

Schreiber recreation news

Aerobics

The Recreation Department is happy to announce that we now have two (2) qualified aerobic instructors; Brenda Figliomeni and Maria Speziale who are anxious to get the classes back into action.

We are now accepting registration for Hi-Lo Aerobics for the following sessions: Morning 10 to 11 a.m., afternoon 1:30 to 2:30 p.m. and evening from 7:30 to 8:30 p.m. Sessions will run only with sufficient participants. All classes will be held on Tuesday and Thursdays at the Recreation Centre beginning on Tuesday, November 7 and concluding on December 14.

Interest has also been shown in an "Over 40" Aerobic Program. If you would like to see this class run please contact the Recreation Office at 824-2317.

Gymnastics

The gymnastics program is all set to go! The program that is being offered will be held from November 13 until December 20 each Monday and Wednesday evening at the Terrace Bay High School Gym. Age groups and times are as follows: 5 & 6 years "Kindergym" from 6 to 6:45 p.m. 7 years and older 6:45 to 8:30

p.m. The age group of 7 and over will be divided up accordingly at a later date.

To register or for more information please contact the Recreation Office at 824-2317.

Childrens Dance & Adult Ballroom Dance

The Recreation Department has been in contact with Ms. Dolores Niskannen of Thunder Bay who is willing to run dance classes at the Recreation Centre. Childrens classes will be run on a weekly basis on weekends. The Adult Ballroom Dance will be a weekend workshop.

We are now accepting names for both these programs which will be finalized as soon as sufficient numbers are received. For more information or to register please contact the Recreation

Office at 824-2317.

Learn to Skate

We are accepting registrations for the Learn to Skate program which will again be held under the instruction of Anne Miler. Lessons will be held each Monday and Wednesday from 10 to 1 a.m. or 2 to 3 p.m. Classes will commence as soon as sufficient registration is received. Call now!

Mixed Volleyball & Badminton

Both of these sports are in full swing at the Schreiber High School and are run on a drop-in basis. Volleyball takes place each Tuesday evening between 7 and 9 p.m. Badminton runs Monday evenings from 7:30 to 9:30 Stop by the High School and join in on

the fun.

Future Programs

The Recreation Department would like to offer the following programs if registration is sufficient. Weight Training Techniques and Principles, First Aid, C.P.R., If you are interested in any of these programs please contact the Recreation Office at 824-2317.

Craft 'N Stuff Sale

The Recreation Department is pleased to offer this sale for the first time. We hope it will become an annual event. The sale is open to local craftsmakers and cottage industries. The doors will be open in the community hall of the Recreation Centre on Sunday, November 26 at 1 p.m. for the public to view all the exciting goods, just in time for your Xmas

shopping. Our concession booth will be open so you can stop by and browse, enjoy a cup of fresh coffee and something from the many bake tables that the local groups are setting up. Mark the date on your calendar!


Arena Season

The arena season is in full swing! Public Skating takes place each Friday evening from 7 to 9 p.m. and also on Saturday from 7 to 9 and Sundays from 1 to 3. For times of Shiny Hockey and Public Skate during the week please contact the Recreation Office.

The Recreation Department is looking for enthusiastic youths for part-time work during the winter months. Openings are available for ticket sellers, public skate referees and concession booth. If you are interested please stop by the Recreation Office to pick up an application.

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To look at Lorraine you'd never know she has a disability - but she does.

"I think people regard others who have a hidden disability as incapable of handling a job because they don't understand. It's hard to understand something you can't see."

Like over 937,000 adults in Ontario, Lorraine has a disability. She has one of

the many different kinds of hidden disabilities. But Lorraine doesn't let it stop her from leading a full life. She's an active member of her community, a wife and a mother of two children and she has a full-time job.

In fact, the biggest problem Lorraine has is not her epilepsy but the way people look at it. Now, if we judge Lorraine by something we can't see - perhaps we should take a closer look at ourselves.

For a poster write:
Ontario Office For Disabled Persons,
700 Bay Street, 16th Floor,
Toronto, Ontario M5G 1Z6

Do you have an open mind?

Office for Disabled Persons
Ontario
Shirley Collins, Minister
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