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Local swimmers recognized



These people recently completed the Swim the Slates program. Shown (l-r) are: Jody Spear (lifeguard), Kell Turpin (lifeguard), Teresa Gemmill, Khris Turpin (lifeguard), Marg Fulton, and Louise Tonan.
 Photo by Angie Saunders

**C.P.R. COURSE:
 (BASIC)**

To be held on September 17 - 18 1990
 from 6:00 p.m. to 10:00 p.m. at the
 McCausland Hospital Ambulance Facility
 Cost \$32.00 per person
 - payable by Sept. 11th
 To register contact Lori McMaster
 at 825 - 3377

By Angie Saunders
The News

The swimming program recently acknowledged swimmers for their accomplishments.

Karie Baldwin received the Tommy Duriez Trophy for the Outstanding Swimmer of Terrace Bay.

This trophy is presented annually to a Terrace Bay resident who is an excellent student in swimming lessons and whose behaviour during open swimming

sets an example for others. It is chosen by the pool staff.

Certificates were given to many individuals for completing the 'Swim the Slates' program.

Nancy McWatters, Lisa Jacques, Rhea Beaulieu, Irene Kettle, Margie Fulton, Teresa Gemmill, Louise Tonin, and Maureen Running all participated and received certificates.

These ladies had to swim 460 lengths of the pool or 10,500

metres. This is the distance from Terrace Bay beach to one of the beaches on the Slate Islands.

The 'Swim the Slates' program started three years ago to give people an incentive for something to swim for.

Lifeguards Jody Spear, Khris Turpin, Keli Turpin, Shane Jowitt, Shannon Moore, Sandra McDougall, and Debbie McDougall also swam the distance.

**Running Trades Employees
 Schreiber**

I would like to thank the Running Trades Employees at Schreiber for your incredible safety record to date. It has now been in excess of 600 days since we suffered our last lost time injury which could only have been achieved through a dedicated effort by all. Your Awareness and Attitude towards the safety program at Schreiber is easily recognized in your results and ultimately you will harvest its reward.

Off all injuries Lost time and no lost time Schreiber is responsible for only 3% where our neighbours to the east represent 50%.

My hats off to all of you.

P.C. Chapell
 C.P. Rail
 Schreiber



Karie Baldwin received the Tommy Duriez trophy from Jodie Spear for being the Outstanding Swimmer of Terrace Bay.
 Photo by Angie Saunders

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Winnie's Scribbles

By Winnie Campbell
 Mrs. Nellie Molinski has returned to Vancouver after visiting sisters Mary and Marg and relations.

Mr. and Mrs. J.C. Barton visited Russell and Beth MacAdam last week returning to Port Perry, Ontario.

Visiting Margaret and Jack Handel for Jack's 75th Birthday were: Adeline and Dick Sheedy of Petawawa; Linda, Peter and Christie Douglas of Pontypool; Laurie Christie of Guelph; Eric, Jeannine, and Troy Handel of Logan Lake; and Kevin, Cathy, and Cassandra of Metagama.

Muriel Shewfelt from Echo Bay and Dale Harten from the Sioux visited Margaret Nesbitt and family over the weekend.

We try harder



Avis features GM Cars