

No heavy duty campaign for Drug Awareness Week says counsellor

So you use drugs. Is that good? Or is it bad? I don't know.

For someone who is not interested in personal growth and emotional development, and whose perception of life appears to be a steady progression from cradle to grave, it becomes a question of practicality.

If drugs are screwing up your life and you can't quit, they are bad. If they are not screwing up your life and you can quit, they may be OK.

The greatest danger from drugs is self-deception. You find yourself drawn into a world where you progressively rationalize and justify your using behaviour and, without knowing it, lose your power of choice.

Blowing thousands of dollars on exotic drugs that provide momentary euphoria seems a natural thing to do.

"Fronting" drugs from payday to payday becomes a normal way of life. Risking one's freedom by dealing to support the habit becomes acceptable. Sticking a hypodermic into one's arm becomes a symbol of status.

The person who is hooked on drugs has lost his power to honestly assess the situation - he firmly believes he is in control.

Are you hooked? I don't know. Only you can answer that. The following questions may help you decide.

a. Is there a "Corvette up my nose?" How much money have I spent on drugs in recent months?

b. Am I putting my whole life at risk by dealing to support my habit?

c. Do I place my job at risk by taking drugs into the workplace?

d. Have I done anything contrary to my values to finance my drug habit?

e. Do I spend a great deal of time planning my next high?

f. Do I hurt when I'm not using?

g. Who, besides me, is being hurt by my using?

h. Have I switched to alcohol to slow down on drugs (or vice versa)?

If the above questions have made you wonder if you really are in control, perhaps you would like to test yourself. Simply make up your mind to abstain from drugs and alcohol for a period of six months.

If for any reason during that period you find yourself drinking or using, the chances are that drugs are controlling you.

A group of young men and women, realizing that their drug use was out of control, sick and tired of being sick and tired, have banded together to support each other in a drug-free lifestyle.

No, they won't drag you in off the street, they won't preach, and you won't see full page ads in the newspapers.

They are not radical activists, nor do they judge anyone's behaviour. Quietly, slowly, they have begun to socialize and form a peer group. It has not been easy. It's been a tough struggle and a long time coming.

Their philosophy is expressed in one of their slogans.

"If you want to use drugs - that's your business - If you want to stop that's our business."

Narcotics Anonymous - People with the courage to change and the heart to help.



The Terrace Bay Royal Canadian Legion Branch 223 donated \$3,000 towards the cost of the Aguasabon Golf Clubs new club house. Presenting and accepting the cheque, from left to right are Richard Flanagan, Legion treasurer, Paul Malashewski, golf club president, and Paul Wenzel, legion secretary. Photo by Dave Chmara



The Corporation of the Township of Terrace Bay PUBLIC MEETING CONCERNING A PROPOSED ZONING BY-LAW AMENDMENT

TAKE NOTICE that the Council of the Corporation of the Township of Terrace Bay will hold a Public Meeting on Monday, December 11, 1989, at 6:30 p.m. at the Terrace Bay Municipal Office, 12 Simcoe Plaza, to consider a proposed zoning By-Law Amendment under Section 34 of the Planning Act.

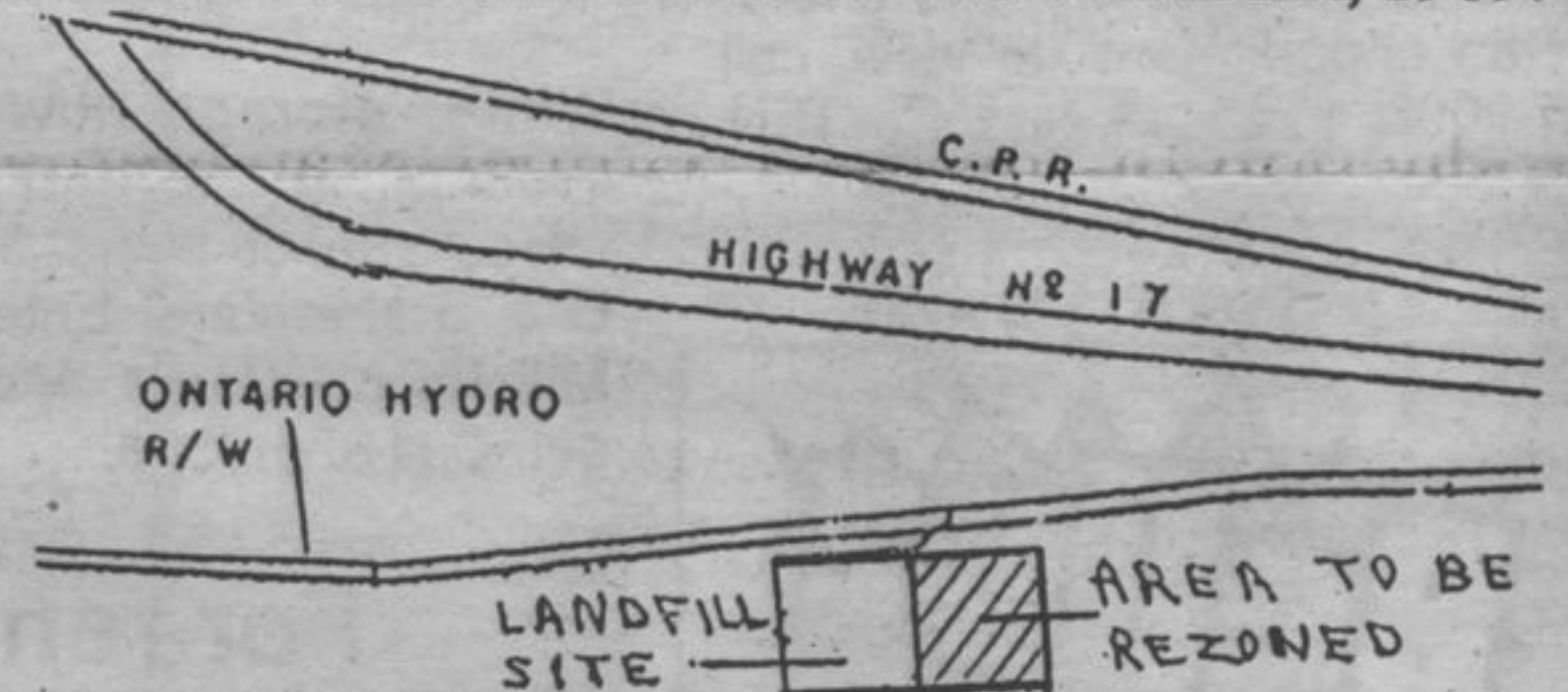
The proposed zoning By-Law Amendment would change the zoning category of approximately 5.55 hectares of land from "MX" (Extractive Industrial) to "MD" (Disposal Industrial) to permit the construction of drying beds for treated sewage sludge.

ANY PERSON may attend the Public Meeting and/or make written or verbal representation either in support of or in opposition to the proposed zoning By-Law Amendment.

ADDITIONAL INFORMATION relating to the proposed zoning By-Law Amendment is available for inspection at my office between 8:00 a.m. and 4:30 p.m., Monday - Friday.

DATED AT THE TOWNSHIP OF TERRACE BAY THIS 9TH DAY OF NOVEMBER, 1989.

DAVID C. FULTON
CLERK-TREASURER
TOWNSHIP OF TERRACE BAY
12 SIMCOE PLAZA
P.O. BOX 40
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P0T 2W0



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HEAVY TRUCK INVENTORY SALE



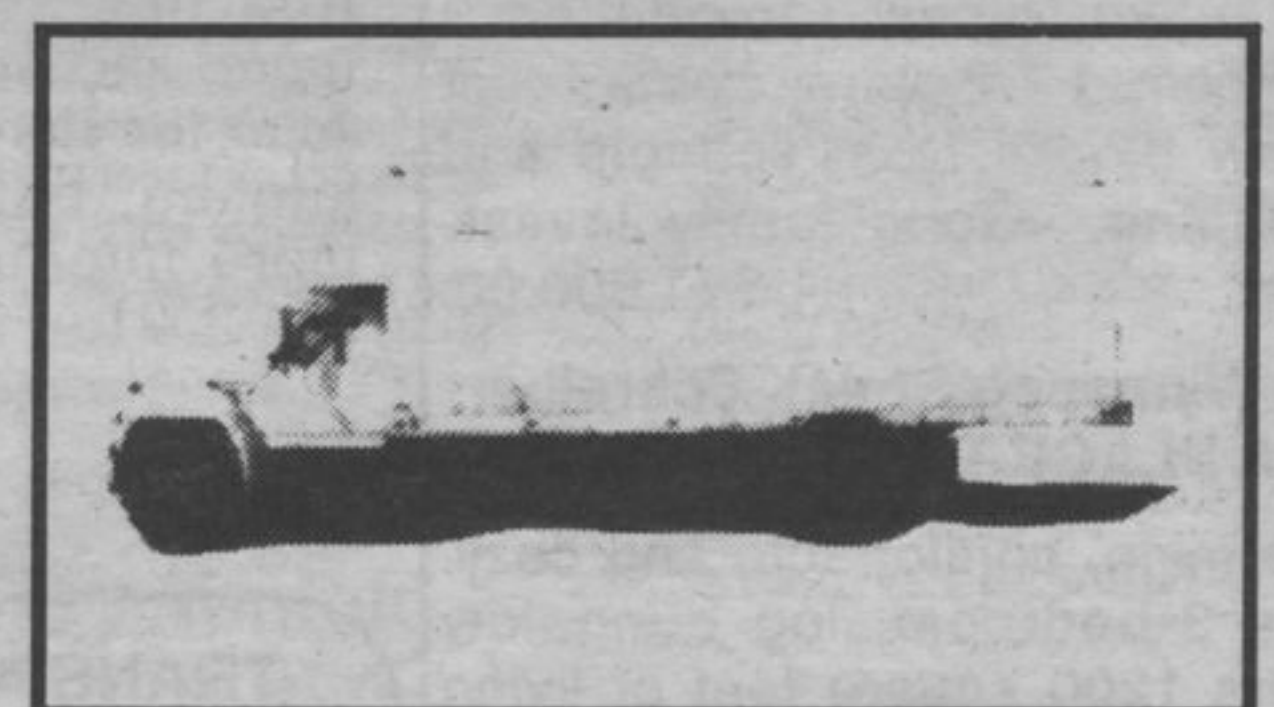
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