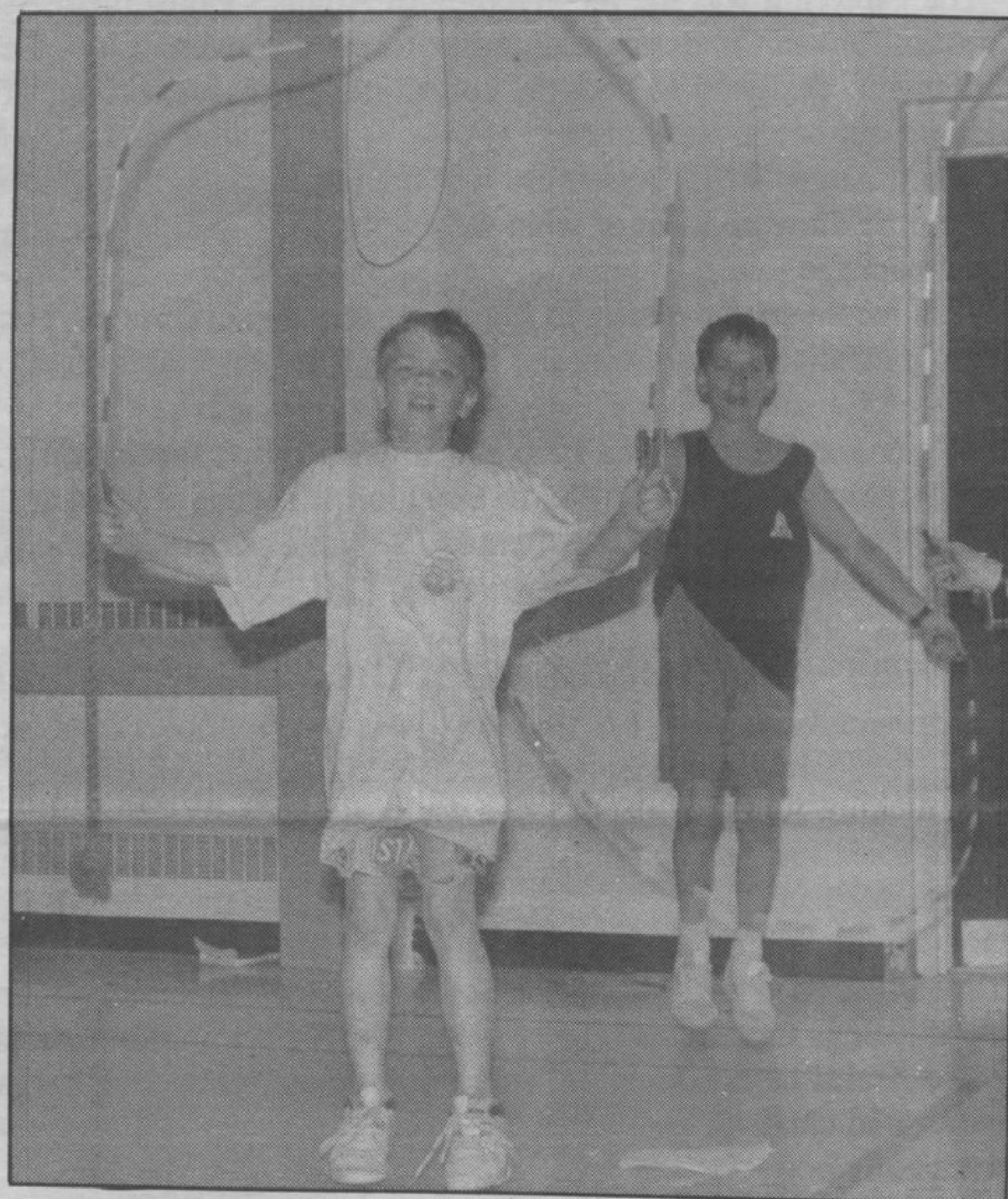


# Skipping for a good cause



Students in grades 3-8 at Terrace Bay Public School (above) take part in Jump Rope for Heart last week.

Students spent part of Wednesday and Thursday mornings participating in the fundraiser for the Heart and Stroke Foundation of Ontario. They skipped in teams of up to six for two hours, rotating between jumping duties and resting. They secured pledges based on how long their team would jump prior to the event.



## Monday night is Red Shield Appeal Night

Your generosity can shed light into someone's life. Please give generously when the Red Shield volunteer canvasser calls. Or if you'd like to give, but aren't canvassed, please send your donation along with the coupon.



### God knows you can make a difference

Enclosed please find \$ \_\_\_\_\_  
 I would like someone to call  Phone No. \_\_\_\_\_  
 If you'd like more information about us

NAME: \_\_\_\_\_  
 ADDRESS: \_\_\_\_\_  
 CITY: \_\_\_\_\_  
 PROV: \_\_\_\_\_ POSTAL CODE: \_\_\_\_\_



**THE NATIONAL RED SHIELD APPEAL**  
 Please send donation to: The Salvation Army  
 42 Caribou Dr. P.O. Box 550  
 Manitouwadge, ON P0T 2C0

**Novena to the Blessed Virgin Mary**  
 (Never known to fail) Oh most beautiful flower of Mount Carmel, fruitful vine, splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me to this my necessity. O Star of the Sea, help me and show me here you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succor me in this necessity. There are none that can withstand your power. O show me herein you are my Mother. O Mary, Conceived Without Sin, pray for us who have recourse to thee (three times). Holy Mary, I place this cause in your hands (three times). Sweet Mother, I place this cause in your hands (three times). Holy Spirit, you who solve all problems, light all roads so that I can attain my goal. You gave me the divine gift to forgive and forget all evil against me and that in all instances in my life you are with me. I want in this short prayer to thank you for all things as I confirm once again that I never want to be separated from you or your mercy towards me and mine. Amen.  
 The prayer must be said three days, even after the request is granted, and the favor must be published - D.S.

**YOU CAN LEARN A LOT from NEWSPAPERS**

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 16 WALLET SIZE (2x1\*)  
\* Approximate Measurements

## Northern Insights

continued from page 5

It's also worth noting that only 18 people chose to come out and take part in what really was a more important exercise than the original Assembly.

After all, it's the deal of the moment that's on the table, not anyone's wish list.

Angus says over 2,000 invitations were extended to participate in the Assembly, only 40 took part in the first gathering, and less than half that in the second. And that's only in the Thunder Bay end of his constituency.

There weren't enough replies from the Atikokan end

to even warrant holding a meeting. When I asked Angus about the shrivelling attendance, he said he had "expected some slippage." However, he also interpreted the declining attendance as tacit support for Beaudoin-Dobbie, and "a lessening interest in coming out and making sure your points are defended."

The deal-making, and Assemblies like this one, will continue for months. Out of the process perhaps we will end up with Quebec's signature on the constitution, a reformed Senate, a new relationship with aboriginal people, and new divisions of power between Ottawa and the provinces.

Members of Parliament like Iain Angus obviously hope to dispel some of the cynicism about politics and politicians

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