

THE CORPORATION OF THE TOWNSHIP OF TERRACE BAY NOTICE

VOLUNTEER REQUIRED FOR APPOINT-MENT TO THE BOARD OF DIRECTORS OF THE NORTH SHORE FAMILY RESOURCE CENTRE

Terrace Bay Township Council is seeking a volunteer to be appointed to the Board of Directors of the North Shore Family Resource Centre.

Located in Marathon, and serving North Shore communities, the Centre has the mandate to provide a safe and secure refuge for victims of family violence, the policies and procedures of the centre are established by a board of Directors consisting of appointees from the area municipalities, including two from Terrace Bay.

Travel to Marathon for meetings is required once or twice per month. The members' expenses for such travel are paid by the municipality.

If you are interested in serving the comminity in this capacity, please write before **September 4th** to:

The Reeve and Council
The Corporation of the Township of Terrace

P.O. Box 40
Terrace Bay Ontario
POT 2WO





A chocolate treat

Here's a scrumptious recipe that you and your friends will enjoy. It's very easy to make, but you should have an adult help you melt the chocolate and butter.

MARS BARS SQUARES

What you need:
Three Mars Bars
Three ounces of Rice
Krispies®
Three ounces of butter
or margarine
A few blocks of cooking

Start by slicing the Mars Bars into small pieces. Place the slices in a medium sized non-stick saucepan with the butter or margarine.

chocolate

With mom or dad's help, gently melt the Mars Bars and butter on low heat until you have melted the chocolate and it is blended in with the butter. Pour in the Rice Krispies and keep stirring until all of them are covered.

Next, pour the mixture into a greased, shallow, rectangular pan. Spread the mixture in the pan so that it is flat and even, and then place it in the refrigerator.

If you want, you can melt a few blocks of chocolate and spread it over the top.

Once the chocolate has set, get mom or dad to cut the Mars Bar mixture into squares.

Voila! Now you have a candy treat to share with your friends.

How can you move while you're standing still?

Even though you might think you are standing perfectly still, you are actually moving in five different directions, all at the same time. Here are the explanations:

First: The earth is continuously rotating on its axis, which gives us day and night.

Second: The earth is continuously orbiting the sun, travelling 600 million miles a year at a rate of 1,000 miles a minute. This gives us our seasons.

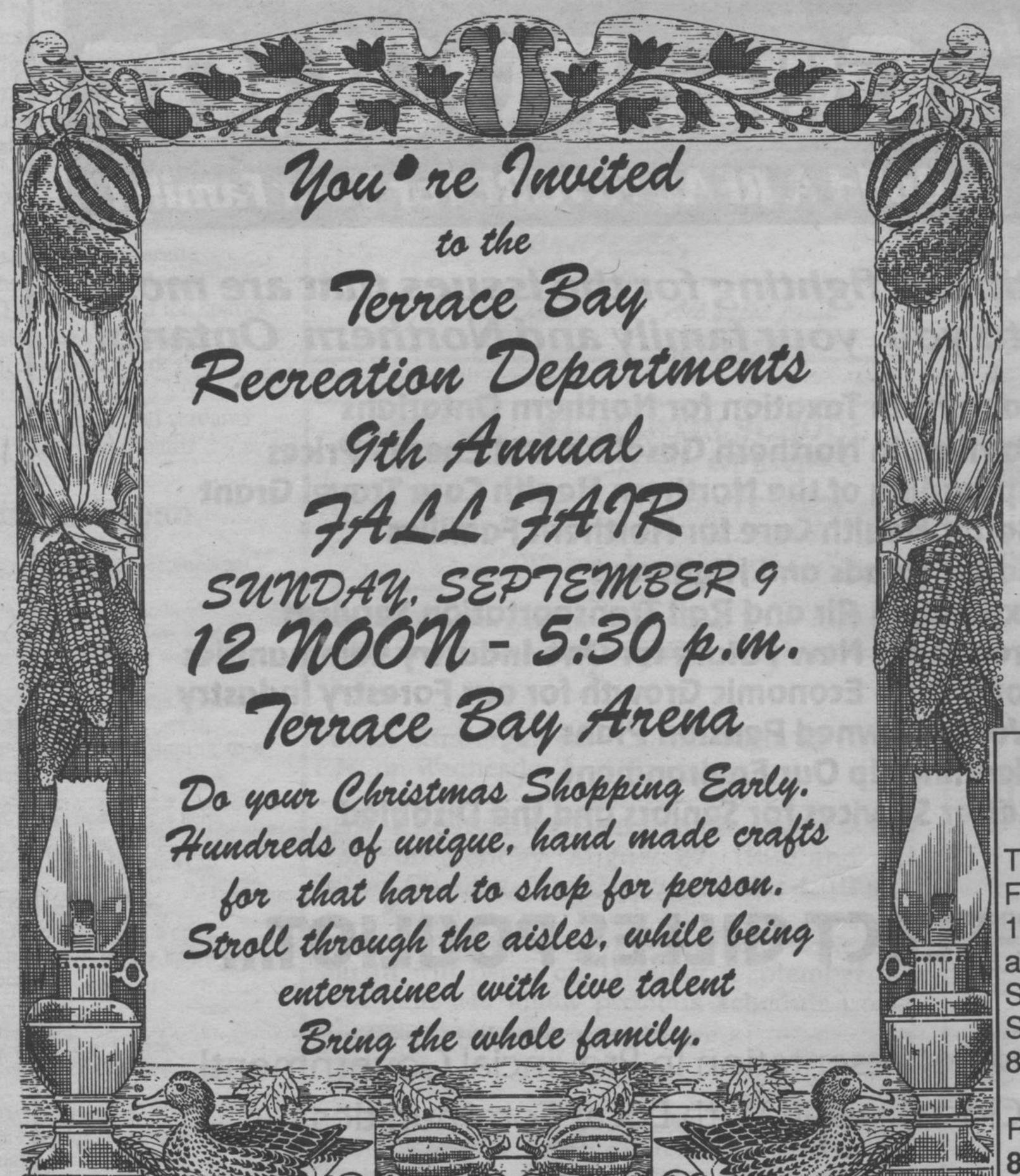
Third: Our whole solar system, the sun and all nine planets, is continuously

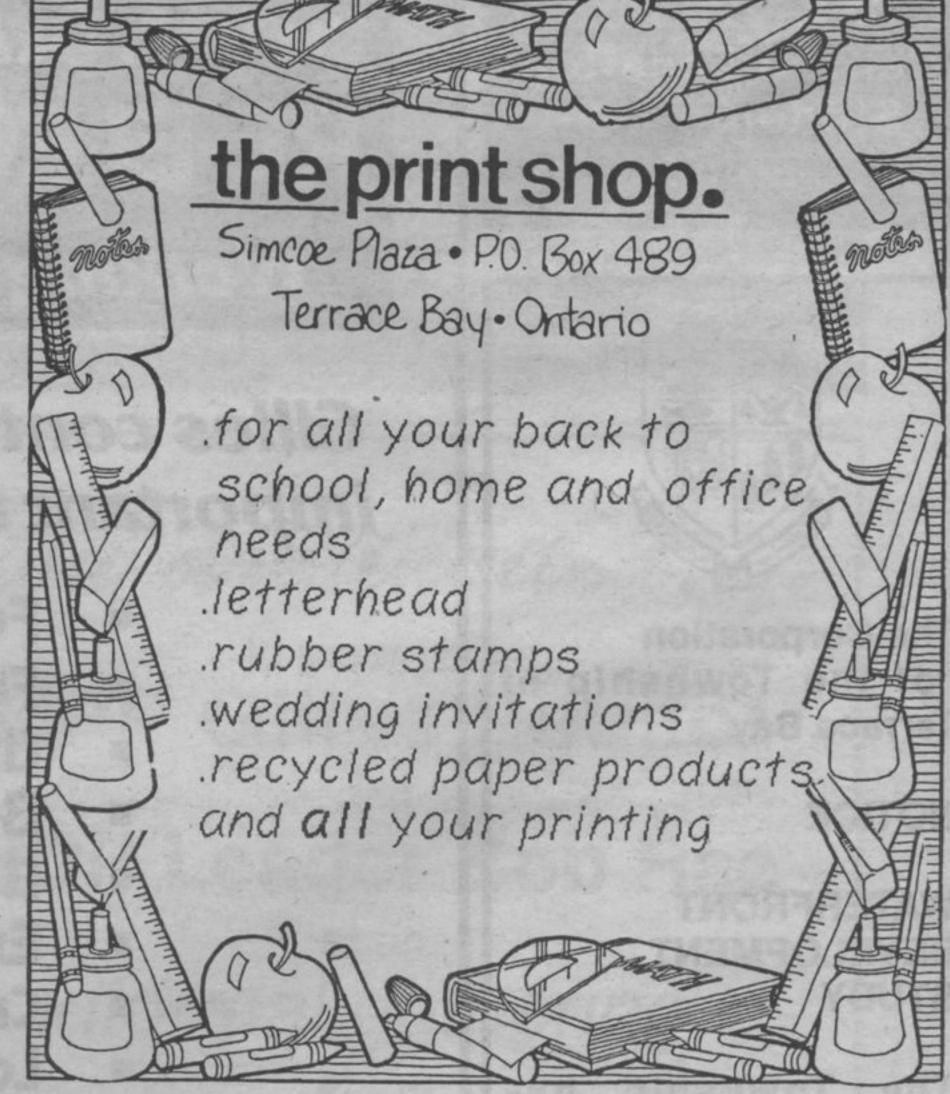
revolving around our galaxy, the Milky Way, at a speed of 180 miles per second.

Fourth: The Milky Way itself is continuously moving at about 1,350,000 miles per hour around a cluster of galaxies.

Fifth: Some astronomers believe that there is a center to the universe and that the cluster of galaxies containing the Milky Way is continuously moving away from that center.

So even though you may think and feel as if you're standing still, you can see that this isn't so!





MCCAUSLAND HOSPITAL FOOT CARE CLINIC

The McCausland Hospital will be holding a Footcare Clinic on Tuesday, September 4, 1990 at The McCausland Hospital from 8:00 a.m. to 3:30 p.m., and on Wednesday, September 5, 1990 and Thursday, September 6, 1990 at Collingwood Court from 8:00 a.m. to 3:30 p.m.

Please contact The McCausland Hospital at 825-3273, ext. 130 for appointments.