

## Addiction Research Foundation Statistics

continued from page 7  
these source books are set to become annual publications and are used primarily by libraries, government agencies, and professionals and policy planners in the addictions field.

Statistical Information Services also draws on these publications to answer questions from the general public and to produce brief summary sheets for callers who "may not want to be buried in a 400-page

book of numbers."

The ARF's Information Centre is probably the most visible part of the Foundation's information resources. The centre's staff run the drug and alcohol information line, INFO-ARF, which offers access to over 35 taped messages in French and English and can be reached by calling 595-6111 in Metro Toronto, and the toll-free number, 1-800-INFO-ARF, in the rest of Ontario.

As Bill Gilliland, supervisor of the Information Centre, points out, the popularity of the line is due, in large part, to the fact that it's an automated service.

"That means it's anonymous and confidential," says Gilliland. "And that's important because there is still a stigma around drug use. It's also easy to hang up on a machine if someone walks into the room while you're calling.

## Phil's Basement



Timing, they say, is everything. Some people know exactly what to say and when to say it. They arrive and leave at the perfect moment. And some don't. In our clan, there is one person whose sense of timing is not so great - I'm talking about Great Aunt Hilda.

Aunt Hilda calls when we're just sitting down to dinner. In September, she wants to know what to buy us for Christmas. When you're just tearing out the door to get somewhere in the nick of time, the phone will ring and it will be Aunt Hilda calling for a nice, long chat. I was reminded of her while I was at the hardware store the other day, looking at all the kinds of indoor and outdoor timers that are available. Wouldn't it be great if you could buy one that would work on relatives like Aunt Hilda?

But I had another, more practical, brainstorm while I was there. Last year, I bought a heavy-duty all season outdoor timer that I put in the block heater for the car. I had been plugging in the block heater

when I went to bed until I found out that a car only needs two to four hours on a block heater in order to start easily.

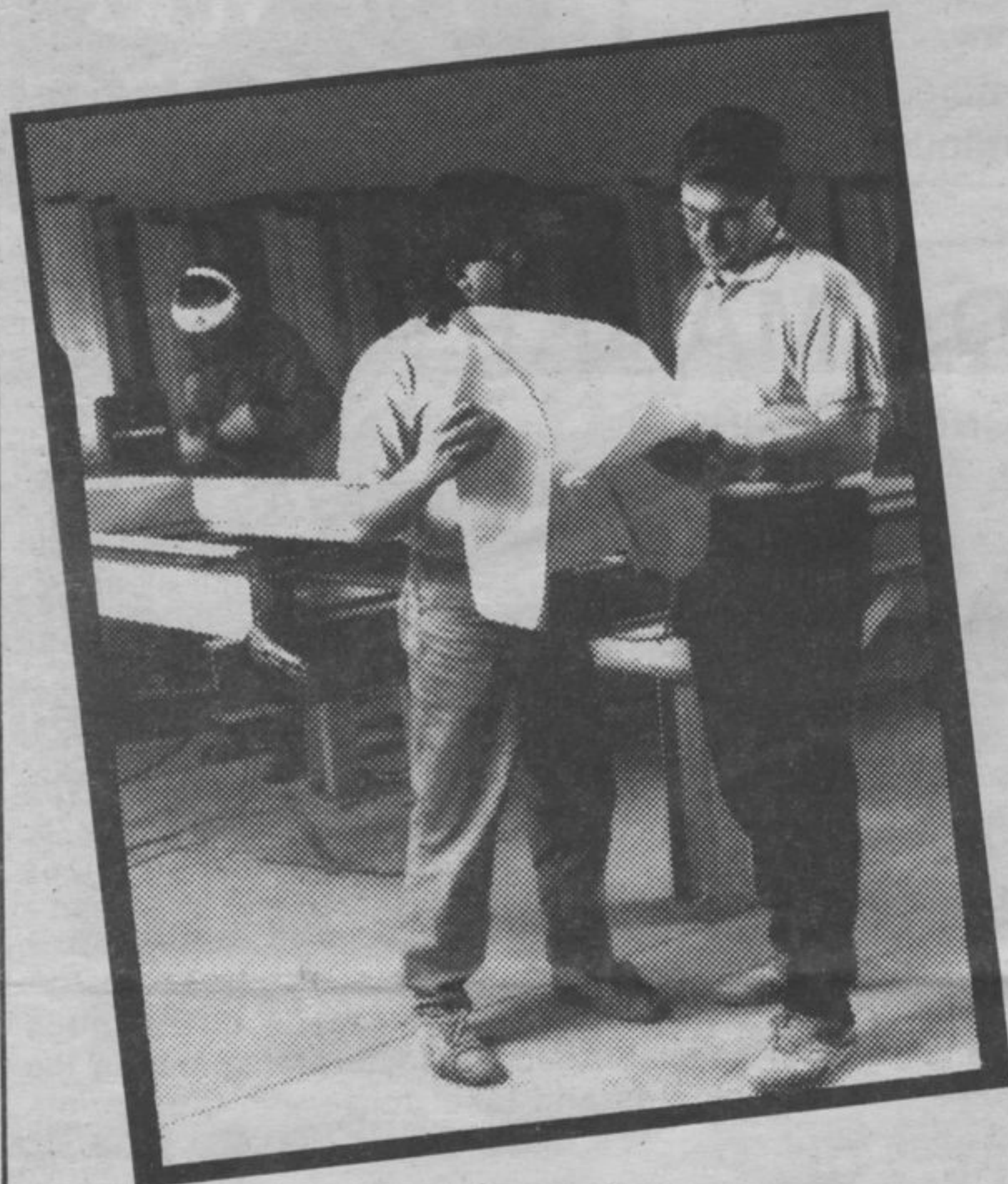
Putting a timer on it meant I saved up to 70 per cent of the energy the block heater used when I left it on all night. Even if you don't use a block heater, a timer like this can still come in really handy with outdoor lighting and Christmas lights.

There are lots of different kinds of indoor timers, too. You can buy regular dial-type, digital or even light-activated photo-electric lamp and appliance timers. There's even a digital switch timer for incandescent lighting that you can use on any standard light switch. Using timers on other indoor and outdoor lighting is a great idea for security and safety, too.

Now, if I could just get one that would tell Aunt Hilda when it was a good time to call...

*This newspaper, in conjunction with Ontario Hydro, is bringing you Phil's Basement to help "bring home" ideas on how to save energy.*

# "We are offering a level of service never before seen in this region."



Quality Door Hardware, a member of the Murrell Group of Companies Inc., in Thunder Bay, received a FedNor contribution to establish a fabricating division that produces non-standard size hollow metal doors and frames for commercial clients.

"The support we received from FedNor certainly made the decision to expand a lot easier," said James Murrell, President. "I don't think we would have pursued the project without the assistance we received from FedNor."

Since 1987, FedNor has provided guidance and financial assistance to thousands of enterprising Northern Ontarians and has helped to create or maintain more than 3000 jobs.



Suite 209, 710 Victoria Avenue East  
Thunder Bay, Ontario P7C 5P7  
1-800-465-6870 or (807) 623-4436

Canada

The Honourable Tom Hockin  
Minister of State  
Small Businesses, Tourism and FedNor

*Northern Leadership for Northern Success.*

## Self-government

continued from page 5

meaning of this abstraction called self-government. "We kind of know the relationship we want with the Ontario and Federal governments, but the relationships that we have with each other is what we're trying to figure out right now. What we're talking about is what kind of rules and regulations or laws or legislation that we may apply to all of the reserves, so

that we have some consistency. To assure the public that everywhere they go there's not going to be different laws; (that) every time they hit a reserve, there's not going to be different laws."

"We're negotiating everything with the Ontario government. We were negotiating before the Charlottetown Accord, and we're negotiating after the Charlottetown Accord. It's the provinces that, according to us, hold the power and the jurisdiction necessary for us anyways and the resources. The province has everything. The federal government, they can't even live up to their Treaty obligations. Because they've handed everything that they used to control over, to the provinces and we understand that we have to talk to the provinces now because Governments (are) broke—you know, the deficit—and when we're talking (about), and with the federal government, they're talking purchasing land. The Ontario government is saying "well, if we're going to talk about land, we're talking about returning some of that land back to you. Not purchasing it."

The bottom line for both leaders was that, in effect nothing has changed because of the no vote and that nothing needs to change. Self-government and treaty rights negotiations that were going on before the vote October 26 will continue, uninterrupted. Perhaps Ron George and Ovide Mercredi, like the other negotiators of the Charlottetown Accord, need a dose of reality therapy by being exposed to real life—at the local level. That's where self-government is being defined. Once that definition is clear, the inherent right of native people to self-government can be enshrined in the constitution.

# Important Information For Parents

**In January 1993, the new Child Tax Benefit begins.**

### What is it?

The Child Tax Benefit combines the existing Family Allowances and tax credits for children into a new tax free, monthly payment. It also includes a new supplement for low income working families.

The benefit provides more money for children - \$2.1 billion more, over five years - and targets money to those families who need it. In fact, most families will receive more money than they do now.

### What are the improvements?

The benefit is fairer and simpler. It is designed with a very important goal in mind - to ensure that the money reaches the families who need it, as quickly as possible.

- The monthly payments are tax free.
- Because benefits are delivered each month, parents no longer have to wait

until the end of the year to claim child tax credits.

- There is no need to make annual applications - benefits are automatically calculated from the tax returns you file each year.
- Benefits can be adjusted quickly when there is a change in your family, such as the birth of a child.

### What do I have to do?

Watch your mailbox.

A special information package is being sent to people who currently receive Family Allowances. Please read it carefully. It tells you how the benefit is calculated and how much you will receive if your family qualifies.

If you have not received your information package by the end of November, please

call this toll-free number: 1-800-387-1193. (For service in French, 1-800-387-1194).

In January the new monthly benefits will begin.

Please remember to file your 1992 income tax return to continue to qualify for the Child Tax Benefit.

### The Brighter Futures Initiative.

As part of the Federal Government's Brighter Futures Initiative, the new Child Tax Benefit is an important step toward providing a brighter future for our children. By working together, we ensure that every Canadian child looks forward to a brighter future.



Government of Canada

Gouvernement du Canada

Canada