

Schreiber Recreation News

Volunteers- The recreation department requires coaches for the Minor Ball Program. If anyone is interested in helping to coach or umpire in the Minor Ball Program the rec department asks that you contact the office at 824-2317 as soon as possible. We will be unable to offer our program unless enough volunteers are recruited.

Coaching Clinic- The only Level 1 Theory Course of the National Coaching Certification Program is scheduled for Terrace Bay May 11th, 12th, and 13th. This program is a must for anyone interested in providing good coaching for all sports at all levels. For more information call the Terrace Bay Rec Centre at 825-3542.

Summer Employment- The Rec Department will be accepting applications for the various summer positions with the rec department until Friday, May 11 at 4:00

p.m. Anyone wishing to apply for a summer job with the rec department can obtain an application form at the office.

Soccer- The Minor Indoor Soccer Program for children 11 years and over has commenced. Anyone who has not yet registered but wishes to play can obtain a registration form at the Rec Office.

Ballroom Dance- Eleven enthusiastic couples took to the dance floor on April 28th and 29th to participate in the art of Ballroom Dance. According to Dolores Niskannen, the course instructor, all participants caught on quickly and enjoyed themselves. Dolores is interested in returning to Schreiber this fall to instruct another class. Ask anyone that took it this past weekend and we're sure they will highly recommend the dance class. Watch for exact days and times in late August.

The North Shore Fun Run/Walk- May is finally here and we in Schreiber know what that means. No Not May flowers! It brings us the opportunity to once again prove that Schreiber has more community spirit than any other town on the North Shore.

The Fun Run/Walk is back and is scheduled for Tuesday, May 22nd. The route is the same- the

location is the same- it is simply a matter of the residents ensuring the results are the same- Schreiber wins again!

For the new residents of our fair community, the Fun Run/Walk is a participation activity organized by the Recreation Directors of the North Shore Communities. The objective is for the towns to get as many of

their residents as possible out to walk or run the 1 kilometer route.

The Fun Run is on Tuesday, May 22nd from 7:00- 9:00 p.m. and goes from the high school to the public school and back. The objective is 1,000 participants.

It's up to the people of Schreiber to get out and show them why we can't be beat.

Schizophrenia- the misunderstood disease

Schizophrenia is a biochemical disease of the brain. It is an illness which tends to surface when there is stress and it tends to run in families. It causes changes in one's thinking, perception, mood and behavior. It is not a split or multiple personality, as often confused by the public.

Schizophrenia is a serious illness that is more common than most of us think. It is a very misunderstood illness, and this misunderstanding creates, for those affected with schizophrenia and their families, a stigma and a huge burden.

I would like to attempt to clarify some of the misunderstandings associated with schizophrenia because, those with this illness, and their families need and

deserve support and understanding.

Approximately 250,000 Canadians suffer from schizophrenia, and many more will develop it at some point in their lives. Worldwide there are about 40 million people who have this illness. Obviously, numbers are not a reason for misunderstanding.

Is it possible that we think it is an illness that occurs when one is older? This too, is a poor reason for misunderstanding because it usually hits people between the ages of 15 and 25. This means that one has schizophrenia for many years, not just their last 5-10 years.

One reason our understanding of schizophrenia is minimal, is that there is no known cause or cure for it. Fortunately, it is not the hopeless illness it once was; now supportive therapy and antipsychotic medication have made it possible for schizophrenics to lead normal lives in their

own communities.

Another reason why schizophrenia is poorly understood, is that we may be personally fearful of losing our own sanity. This is an extremely difficult concept for each of us to handle. We may also fear that schizophrenia patients are violent. In actuality people suffering from mental illness are no more violent than those suffering from cancer or diabetes. Most patients will withdraw and isolate themselves because they are very inhibited and afraid of real life situations.

Schizophrenics and their families need and deserve support and understanding. They don't need the STIGMA; they already have the illness. Those affected with schizophrenia are human beings, and certainly deserve the right to be treated as such.

April 29- May 5: Mental Health Week
Rhonda O'Connor, R.N.
Mental Health Worker

THANK YOU

Family of the late Joe Caccamo, a loving Husband, Father and very special Bapa. We will always cherish the compassion and kindness of our relatives, neighbours and friends, given to us in our great loss.. Special thanks to Father J. Rademaker, Rev. Bob Elkin, for their comfort and strength. Nurses, Dr. Scott of McCausland Hospital, special thanks to Frankie and Maureen Caccamo. Your presence brought me comfort. To everyone for phone calls, house visits, flowers, beautiful cards, mass cards and donations to charitable organizations. To those who sent food and baking to the house. We are deeply touched and very grateful for your support. Sincere thanks to ambulance and helicopter attendants for special care. To the Dr. and nurses on duty at Port Arthur General Hospital, for your compassion. Our thanks to the ladies who convened and served the delicious luncheon. Your kindness will be remembered. Thanks to Giovanni Cebrario and choir for their lovely rendition of "Joe's" favourite hymns. There is a great wealth in good friends and we feel blessed.

The Caccamo Family

ATTENTION

Bats re-gripped,
baseball uniforms,
cresting, lettering,
softballs and
sporting goods.

Contact Frank or
Sylvia.
Sports World
824-2023

Library News

Ten resolutions for successful reading at the Terrace Bay Public Library.

1. Read a bestseller
2. Take up a craft
3. Take off those extra pounds
4. Get fit.
5. Get back to nature.
6. Help save the planet.
7. Plant a garden.
8. Take a trip.
9. Have a laugh.

10. Read lots of books.
Visit the library and pick up our latest selections on these topics. It's a great way to start the spring!

Bestsellers you'll find: Fiction- *The Bourne Ultimatum*, by Robert Ludlum; *Devices and Desires*, by P.D. James; *Foucault's Pendulum*, by Umberto Eco; *Solomon Gursky was here*, by Mordecai Richler; **September**, by Rosamunde Pilcher.

Non Fiction- *Towards a Just Society*, edited by Tom Axworthy and Pierre Trudeau; *Megatrends 2000*, by John Naisbitt and Patricia Aburdene; *A Brief History of Time*, by Stephen W. Hawking; *The Science of Everyday Life*, by Jay Ingram.


Don't overlook our selections of videos for children and adults.

Duck into your library and dive into a good book.

WANTED

Waitresses & Cooks
Full and part-time
positions available
immediately. Apply in
person at:
Birch Motors. Hwy. 17
Schreiber.

THE NORTH OF SUPERIOR DISTRICT R.C.S.S. BOARD REQUIRES AN ACCOUNTANT--MANAGER OF FINANCES



The Board is seeking a self-motivated, progressive individual. Duties will include all aspects of managing, preparing, controlling and reporting on Board finances, including various types of financial statements and helping to prepare budgets, budget control and assisting with long range financial planning. A fully qualified C.A., C.M.A., or C.G.A. with significant experience is preferred, but very substantial progress toward certification (4th. or 5th. level), along with substantial practical experience, is acceptable. First-hand experience and excellent skills with computers is essential. A major responsibility will be further computerization of all accounting processes including accounts payable and receivable and school finances.

Experience in public institutions, especially school boards or the Ministry of Education, or an accounting firm that does school board audits, would be highly desirable.

Salary will be very competitive depending on qualifications and experience. A generous fringe benefit package is included.

The North of Superior District R.C.S.S. Board's Administration is located in Terrace Bay and has schools from Red Rock to Manitouwadge and north to Nakina. Terrace Bay, which is 2 1/2 hours east of Thunder Bay, is an exceptional northern community with excellent indoor and outdoor recreational facilities and affordable housing.

Send applications and complete resume by **May 18**, by Priority Post to:

MR. G. MATYS
DIRECTOR OF EDUCATION
P.O. BOX 610
TERRACE BAY, ONTARIO
P0T 2W0



SCHREIBER PARKS AND RECREATION DEPARTMENT
REQUIRES VOLUNTEERS

The Schreiber Parks and Recreation Department requires volunteer coaches, umpires and referees for the Minor Ball and Soccer Programs.

Interested persons should contact the **Recreation Office at: 824-2317.**

C. COMMISSO
CHAIRPERSON

G. J. MATYS
DIRECTOR OF EDUCATION

Please note that leagues will operate only where there are sufficient volunteers.