

Birth Announcement

CHRISTOPHER JAMES
 Born on September 23, 1989.
 Weighing 7 lbs. 9 ozs.
 Proud parents are Rene & Cheryl Theriault
 now living in Sault Ste. Marie.
 Proud grandparents are
 Leande and Blanche Theriault.

Thank you

I would like to thank everyone who contributed to the Bay and Spadoni's lists for my Bridal Shower. Thank you to all who came out, the servers, the ladies who worked in the kitchen and special thanks to Evelyn Thrower and those who helped her put on the shower. Your kindness will always be appreciated.
Judy Harvey (nee Godin)

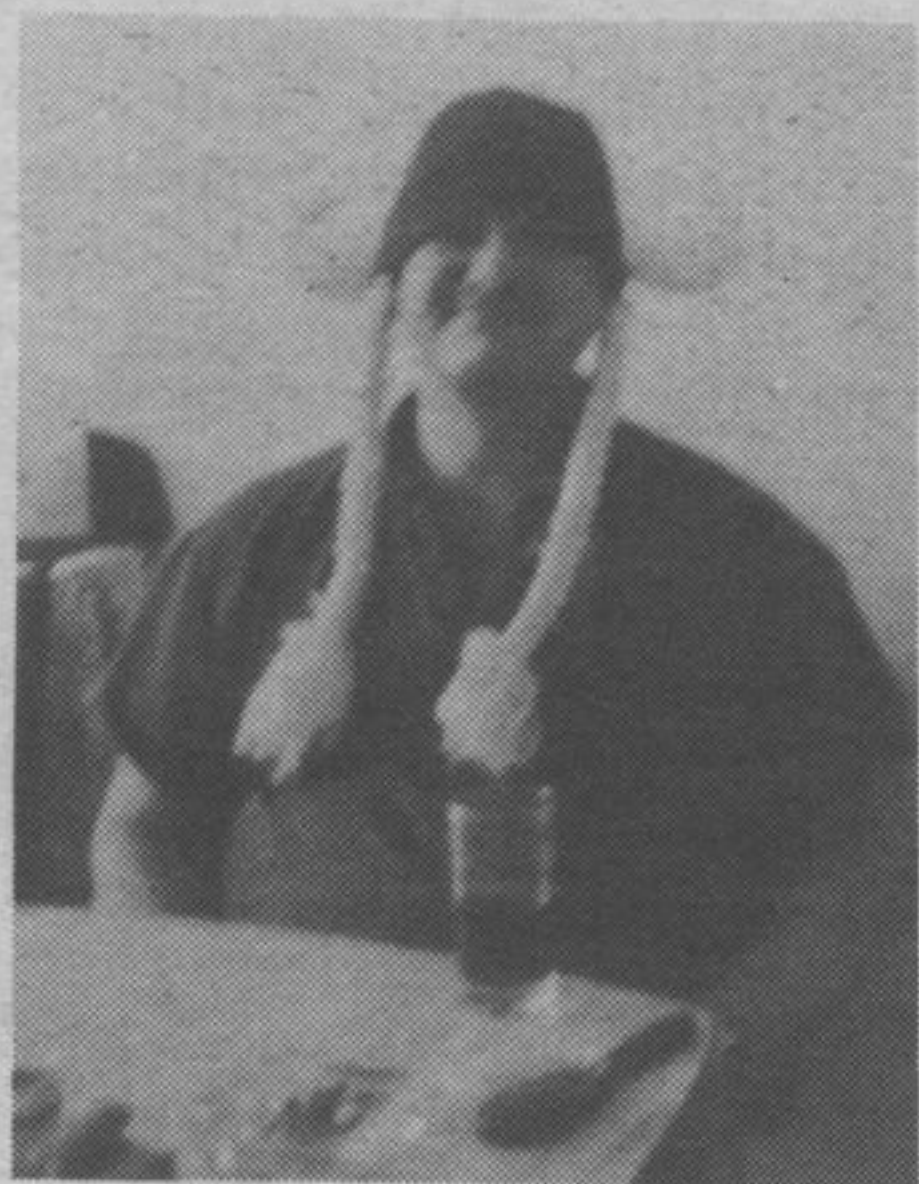
Thank you

Special thanks to the Happy Gang at the Drug Store for the fruit, candy and balloons. To the Canadian Legion for the fruit basket. The staff of the Nugget for the flowers and get well wishes. Special thanks to the nursing staff of McCausland Hospital and to Doctor Woldnik.

**My sincere thanks
 William Moon Sr.**

I wish to sincerely thank Drs. Siminovic and Geran, the nurses, nurses aides, the pleasant ladies who kept my room immaculate and all who brought me my meals when I was in the hospital. Many thanks also to all my friends and relatives who sent gifts, cards, flowers and baking. A very special thanks to my home care nurses and to Jack, Annie and Cathy. How fortunate I was to have such good care in the hospital and such wonderful relatives and friends who were so kind to me when I was ill.
Sincerely, Helen Stokes

**Happy
 30th
 Birthday
 VIKING**
 From
**Num-Num
 &
 Lickity Split**



Common seat belt myths dispelled

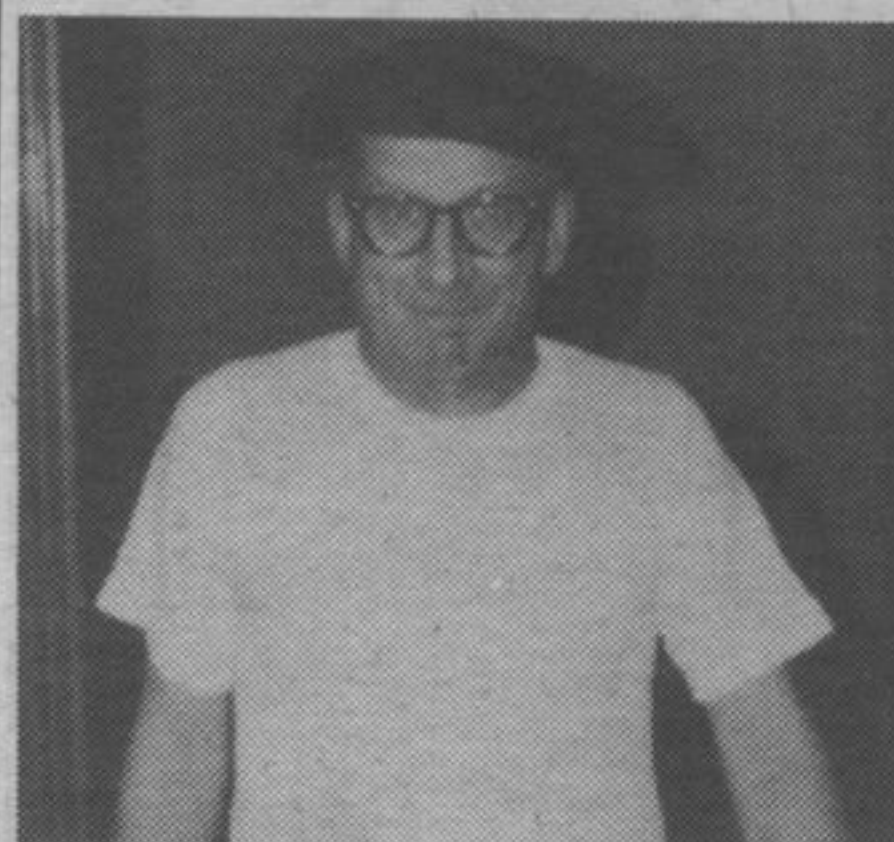


Even for short trips in town, it's safer to buckle up. It can also save you a \$53 fine. Photo by Dave Chmara

Lordy, Lordy Betty's "40"



**HAPPY
 65th
 To the
 Crazy Frenchman**



Love The Family

This week's article examines several common myths associated with seat belt use and the actual facts related to these myths.

By Dave Chmara

Many people think they can protect themselves in a collision but even in a low speed crash, an unbelted person hits the inside of the car with a force of several thousand pounds.

In a collision, front seat unbelted occupants can be thrown against the driver or through the windshield and back seat passengers can be tossed forward, striking or crushing those in the front seat.

It's a fact that seat belts keep the driver behind the wheel and in control of the car. Even pregnant women should always wear the lap and shoulder belt when riding in the car. It's important that the belt be worn properly.



but at any rate;
 we must celebrate
 the big "30"
 Happy Birthday
ILLS

Set the lap belt low so it pulls downward on the pelvic bones, not against the abdomen. Wear the seat belt assembly as snug as possible, without being uncomfortable. The shoulder belt, if adjustable, may be worn loose enough to allow an inch or two between the chest and the belt.

Myth: In a crash it is almost always safer to be thrown out of the car.

Fact: The chances of being fatally injured are almost 25 times greater if you're thrown from the car than if you are safely buckled in your seat. If you aren't wearing your safety belt you could be

- thrown through the windshield
- thrown into trees, rocks or other cars
- scraped along the ground or pavement
- run over by your own or another car.

Myth: The chances of being in an accident are slim.

Fact: Everyone can expect to be in a crash once every 10 years. For one out of 20 people it will be a serious crash. For one out of every 60 children born today it will be fatal.

Myth: If an individual chooses not to wear a safety belt that individual is only endangering his or her own safety.

Fact: If unbelted during a crash the vehicle occupant may be thrown into other adults or children. One out of every four

Continued on page 12

Ontario Motorist Protection Plan

For information about
Auto Insurance

TORONTO DIRECT DIAL
222-2886

TOLL-FREE OUTSIDE OF TORONTO
1-800-668-0128



Ministry of
 Financial
 Institutions

Murray
 Elston
 Minister

The Annual Meeting of the NORTH OF SUPERIOR PROGRAMS

Scheduled to be held in
 Nipigon, October 12, 1989

WILL TAKE PLACE IN

MARATHON, OCTOBER 12, 1989

PLACE: ZERO - 100 INN

TIME: 7:30 P.M.