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Schreiber Rec News

Server Intervention Workshop- The instructor from Toronto will be in the area to conduct a S.I.P. Workshop on Sunday, March 18th. S.I.P. is a workshop designed to assist in the responsible service of alcohol. Areas covered will include an introduction to the program alcohol and the law- facts about alcohol - preventing intoxication and managing the intoxicated patron. This course is a must for organizations and individuals involved with Special Occasion Permits or serving alcohol as part of your job. For more information contact the rec office. Deadline for registration is 4:00 p.m., March 15th.

Gymnastics- The next session

of Gymnastics will begin on March 19. Due to the increasing enrollment and limited gym time the Kindergym program will be held in Schreiber High School Gym on Tuesday evenings from 6:00 to 6:45 pm. The Rec program for the 7 and over group will be held in the Terrace Bay High School Gym on Monday and Wednesday evenings from 6:00 to 8:00 pm. Registration forms must be submitted to Rec Office before anyone is allowed to participate. Enrollment will be limited to 20 participants for Kindergym and 35 participants for the 7 and over group. We suggest that registrants be submitted as soon as possible to ensure your child's participation in the program.

First Aid and CPR- The First Aid Course will be held on April 21st. Registration is limited to the first paid 20 registrants. The CPR Course will be held April 28. The first paid registrations will be accepted.

Ballroom Dance- Delores Niskanen will be offering instruction in a number of dance steps. The course will be held April 7th and 8th form 2:00 to 5:00 pm.

Ball Hockey- The Rec Department is accepting names of persons 16 years of age and over who are interested in playing ball hockey. If enough interest is shown a league will be organized. We are anticipating operating from the middle of April to the end of June.

BACK Terrace Bay Rec News

Programs-

Shaping up With Aerobics-Anna Fox

Beginner or advanced, this class is for you- with low impact aerobics to lively music, to keep you moving and having fun. Work on improving cardio-fitness, increasing flexibility and toning up. Date: March 19- April 27 Days: Monday, Wednesday, Friday

Time: 2:00 P.M.- 3:00 P.M. Deadline to Register: March Mixed Aerobics- Gwen Black Date: March 19 May 3 Days: Monday & Thursday Time: 6:30 P.M.- 7:45 P.M. Deadline to Register: March 9

This is a total Fitness program including non-impact aerobics and a toning section. Use of wrist and ankle weghts are encouraged for progress.

Beginner Sewing Class Instructor: Elise Kenny Date: March 21- April 26-6 wks. Days: Sunday

Time: 1:00 P.M.- 3:00 P.M. Deadline to Register: March 16 The participant will learn to clean machine, read & follow directions, tips on sewing, insert a zipper, how to hem, measure your body, finish a garment, how to read a pattern.

Rainy-day Crafts Instructor: Elise Kenny Date: March 18- April 8- 4 wks Days: Sunday Time: 1:00 P.M.- 3:00 P.M. Deadline to Register: March 12 Come and join us on Sunday's for "Rainy Day Crafts". Learn how to make useful crafts and decorating ideas for the home, and those special gifts. Learn about fashion awareness, sewing tips, craft tips. Guest speakers will give you cre-

Kids Krafts Instructor: Jeff Mikus Date: March 29- April 19 Days: Thursday Time: 6:00 P.M.- 8:00 P.M.

ative tips.

Deadline to Register: March 22

March Break Activities

There are several programs and events scheduled for this week. Have some fun and participate in some of the following events: Shinney hockey, bowling, squash & racquetball lessons, fitness room orientation, pool tournament, and "TRIKES ON ICE" races. Schedules were distributed throughout the schools, but if you did not receive one, please be sure to pick one up at the Rec Office. Some programs require that you pre-register... Please note the Arena Schedule for Public Skating times.

Pearen This program will take place from March 19- April 27 on Monday, Wednesday, and Friday each week at 2:00 to 3:00 pm. Fit in some time to socialize, have fun and improve your level of fitness. This program is non-impact aerobics, strengthening, toning, and relaxation.

F.I.T. (Fit in Time)- Lyn

Wednesday, March 14-MNR- Conference Room at 8:00 am, Knitting- Multi Purpose-7:00 pm.

Thursday, March 15-Northern Affairs- Curling Club-10:00 am, Kimberly Clark-Conference Room- 8:00 am, Smurf Bowling- Multi Purpose-7:30 pm.

Friday, March 16- Pool Tournament- Games Room-10:00 am.

Saturday, March 17- Legion Bonspiel- Curling Club

Monday, March 19- Men in Motion- Multi Purpose- 7:00 pm.

Tuesday, March 20- Ministry of Community and Social Services- Board Room- 12:30 pm, Men in Motion- Multi Purpose-7:00 pm.

Public Skating

Wednesday, March 14- 11:00 am to 12:00 noon, 1:00 - 2:00 pm, 8:30-9:30 pm.

Thursday, March 15-11:00 am to 12:00 noon, 1:00-3:00 pm.

Friday, March 16- 1:00-2:00 pm, 7:30-8:30 pm.

Saturday, March 17- 1:00-3:00 pm, 7:00-9:00 pm.

Sunday, March 18- 2:00-4:00 pm, 8:00-9;00 pm (last one adults only)

Monday, March 19- 11:00 am - 12:00 noon, 1:00- 2:00 pm. Tuesday, March 20- 1:00-

2:00 pm.

Recreation Master Plan Meeting for the public will be held on Thursday, April 5th, at 7:00 pm in the Conference Room of the Terrace Bay Rec Centre. All those interested are urged to attend.



WIN A 1990 6-SPEED CORVETTE

HOME PHONE (OPTIONAL) TITLE COMPANY **BUSINESS PHONE ADDRESS** CITY STATE/PROVINCE/ZIP/POSTAL CODE

J I Case Canada TENNECO POWER TO GET THE JOB DONE. Simply complete and return this contest entry form to any CASE dealer by March 31, 1990. Official rules are available at the dealer. You must be 21 years or older to enter.

(Please Check All Appropriate Boxes) 1. Which construction

Residential ☐ Public Works □ Non-Residential □ Materials Handling category do you

□ Roads and Streets □ Forestry ☐ Other (Please specify) 2. How many Wheel Loaders do you currently have in your fleet?

3. Do you own any CASE equipment?

Yes

No 4. Will you be in the market for a wheel loader in the next 12 months?

☐ Multi-purpose Tractor ☐ Vibratory Roller

☐ Rough Terrain Forklifts ☐ Crawler Loader/Dozer

☐ Trencher/Cable Layers ☐ Excavator Your local CASE dealer is: CASE Power & Equipment 655 Mountdale Avenue, Thunder Bay P7C 4X9 (807) 577-4281

5. What other equipment

Loader/Backhoe

do you intend to

purchase in 1990?

☐ Skid-Steel Loader