

# 28th Anniversary Party

By Angie Saunders  
The News

Terrace Bay Legion Branch 223 held its 28th Anniversary Birthday Party on Friday, May 4.

The evening started out with grace said by Ev Falzetta and a toast by Lillian Belliveau.

A delicious pot luck supper was enjoyed by everyone. Afterwards, the male members of Branch 223 did a great job washing the dishes and cleaning the kitchen.

Alma Hart, 1st Vice-President took over the position of President for Shirley Love.

The Schreiber Branch, President Aerliane Johnson said a few words, and expressed her members' appreciation at being

invited to the party.

Year pins were presented to: 15 years- Ann Dodd, Pat Lingley, & Bev Legeault; 20 years- Ev Falzetta; 25 years- Dolly Sitko & Mary Hamilton, 35 years- Shirley Caron.

Pam Jones made the mystery draw that was won by Stella Gusul.

Henrietta Sellars and Shona Patriquin sang a few songs for the audience and also led a sing-song.

The Terrace Bay Terrors (alias Pam Jones and Adaline Daly) put on a skit which kept everyone roaring with laughter.

The 28th Birthday Party turned out to be a great success and a wonderful time was had by all.



These lovely ladies all received year pins at the 28th Legion birthday party. Shown left to right are Dolly Sitko- 25 years, Marg Hamilton- 25 years, Ev Falzetta- 20 years, Ann Dodd- 15 years, and Shirley Caron- 35 years. Missing are Pat Lingley- 15 years and Bev Legeault- 15 years. Photo by Angie Saunders

## Camping brings a family together

(NC)—Each year as vacation time rolls around, increasing numbers of people are turning their backs on the cities and on many of the popular tourist attractions, to "get away from it all" and get back to nature. Camping in all of its forms is generally regarded as the finest way to strengthen one's relationship with nature. That's not the only relationship nurtured and strengthened by camping, however. More than one survey in recent times has revealed that camping has a way of strengthening personal and family relationships as well.

In the hustle and bustle of the modern rat race, family ties are often neglected and strained in many ways. According to one leading researcher, stress, one of the principal ingredients of modern life, is known to suppress effective intra-family communication. When that happens, problems in the home are often neglected and left unresolved only to fester and get magnified over time. On a camping trip that stress is relieved, lines of communication are opened and problem resolution becomes simpler.

On a camping trip every member of the family can get involved. All of the children have the opportunity to do their parts of the overall larger project and feel the sense of accomplishment which comes with seeing a project through to its completion. As each child is given a responsibility, the parents have the opportunity to share their knowledge and skills with the children in helping them to plan their contribution. Children learn how to

be self sufficient as they go about their assigned task.

Another key benefit of the camping vacation is the absence of television and telephones. Family members talk to one another and develop a sense of togetherness.

As they tour the country, children see Canada from a very different perspective. It is no longer a set of coloured maps in a dog-eared geography textbook, but a vast land with an infinite variety of experiences. In some cases it is their first sight of wildlife never before seen outside of a zoo or the pages of a book. Whether it is the vastness of a prairie sunset, the tranquillity of a maritime fishing village, the grandeur of the Rockies or the ghost-like mystery of the early morning mist rising off a small wilderness lake, it is a view of Canada they will share for a lifetime.

Even after the vacation is over and remains only a memory, the recollections of shared experiences still have a cohesive effect on the entire family. The haunting call of the loon as the family is gathered around the campfire at the end of the day will still be remembered at home by the fireplace in the middle of winter.



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Camping strengthens relationships as every member of the family gets involved.

Born to be wild (& 40)



Happy Birthday Ron!

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