1896, the full particulars of their claims and the securities they hold, if any, with their names and addresses. And take notice that after the above mentioned date the executors of the said estate will proceed to distribute the assets of the estate among the persons entitled thereto having regard only for the claims of which they shall then have due notice.

Dated at Whitby the 6th Oct., 1896.  
D. ORMISTON,  
Solicitor for Executors.

**Notice to Creditors.**

In the matter of the estate of James Blight, late of the Township of Whitby, in the County of Ontario, yeoman, deceased, Notice is hereby given pursuant to the provisions of the Revised Statutes of Ontario, 1887, chapter 110, that all persons having claims or demands against the estate of the said late James Blight, who died on or about the thirteenth day of June, A. D. 1896, are required on or before the thirty-first day of October, A. D. 1896, to send by post prepaid or deliver to John Medding, Brocklin, E. O. Ont., one of the executors who have proved the last will and testament of the said late James Blight deceased, their names, addresses, and occupations, with full particulars of their claims, and statements of their accounts, and the nature of the securities if any held by them, respectively. And notice is hereby further given that after such last mentioned date the executors will proceed to distribute the assets of the estate of the said deceased amongst the parties entitled thereto, having regard only to the claims of which notice shall have been given as aforesaid, and the said executors will not be liable for the said assets or any part thereof, to any person or persons of whose claims they shall not have received notice at the date of distribution. Dated at Whitby, Sept. 26th, 1896.

JAMES RUTLEDGE,  
Solicitor for Executor.

**The Most Economical House Warmer**

**The "Kelsey" Corrugated Warm Air Generator.**

Any ordinary Hot Air Furnace will produce heat if you will only supply enough fuel. The "Kelsey" has several special and valuable features but most important is that it will give more heat with less fuel and is the most durable heater made.

The "Kelsey" fire pot being constructed of several upright, tubular, corrugated, cast iron sections (see cut) around which the fire passes and up through which the cold air passes while being heated, and this entire section being wrapped with a heavy steel casing which becomes heated by the fire striking it when passing down outside of upright sections towards smoke pipe, it in turn warms the air that passes up through this steel casing and the galvanized iron casing, this explains why the "Kelsey" has three times more radiating surface and warm air capacity than an ordinary Furnace. The "Kelsey" heats every room evenly, wherever located, with a nice, mild, healthful warm air that will not injure your furniture.

The "Kelsey" will heat rooms 60 feet distant.

The "Kelsey" does not heat your cellar.

The "Kelsey" is absolutely gas and dust proof.

Send for descriptive catalogue.

**THE JAMES SMART MFG. CO., BROCKVILLE, Ont.**

Exclusive Makers for Canada.

**FOR SALE BY WM. BRYAN & SON, DUNDAS ST., WHITBY.**

**WESTERN BANK OF CANADA.**

Capital Authorized \$1,000,000  
Surplus 100,000

BOARD OF DIRECTORS.

JOHN COWAN, Esq., President.  
REUBEN S. HAMLIN, Esq., Vice-Pres.  
T. H. McMILLAN, Cashier.

General Banking Business Transacted. Drafts issued, payable in all parts of Canada, United States, and on London, England, payable in all parts of Europe. 3 1/2 per cent. allowed on Savings Bank Deposits and credited half yearly.

Special attention to collection of Farmers' sale notes.

E. D. WARREN,  
Manager of Branch.

**AGENTS CAN EARN LARGE SALARIES**

weekly canvassing for Pelham Nursery Co., who possess newest and improved methods for propagating hardy stock for all sections of Canada; also new and tested varieties of seed potatoes; write us for terms and exclusive territory.

**PELHAM NURSERY CO., Toronto.**

**NEW BUS LINE**

MEETS ALL TRAINS.

First class accommodations. Orders promptly attended to. Calls at home, or presented left at Newport's livery or arranged for opposite post office, Wm. NEWPORT, agent, Whitby.