

McCausland's lab

Continued from page 3

We apologize for any inconvenience to Serendipity and their customers as a result of our previous advertisement.

Serendipity Gardens Cafe

Serendipity:
A happy discovery made by chance.

Main St. Rossport 824-2890

NEW WINTER HOURS:
Effective Mon. Oct. 16/89
Open 11:00 a.m. daily til 9:00 p.m.
Closed Sunday evenings at 6:00 p.m.
Closed all day Monday.



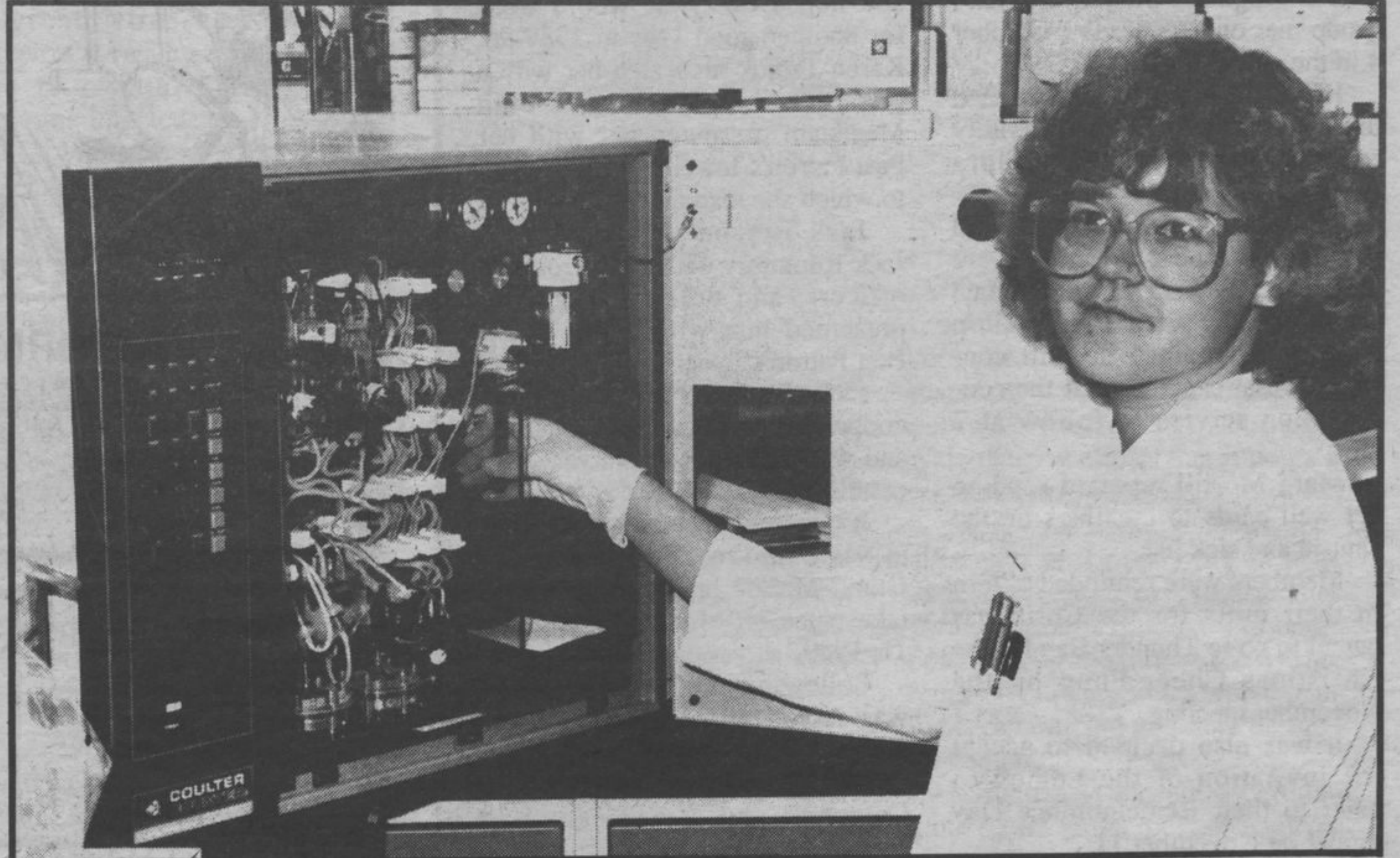
Come enjoy fine dining from a full menu featuring Baked Lake Trout, Chowder, Fillet of Beef Serendipity and more.

Friday Evenings
PRIME RIB OF BEEF
All you can eat!

Saturday and Sunday
BRUNCH SPECTACULAR

Served from 11 a.m.

CATERING AVAILABLE



Wendy Ylijoki, a lab technologist, performs one of the many tests done on blood samples at McCausland Hospital. Although most people don't see the lab, it plays an important role in assisting doctors to reach a diagnosis for their patients. Photo by Dave Chmara

takes place at the Schreiber Medical Clinic every Thursday morning from 8 to 9 a.m., was originally half-an-hour but was expanded to hour because of the demand for the service.

The person in the lab who the public probably sees the most is Jean Fisher. She regularly draws blood from patients and, with her 12-years of experience at McCausland, knows many people don't enjoy the experience.

"I treat all people the same - as if they nervous about having blood taken," she said.

One of her biggest problems can be finding a good vein from which to draw blood. In these cases she can do a number of things to bring the vein closer to the surface including using a warm cloth, having the person pump their hand, and tapping the vein. If none of these approaches works, she can always try to find another vein.

Both Fisher and Lipowski said it's important to follow a doctor's advice before having blood collected. They said fasting (not eating anything before the blood test) is one of the doctor's directions which people must follow.

Lipowski said all test results are based on fasting so anyone who has eaten prior to having blood tested will have test results

which have been altered.

The McCausland lab holds a blood clinic every six months. These clinics are held at Kimberly-Clark and the hospital and Fisher said, "K.C. is very cooperative in letting us run the clinic there."

These clinics are not the regular blood donor clinics most people associate with the Red Cross.

Because the Red Cross cannot afford to come here to hold blood donor clinics, the lab draws blood from volunteers and then sends the samples to the Red Cross for screening of AIDS, hepatitis (types A, B and non-AB) and other common diseases.

A list is then kept on hand of the volunteers in the area who are willing and able to donate blood should the need arise.

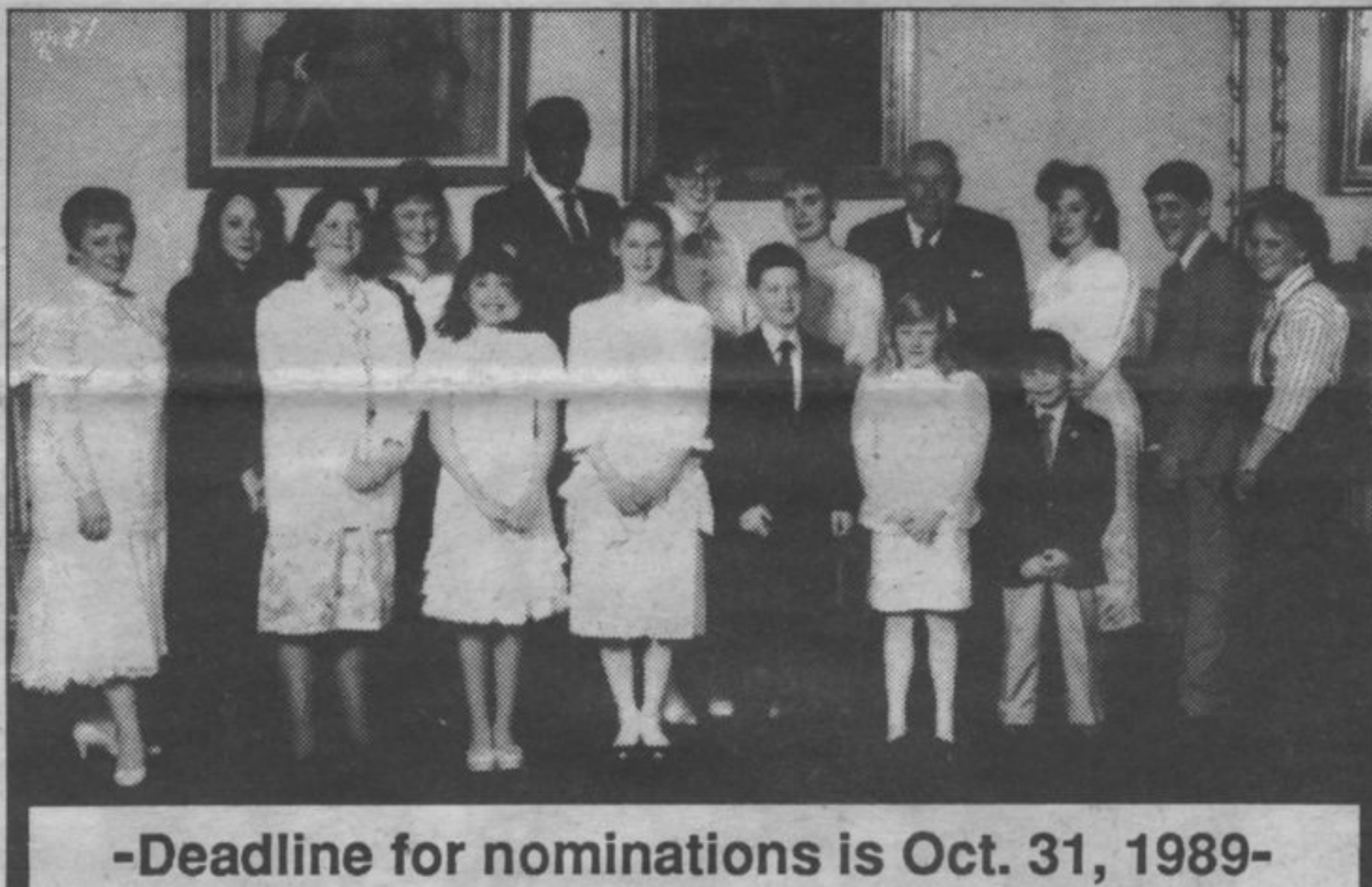
Lipowski said the lab always has a supply of blood from the Red Cross on hand, but this list is available for use in emergency situations.

Although most of the lab's work is behind the scenes, Lipowski said, "we do serve the public more than they realize."

Ontario Junior Citizen of the Year Awards Program



◆ Colleen Beattie, 13, of Pefferlaw who despite her own battle with leukemia has continued to contribute her time and efforts to school and community activities that benefit others.



-Deadline for nominations is Oct. 31, 1989-

One of the eleven individuals and one group of four, to receive the 1988 Ontario Junior Citizen of the Year award. The award recipients were either involved in worthwhile community service, able to overcome physical or psychological limitations or performed acts of heroism.

1989 NOMINATIONS ARE NOW BEING ACCEPTED

Ontario Junior Citizens are young people who show initiative, hard work and concern - young people who reach out to others and do more than is expected of someone their age.

a joint community project of

CONTACT THIS NEWSPAPER FOR DETAILS

NOMINATE A WORTHY YOUNG PERSON TODAY!

Every nominee receives a certificate and up to 12 individuals and one group will be the recipients of a plaque presented by the Lieutenant Governor of Ontario, \$200.00 and a family portrait with the Lieutenant Governor.

Anne's Notes

By Anne Todesco

The Schroeder family has taken up residence in Schreiber.

Mrs. Josephine Kenney is a patient in Terrace Bay hospital.

The trout diner sponsored by the Altar Society was successful again having sold both sittings, one at five the other at 8 p.m.

The menu consisted of lake trout, peas and carrots, potatoes, cole slaw, rolls, pickles and relishes, apple or lemon pies. con-

venors were the organizations executive.

The Rossport Inn has closed for the season.

An epidemic of chicken pox is amongst the children.

Guests of Mrs. Todesco last week were Mr. and Mrs. Dave Halliday of Dryden, Ont. Mr. and Mrs. Doug Luke, Terrace Bay, Mr. and Mrs. Bob Fournier of Schreiber, Mr. and Mrs. Oscar Sinclair of Boston, U.S.A.

Eugene Gerow has returned home from McCausland hospital.

Mr. and Mrs. Jack Campbell and Mrs. Gail Bain and Loranda were Thunder Bay visitors during the week.

Miss Anne Kennelly of Thunder Bay was a business visitor to the village regarding the senior citizens care.

Several fine specimens of moose are being hauled home from this area by some lucky hunters. It has been reported that birds are quite plentiful this fall.

The Oloaf Sundlands have returned from Toronto.

Mr. and Mrs. Dave Mushquash have returned from Thunder Bay where they were visiting friends.

Mrs. Laura Legault was a business visitor to Thunder Bay during the week.

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Not applicable on: food, tobacco, all-terrain vehicles, and snowmobiles, snowblowers, boats and motors, Estee Lauder and Shiseido cosmetics, customer services.

**THURS., FRI., SAT.,
OCT. 26, 27 & 28, 1989**

SCRATCH PUMPKIN WITH COIN AFTER CARD IS VALIDATED



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Hudson's Bay
NORTHERN STORES