

Terrace Bay - Schreiber

NEWS

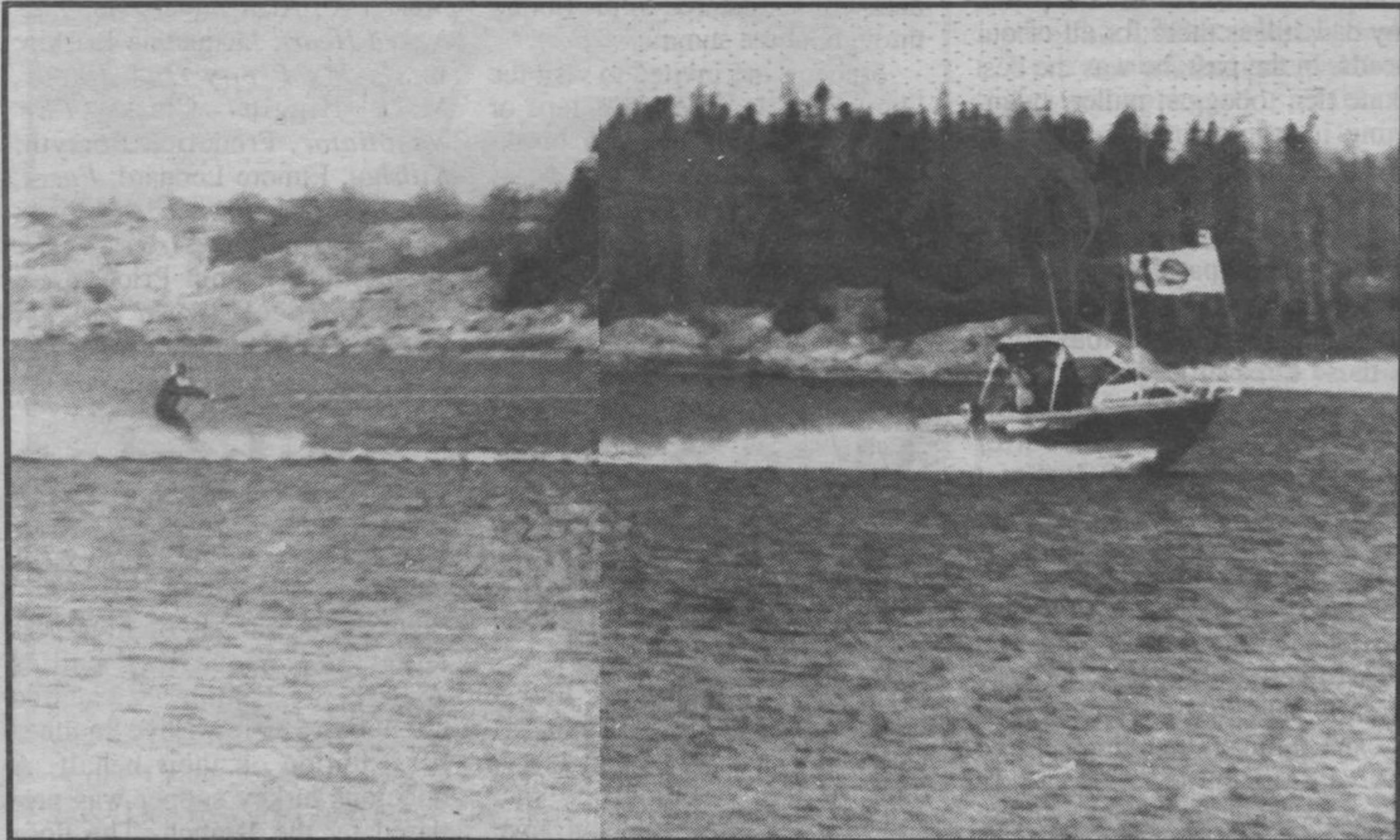
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Cold weather and three to four foot waves were two factors which caused Roy Teniuk to give up his ski across Lake Superior. Teniuk did say he is happy his effort was able to raise money for Muscular Dystrophy. Above, Teniuk completes the final leg of his trip from the Slate Islands. Photo by Paul Marcon

Cold, waves take toll on ski trip

By Dave Chmara

"The weather is as good as it will get" was what the weatherman told Roy Teniuk and his supporters. So with that in mind, at 9:20 a.m. Saturday, June 3, Teniuk left Copper Harbour, Michigan to attempt to cross Lake Superior.

Although the weather was over 60 degrees F and the lake was gently rolling when Teniuk left, he said, "shortly after we got going we ran into three to four foot waves. They took a big toll on us."

He tried using two skis as well as a single ski. "But there was no big difference in those

waves," said Teniuk.

Even though Teniuk was wearing a one-quarter inch thick, full body wetsuit, after a few falls into the chilly water he said it didn't work very well and eventually he became cold.

It was only a matter of time before the cramps started setting in and around 2:15 p.m., 70 km out of Terrace Bay, "we pulled the pin," said Teniuk.

He did decide, however, to ski from the Slate Islands into the Terrace Bay beach where an estimated 400 supporters had gathered to welcome him.

Continued on page 8

70-year-old crossing Canada for third time

By Dave Chmara

At the age of 62, Phil Latulippe decided to attempt a run across Canada - at that time it was a personal challenge.

He was successful and upon his return to Loretteville, Quebec (about 10 miles north of Quebec City), he discovered well wishers had donated \$60,000 towards his run.

Not knowing what to do with the money that had been raised, he consulted a lawyer who suggested he form a foundation.

Seeing as how 1981 was the Year of the Handicapped, and having been through World War II, Latulippe had seen friends return from the war disabled.

He decided to form the Fondation Phil Latulippe which gives assistance to the handicapped.

"I'll work for any charitable cause at all though," he said.

"We'll help those handicapped who are willing to help themselves through a physical fitness program," he said.

Latulippe, now 70-years-old, is attempting his third crossing of Canada and when he passed

through Schreiber and Terrace bay last Friday, June 9, he was two days ahead of schedule.

He began his run March 17, one day after his 70th birthday, and expects to arrive in Halifax on August 27.

Latulippe is an active man. Forget the fact he is 70-years-old. He probably is more physically active than most people half his age.

He competes in many long distance runs, endurance events and cross-country skis during the winter.

He holds the record for the longest run across Canada ever. Latulippe set that record in 1981 when he ran from St. John's Newfoundland to Port Hardy B.C.

Just last January, he set a record for his age group in a 48 hour run in Pensicola, Florida.

"The organizers there want me back next year so I can set another record," said Latulippe who will be in the 70 + age group next year.

Last year he also ran from Montreal to Quebec to raise money for the CNIB.

As Latulippe passed through

Terrace Bay and Schreiber, on the 70th day of his run, he had travelled 3,230 km on this run.

"If you have a cause you believe in and believe in strong enough it makes the hardship a little more enjoyable - if hardship can be enjoyable," he said.

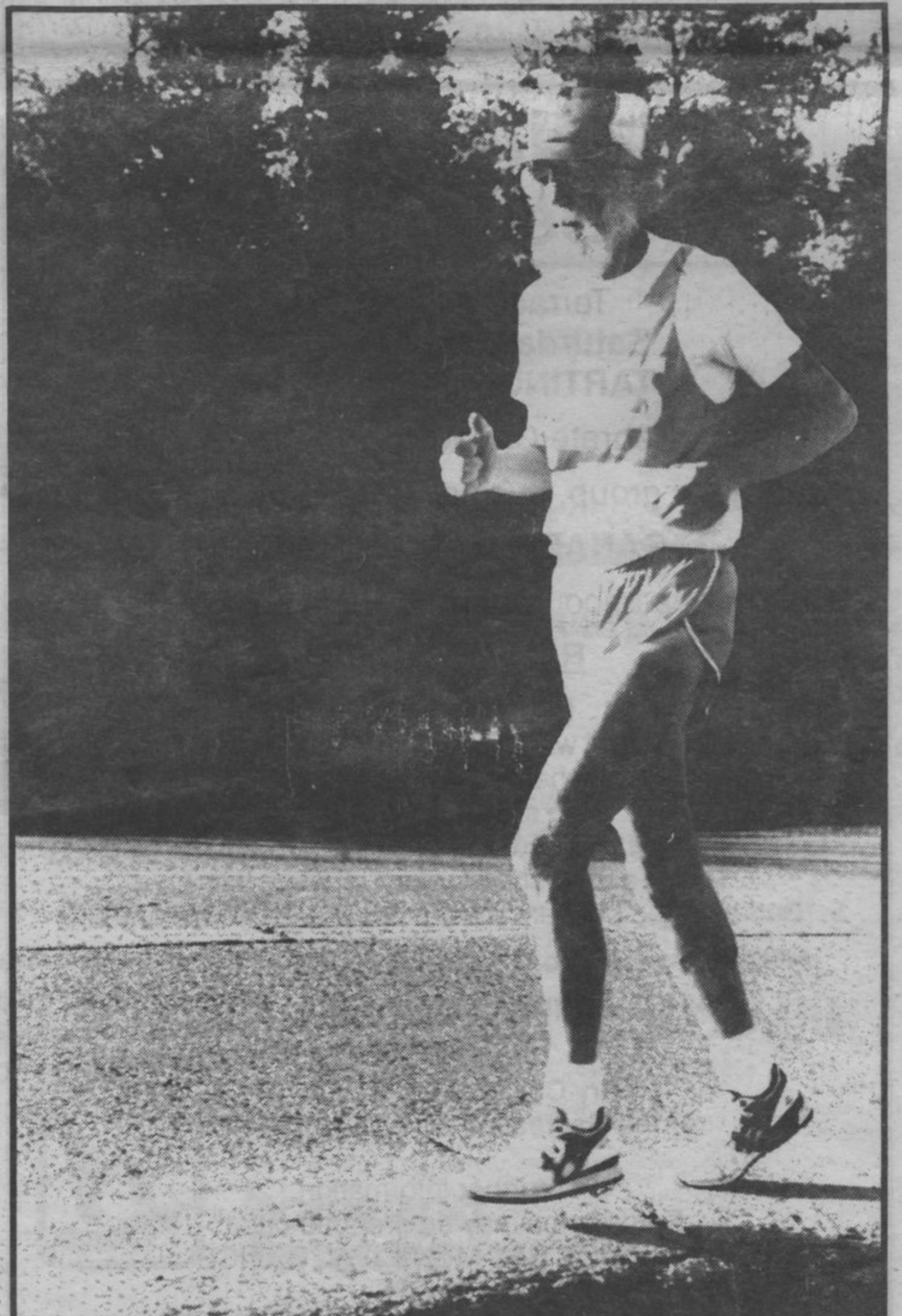
The Sri Chinmoy Peace Runners passed Latulippe on June 3 near Lac de Mille Lac by Upsala. They hand delivered a letter to Latulippe that a friend of his from Edmonton had given to the Peace Runners.

Latulippe is burning about 6,400 calories a day and eats five full meals everyday.

He prefers to have people send their donations to his foundations address (Casier Postal 445, Loretteville, Quebec, G2B 3W8) so he doesn't have to handle the money himself and also so people will get a receipt for tax purposes.

Latulippe is an easy man to talk with and has countless stories about his current and previous runs.

That's probably why one book has already been written about his endeavors and another one is in the works.



70 year old Phil Latulippe is running across Canada for the third time since 1981. He is trying to raise money for physical training for the disabled. He expects to finish his run August 27 in Halifax. Photo by Dave Chmara



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INSIDE THIS WEEK

Local Fishing
K.C. and MNR team
up to increase fishing
Page 3

Northern Developments
Student employment
questions answered
Page 9

Deteriorating Roads
A look at the funding
crisis facing Ontario
Page 11

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