

Terrace Bay recreation news

Programs

Aerobics Programs

Happy Hoppers

Daytime - Lynn Pearen
 Dates: Nov. 6 to Dec. 15
 Days: Monday, Wed., Friday
 Time: 10 a.m. to 11 a.m.
 Deadline to register: Friday,
 November 3, 1989

Happy Hoppers

Nighttime - Lorraine Clark
 Dates: Nov. 6 to Dec. 14
 Days: Monday and Thursday
 Time: 7 p.m. to 8 p.m.

Deadline to register: Friday,
 November 3, 1989

Mixed Aerobics

Gwen Black
 Dates: Nov. 6 to Dec. 14
 Days: Monday and Thursdays
 Times: 6:30 p.m. to 7:30 p.m.
 Deadline to register: Friday,
 November 3, 1989

Taking Charge with Aerobics

Anna Fox
 Dates: Nov. 6 to Dec. 15
 Days: Monday, Wed., Friday

Time: 2 p.m. to 3 p.m.
 Deadline to register: Friday,
 November 3, 1989

Fitness for Men

Men interested in a training program, please call the Recreation Office at 825-3542 for more information.

Learn to Skate

This program is designed to teach the participant to skate forward, backward, stop and stand-up. To register call the Recreation Office at 825-3542.

Mom & Me

There are still spaces available in the morning program on Tuesdays. If you are interested in joining the Mom & Me program, please leave your name at the Recreation Office at 825-3542.

For more information on the programs available through the Recreation Department, or if you have any suggestions for future programs, please contact the Recreation Office at 825-3542.

Upcoming Events

Wed. Oct. 25 - Tourism Development - Board Room - 1 p.m.

Wed. Oct. 25 - Knitting - Multi Purpose Room - 7:00 p.m.

Wed. Oct. 25 - Waterfront Development - Conference Room - 4 p.m.

Thurs. Oct. 26 - Kids Krafts - Multi Purpose Room - 6 p.m.

Fri. Oct. 27 - Shooting Association - Conference Room - 7 p.m.

Sat. Oct. 28 - Emergency First Aid - Conference Rm. - 8:30 a.m.

Sat. Oct. 28 - Figure Skating - Multi Purpose Rm. - 8 a.m.

Sun. Oct. 29 - Emergency First Aid - Conference Rm. - 8:30 a.m.

Sun. Oct. 29 - Figure Skating - Multi Purpose Rm. - 8 a.m.

Recreational Gymnastics

Registration for the gymnastics program will be held on

Wednesday, November 1, 1989
 from 7:00 p.m. to 8:00 p.m.

at The Terrace Bay High School Gym

The 6 week program will begin on Monday, November 13th.

Mondays

6:00 p.m. to 6:45 p.m. Ages 4 to 6 (Kindergym)
 6:45 p.m. to 8:00 p.m. Ages 7 & up

Wednesdays

6:00 p.m. to 7:00 p.m. Ages 7 & up
 7:00 p.m. to 8:00 p.m. Ages 7 & up

The size and grouping of each Wednesday evening session will be determined shortly after registration.

For more information concerning the gymnastics program, contact:

Ron Larivee, Schreiber Recreation Office:
 824-2317

OR come out to registration night!
 Meet the coaches and volunteers!
 EVERYONE WELCOME!

Schreiber N.B.C. Hockey League Schedule

Exhibition

Wed. Oct. 25 9:30-11 p.m. Diesels vs Superiors

Regular Season Games

Sun. Oct. 29 9-10:30 p.m. Superiors vs Diesels
 Mon. Oct. 30 9:30-11 p.m. Sabres vs Superiors
 Wed. Nov. 1 9:30-11 p.m. Diesels vs Sabres
 Sun. Nov. 5 9-10:30 p.m. Sabres vs Diesels
 Mon. Nov. 6 9:30-11 p.m. Diesels vs Superiors
 Wed. Nov. 8 9:30-11 p.m. Superiors vs Sabres

The Terrace Bay Curling Club will be holding a

Curling Clinic

on Thursday, November 2, 1989 at 7:00 p.m.

Interested in learning new skills or improving old ones? Come and join us! Everyone is welcome and there is no charge!

When someone asks you what you did at the office today, tell them you helped save a life.

You could.

With a donation to the Canadian Liver Foundation.

Please.

Think about it.

Then give.



THE CANADIAN LIVER FOUNDATION
 1320 Yonge Street, Toronto, Ont. M4T 1X2

YOUR LIVER. IT'S MORE IMPORTANT THAN YOU THINK.

Clip-And-Save

Terrace Bay Memorial Arena 1989 - 1990 Ice Schedule

MONDAY

7:00 - 8:30 a.m. Figure Skating
 10:00 - 11:00 a.m. Learn to Skate
 11:00 - 12:00 noon PUBLIC SKATING Flood
 12:15 - 12:45 p.m. Figure Skating
 1:00 - 2:00 p.m. PUBLIC SKATING
 2:00 - 3:00 p.m. Learn to Skate Flood
 4:00 - 5:30 p.m. Figure Skating
 5:30 - 6:25 p.m. Minor Hockey Flood
 6:35 - 7:25 p.m. Minor Hockey Flood
 7:35 - 8:25 p.m. Minor Hockey Flood
 8:35 - 9:25 p.m. Minor Hockey Flood
 9:35 - 11:00 p.m. Oldtimers Flood

TUESDAY

7:00 - 8:30 a.m. Figure Skating
 10:30 - 12:00 noon Shifter's Recreational Hockey Flood
 12:15 - 12:45 p.m. Figure Skating
 1:00 - 2:00 p.m. PUBLIC SKATING Flood
 4:00 - 5:00 p.m. Figure Skating
 5:00 - 8:55 p.m. Ringette Floods as required
 9:05 - 10:30 p.m. No Body Contact Hockey Flood

TERRACE BAY MEMORIAL ARENA

WEDNESDAY

7:00 - 8:30 a.m. Figure Skating
 10:00 - 11:00 a.m. Learn to Skate
 11:00 - 12:00 noon PUBLIC SKATING Flood
 12:15 - 12:45 p.m. Figure Skating
 1:00 - 2:00 p.m. PUBLIC SKATING
 2:00 - 3:00 p.m. Learn to Skate Flood
 4:00 - 5:30 p.m. Figure Skating
 5:30 - 6:25 p.m. Minor Hockey Flood
 6:35 - 7:25 p.m. Minor Hockey Flood
 7:35 - 8:25 p.m. Minor Hockey Flood
 8:35 - 9:25 p.m. PUBLIC SKATING Flood
 9:35 - 11:00 p.m. No Body Contact Hockey Flood

THURSDAY

7:00 - 8:30 a.m. Figure Skating
 11:00 - 12:00 noon PUBLIC SKATING Flood
 12:15 - 12:45 p.m. Figure Skating
 1:00 - 2:00 p.m. PUBLIC SKATING
 2:30 - 3:30 p.m. St. Martin School Flood
 4:00 - 5:00 p.m. Figure Skating
 5:00 - 7:55 p.m. Ringette Floods as required
 8:05 - 8:55 p.m. Minor Hockey Flood
 9:05 - 9:55 p.m. Oldtimers Flood
 10:05 - 11:30 p.m. No Body Contact Hockey Flood

FRIDAY

8:00 - 12:00 noon Ice Maintenance
 12:15 - 12:45 p.m. Figure Skating
 1:00 - 2:00 p.m. PUBLIC SKATING Flood
 4:00 - 6:25 p.m. Figure Skating Flood
 6:35 - 7:25 p.m. Minor Hockey Flood
 7:35 - 8:25 p.m. PUBLIC SKATING Flood
 8:35 - 9:25 p.m. Ringette Flood
 9:35 - 11:00 p.m. No Body Contact Hockey Flood

SATURDAY

8:30 - 9:25 a.m. Minor Hockey Flood
 9:35 - 10:30 a.m. Minor Hockey
 10:30 - 11:25 a.m. Minor Hockey Flood
 11:35 - 12:25 p.m. Minor Hockey Flood
 12:35 - 1:25 p.m. Minor Hockey Flood
 1:35 - 3:30 p.m. PUBLIC SKATING Flood
 7:00 - 8:55 p.m. PUBLIC SKATING Flood
 9:05 - 10:30 p.m. Recreation Hockey Flood

SUNDAY

8:30 - 9:25 a.m. Minor Hockey Flood
 9:35 - 10:35 a.m. Minor Hockey Flood
 10:35 - 11:25 a.m. Minor Hockey Flood
 11:35 - 12:30 p.m. Minor Hockey Flood
 1:30 - 3:30 p.m. PUBLIC SKATING Flood
 4:00 - 5:30 p.m. Figure Skating Flood
 6:00 - 6:55 p.m. Minor Hockey Flood
 7:05 - 7:55 p.m. Minor Hockey Flood
 8:05 - 8:55 p.m. Adult Public Skating Flood
 9:05 - 10:30 p.m. No Body Contact Hockey Flood

1989 - 1990 Ice Schedule

CLIP-AND-SAVE