

# Community Counsellors

By Angie Saunders  
The News

North of Superior Programs has recently integrated the Mental Health and Community Development program components into one position called Community Counsellor.

The Community Counsellor in Terrace Bay is Jan Mah and Schreiber is Cathy Collinson.

A Community Counsellor has many different roles to fill. Jan Mah explained, "A counsellor has to keep changing hats."

Jan is a counsellor to help with individual, marital, and family problems.

She tries to help people by finding out the problem and helping the person solve it by offering solutions. She gives suggestions not advice. This way people with problems can work it out

themselves.

Jan said, "Most people who come aren't sick. They're just in a stress situation or trapped and don't know how to get out of it. I help them sort out their problems."

Another part of the job is to help people who have concerns in the community. A counsellor will direct an individual or group to different contacts if they would like to start a new organization or group. A counsellor's job is to know what is available in the community.

A counsellor will also help with development projects. People can figure out ways to make the community better and come to either counsellor. They will in turn, help the person or group set a plan and get started.

People who live in Terrace Bay or Schreiber can go to either Jan Mah or Cathy Collinson, whichever they feel more comfortable with.

The North of Superior Programs Head Office is located in Geraldton. There is one mental health worker, community development worker and once substance abuse worker in the communities of Beardmore, Nipigon, Red Rock, Longlac, Marathon, Manitowadge, and Geraldton.

Schreiber and Terrace Bay have combined the job of Mental Health Worker and Community Development to make the service more efficient. Frank Lepponen, who runs the Employee Assistance Program at Kimberly Clark, is the local substance abuse worker.

Foreign objects should never be left in place for more than a day. Many serious infections are caused by ignoring the problem.

until it is free. Then cut the shank next to the barb and remove the fish hook in two pieces.

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Cathy Collinson



Jan Mah



## BIRTH ANNOUNCEMENT

Kristopher and Charlene are thrilled to introduce their new sister, **CERA MARIE**

who was born at 4:53 on June 14 at the P.A.G.H., and weighed 5lb 6 oz  
Proud parents are Mike and Darlene McArthur

## Pet Talk

By Alice Scott

Every summer our local porcupines emerge and torment our dog population. Porcupine quills can penetrate the face, nose, lips, oral cavity or skin of the dog.

The best way to prevent your dog from becoming covered in quills is to keep it on a leash while in the bush.

If your dog does tangle with one of these spiny creatures, you should follow these instructions.

To remove the quills, grab each quill individually with pliers.

Draw the quill out by pulling it straight out. Do not angle the pliers when removing the quills.

If at all possible, bring your dog to the vet. They can sedate the animal, making it easier and

painless for the dog.

If you are a fisherman, put all your equipment away. Dogs and cats are attracted to the fish hooks and can lodge them in their mouth.

To remove a fish hook, push the barb through the soft tissue

## Letter to Editor cont'd from page 4

years) and the two towns splitting the remaining 25% (\$32,500.00 per year for five years). A further cost breakdown reveals Terrace Bay's suggested share would be \$20,600 a year (avg), and Schreiber's share \$11,900 a year (avg). Over five years this equates to a sixty-forty split.

Since the joint presentation, this committee has had no formal contact from either council as to their desire to pursue a M.E.D.A. Informally, I have learned that neither council has come to an agreement on any funding formula.

It has been recognized in the study and understood by both councils that economic development in either community will ease the residential tax burden (i.e. school tax assessment) on both.

Recognizing these facts, it is difficult to understand why these two councils would risk losing over \$400,000 (over five years) in provincial funding, because they cannot agree to an equitable sharing formula on 162,000 (over five years).

If you, as a concerned citizen that will benefit from a joint M.E.D.A., agree that both councils should work harder to resolving this funding problem, I urge you to contact your council and express your desire to see both councils working together!

Michael Moore,  
Chairman,  
Joint M.E.D.A. Steering  
Committee

# SPADONI GM

## Tilden Summer Sale featuring "Air Conditioned Vehicles"

1988 Chev Caprice 4 dr  
V8, Auto, AM/FM cassette  
HD Battery, Two Tone Paint  
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V6, Auto Trans, PW, PL  
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1988 Chev Celebrity 4 dr  
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Split Seat, cassette, P/locks  
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1988 Cavalier 4 dr  
4 cyl, auto trans, tilt,  
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4 cyl, auto trans, tilt,  
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4 cyl, auto trans, bucket seats  
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\*\* Stock #8957 1988 Sunbird. 4 dr.....Sp \$8,900  
\*\* Stock #8539 1988 Olds 2 dr, Fir.....Sp \$9,900

## Vehicles on Display at Schreiber

### Car Lot Location

Sale From July 12 Thurs - 13 Friday - 14 Saturday

Call Ed - Stan at

824-2304 or 1-800-465-3360