

Terrace Bay Recreation

Programs

The following programs are being offered this fall. For more info contact the Rec Office at 825-3542.

Aerobics- Fit in Time- Lynn Pearen, Taking Charge with Aerobics- Anna Fox, Men in Motion- Gay Harris, Mixed Drill Aerobics- Gay Harris, Aerobic Workout- Lorraine Bull, Weight Room Orientation- Gordie Phillips

Health Awareness- CPR Heartsaver- Cathy Withers, St. John's Emergency First Aid- Cathy Withers

Special Interest- Christmas Sewing and Crafts- Elise Kenney, Beginner Sewing- Elise Kenney, Knitting (beginner and advanced)- Bea St. Louis, The Art of Hair Braiding- Joanne Boilard

Kid's Programs- Babysitting- Debbie Corrigan, Kid's Krafts (ages 6- 8)- Jeff Mikus, Kid's Christmas Baking (9- 12 years)- Jeff Mikus

Potential Programs- If there is sufficient interest, the following programs will be offered: Child Identification Program, Fitness for Kids, Cake Decorating, Wreath Making, Jive Dancing, Photography, Needlework, Quilting, Nutrition and You, Adult Figure Skating, Power Skating, and Learn to Skate. Please leave your name at the Rec Office at 825-3542.

Smurf Bowling- A meeting will be held on: Wednesday, September 12 in the Multi-purpose room at 7:00 p.m. For more

Schreiber Rec

Ballroom Dance- Dolores Niskannen of Thunder Bay will be in Schreiber on September 22nd and 23rd to instruct the art of Ballroom Dance. Registrations are being accepted at the Rec Office until Friday, September 16th.

Aerobics- The Fall session of Aerobics will begin Monday, Sept. 17. Afternoon classes will be held on Monday and Wednesday from 1:30 to 2:30 and evening classes will be conducted Tuesdays, Thursdays, and Sundays from 7:30 to 8:30 p.m. To register contact the Rec Office at 824-2317.

Gymnastics- Before we can offer this program we are in need of a number of assistant coaches. If you would be willing to help out the coaches in any manner please contact the Rec Office at 824-2317. We are anticipating this program beginning the middle of October. The Rec Department is planning instruction in Kindergym - rhythmic and tumbling as well as advanced gymnastics. If you wish more info on the program please contact the Rec Office.

1990-91 Regular Ice Time- It is once again time to start thinking about the upcoming winter seasons. All organizations wishing regular weekly ice-time this winter are reminded to pick up their request forms at the Rec office. All requests are to be submitted to the Recreation Office before 4:00 p.m. Friday Sept. 21st. An ice-time meeting has been scheduled for 7:00 p.m. Wednesday, September 26th. All organizations are asked to have their tournament and special event requests available for this meeting.

info call Shelly Long at 825-9161 or Leah Falzetta at 825-9471.

Bowling- The 1990-91 Season will commence on September 24th. If you would like to join our league please contact- Ladies and Mixed- Debbie Papineau- 825-9417, Men's League- Tom Long- 825-9161, League President- Rob St. Louis- 825-9460. Bowlers must have a current membership with the Rec Department.

Tae Kwon Doe- This program will be starting again this Fall. If you did not register at the Fall Fair, please contact J. Thippawong at 229-1651 in Marathon.

Hockey School- Northwestern Hockey Sports Camp will be hosting a hockey school in Terrace Bay from October 9- 13. This school is open to players 5-18 years of age. Registration will be held at the Rec Centre in the Multi purpose Room October 13 & 14 from 7:00 to 9:00 p.m. Registration is limited, and will be on a first-come, first-serve

basis.

Skate Exchange- Terrace Bay Minor Hockey Association will be hosting their annual Skate Exchange on Thursday, September 13th in the Multi Purpose Room from 7:00 to 9:00 p.m.

Arena Ice Time Users- The Rec Department is notifying all Arena Ice Time users to submit their 1990-91 Ice Time requests to the Rec Office by Friday, September 21st.

Upcoming Events

Wednesday, September 12- Networking Session- Conference Room- 12:00 noon, Smurf Bowling- Multi Purpose- 7:00 p.m.

Thursday, September 13- Min. of Environment- Conference Room- 2:00 p.m. and 7:00 p.m., Minor Hockey School Registration- Multi Purpose- 7:00 p.m. (Friday also)

Monday, September 17- Aerobics sessions start, Babysitting Class- Multi Purpose- 6:00 p.m.

Getting Old

My hair's gotten thin where it used to be thick
But it's growing in places that make me feel sick.
It used to be dark, now it's turning white
My hearings gone bad and so has my sight.
I'm aching all over with pain everywhere
It's even a battle to get out of a chair.
I've gotten much shorter and wider it seems
My body is heavy and hanging so low
At times it's a struggle to get up and go.
It takes me an hour to get into my bed
I'm limping and dragging and holding my head.
More parts of me lay on the dresser at night
My mirrored reflection makes me shiver with fright.
My blood hardly flows and I'm constantly cold
I tell you my friends, "It's the pits growing old."
But really, I'm smiling...it's funny you see
I know there are millions getting older with me!!!
Winnie Campbell

Classifieds

25 words or less
1 week...\$3.50
2 weeks...\$6.00
4 weeks...\$10.00



open 9:30 a.m. - 9:00 p.m. Thursday & Friday
YOU PAY NOTHING 9:30 - 5:00
UNTIL JANUARY 15, 1991 Saturday

NO DOWN PAYMENT **NO MONTHLY PAYMENTS** **NO INTEREST CHARGES**
TIL JAN. 15, 1991 TIL JAN. 15, 1991 TIL JAN. 15, 1991

TRUCKLOAD SAVES

SOMEONE IN YOUR TOWN WILL WIN \$200 WORTH OF MERCHANDISE!

Just fill out a ballot and drop it in the ballot box at your local Northern store. There will be one winner from each participating store and each winner's name will then be entered in the \$5000 Home Fashion Shopping Spree draw. Details in store.

Super Specials and Big Buys for your home!

See our huge selection of home furnishings, appliances, televisions, VCR's, stereos, video cameras and more! Special credit terms apply only On Approved Credit if minimum purchase is \$750 or more.

YOU COULD WIN \$5000⁰⁰ HOME FASHION SHOPPING SPREE

Enter the draw for \$200 worth of merchandise and if you are the winner a total of \$5000 in home furnishings, appliances, televisions, VCR's, stereos, electronics, video cameras and more! Special orders through your local store and our colorful Home Fashions Catalogue will be accepted! Prizes must be accepted as awarded and are not redeemable for cash. Ask for complete rules and details in store.

SCHREIBER ARENA



SEPT. 20th - 22nd

DON'T MISS OUT!