

Terrace Bay recreation news

Taking Charge with Aerobics
There are still several openings in the afternoon exercise class. This program takes place on Mondays and Wednesdays from 2:00 to 3:00 p.m.. The class is designed to build strength, increase flexibility and improve cardio vascular fitness

with a low intensity/high duration aerobics workout.

Fitness for Fun
Exercise can be enjoyable when a participant registers for this exercise class which is held in the mornings three times a week. The

program consists of warm ups, non impact aerobics, body exercises, stretches and cool downs. The program takes place every Monday, Wednesday and Friday from 10:00 a.m. to 11:00 a.m..

For more information or to register please call the Recreation Office at 825-3542.

Happy Hoppers

There will be a continuing 4 week program of the evening Happy Hoppers.

This session will run from November 22nd to December 15th on Tuesday and Thursday evenings from 7:00 to 8:00 p.m. at the Public School Gym. Call the Terrace Bay Recreation Office at 825-3542 to register.

Broomball

Due to the lack of participants Broomball at the Terrace Bay Recreation Arena will be cancelled for the 1988/89 season.

Gymnastics

Anyone interested in organizing a gymnastics club or taking a gymnastic instructors course is asked to

contact the Schreiber Recreation Centre at 824-2317.

Adult Skating - Sunday Nights:

As a new winter activity for adults, the response has been increasing with every passing week.

Sunday Nights 8:00 to 9:00 p.m., "Mark it down, Don't forget!"

Take advantage of this recreational activity which was designed especially for Adults.

Upcoming Events

November 16 - Christmas Decorating - Conference Room - 7:00 p.m.

November 16 - Knitting - Multi Purpose Room - 7:00 p.m.

November 17 - N.B.C. Hockey - Conference Room - 7:30 p.m.

November 18 - Employment Canada - Multi Purpose Room - 10:30 a.m.

November 19 - Kids Krafts - Multi Purpose Room - 2:00 p.m.

November 20 - Navy League - Boardroom - 7:00 p.m.

November 20 - Figure Skating

Club - Multi Purpose Room - 3:00 p.m.

November 21 - FEDERAL ELECTIONS 9:00 a.m. - 10:00 p.m.

All Day - All Rooms Occupied
November 22 - Horticultural Society - Multi Purpose Room - 7:30 p.m.

November 22 - Community Development "Divorce and Bereavement Group" - Conference Room - 8:00 p.m.

Public Skating Schedule

Wednesday November 16 - 11:00 - 12:00 noon, 1:00 - 2:00 p.m. & 8:30 - 9:30 p.m.

Thursday November 17 - 11:00 - 12:00 noon & 1:00 - 2:00 p.m.

Friday November 18 - 1:00 - 2:00 p.m. & 7:30 - 8:30 p.m.

Saturday November 19 - 1:00 - 3:00 p.m. & 7:00 - 9:00 p.m.

Sunday November 20 - 2:00 - 4:00 p.m. & 8:00 - 9:00 p.m. (Adults Only)

Monday November 21 - 11:00 - 12:00 noon & 1:00 - 2:00 p.m.

Tuesday November 22 - 11:00 - 12:00 noon & 1:00 - 2:00 p.m.

**PUBLIC NOTICE
TO ALL SNOWMOBILE USERS**

The snowmobile season is approaching and we wish to emphasize the safety aspects of this sport.

Many roads in our area used by snowmobilers have gates or cable barriers which could result in injury or death to careless snowmobile operators and damage to their snowmobiles.

We wish to remind all those who might use roads in the area, of these potential hazards, and emphasize the need for care and common sense in snowmobiling.



KIMBERLY-CLARK OF CANADA LIMITED

**NOTICE PUBLIQUE
A TOUS LES MOTONEIGISTES**

La saison de motoneige approche et nous voulons vous avertir de porter attention à la sûreté de ce sport.

Beaucoup de chemins sur nos limites qui sont utilisés par des motoneigistes ont des barrières en bois ou en cables. Ces barrières peuvent résulter à des accidents et à des blessures mortelles à ceux qui sont négligents.

Tous ceux qui utilisent les chemins de la K-C sont priés de se servir de leur bon sens et de se tenir alerte envers ces dangers potentiels.



KIMBERLY-CLARK DU CANADA LIMITÉE

Schreiber Rec notes

Gymnastics

We are in need of interested parents that wish to see the resurrection of the recreational gymnastics club in Schreiber and Terrace Bay.

A technical clinic for coaches is being held in Thunder Bay in November. If you are interested in taking the coaching clinic, or in assisting in an executive position or in just helping out please contact the recreation office at 824-2317 as soon as possible.

Mixed Volleyball

The mixed Volleyball will commence on Tuesday, November 22 at 7:00 p.m. at the High School Gym. Anyone interested in an evening of fun and comradary should contact the recreation office or simply be at the gym on Tuesday night. Please note that you are asked to use the gym

entrance on the east side of the building facing the ball park and you must have a pair of running shoes.

Upcoming Events

November 25, 26, 27 - Midget Invitational Hockey Tournament.

December 2, 3, 4, - Novice Invitational Tournament.

December 17, 18 - North Shore Minor Hockey Action

Level I and II Theory Coaching Clinics

The recreation department is now accepting names of those interested in obtaining their Level I or II Theory Coaching Certification. The clinics will be scheduled for January and February respectively. All interested parties should leave their names at the recreation office.

Terrace Bay Library News

The new 3 month deposit collection of entertainment, children's cultural and educational videos has arrived at the library. During Ontario Public Library Week a bookmark contest was held for elementary school children. Prizes were presented to the 14 winners at the end of the week. The bookmarks will be printed for distribution throughout the year. The response to this contest was wonderful and the decision to choose a winner from each grade was difficult. A big thank you to all the children who designed bookmarks for the library and congratulations to the winners.

We now have foreign language books in Japanese, Chinese, Greek and Russian on deposit in the library for patrons who are interested.

NEW BOOKS: Cat's Eye-Margaret Atwood; The Lyre of Orpheus-Robertson Davies; Prime Time-Joan Collins; Gorillas in the Mist-Dian Fossey and many more including new cookbooks and craftbooks for Christmas gifts and decorations.

The children's Christmas films are in and you can reserve films and projector for the holidays by calling the library at 825-3819.

Schreiber N.B.C. Hockey League

Date	Time	Visitor vs Home
Wed., Nov. 2	9:00 - 10:30	Diesels vs Superiors
Sun., Nov. 6	8:00 - 9:30	Sabres vs Diesels
Mon., Nov. 7	10:30 - 12:00	Superiors vs Sabres
Wed., Nov. 9	9:00 - 10:30	Sabres vs Superiors
Sun., Nov. 13	10:30 - 12:00	Superiors vs Diesels
Mon., Nov. 14	9:00 - 10:30	Diesels vs Sabres
Wed., Nov. 16	10:30 - 12:00	Sabres vs Diesels
Sun., Nov. 20	10:30 - 12:00	Superiors vs Sabres
Mon., Nov. 21	9:00 - 10:30	Diesels vs Superiors
Wed., Nov. 23	10:30 - 12:00	Superiors vs Diesels
Sun., Nov. 27	9:00 - 10:30	Diesels vs Sabres
Mon., Nov. 28	10:30 - 12:00	Sabres vs Superiors
Wed., Nov. 30	10:30 - 12:00	Superiors Sabres
Sun., Dec. 4	9:00 - 10:30	Diesels vs Superiors
Mon., Dec. 5	10:30 - 12:00	Sabres vs Diesels
Wed., Dec. 7	10:30 - 12:00	Diesels vs Sabres
Sun., Dec. 11	9:00 - 10:30	Sabres vs Superiors
Mon., Dec. 12	10:30 - 12:00	Superiors vs Diesels
Wed., Dec. 14	10:30 - 12:00	Diesels vs Superiors
Sun., Dec. 18	9:00 - 10:30	Sabres vs Diesels
Mon., Dec. 19	10:30 - 12:00	Superiors vs Sabres
Wed., Dec. 21	10:30 - 12:00	Sabres vs Superiors
		Superiors vs Diesels
		Diesels vs Sabres

**Schreiber O.V. Sponsored
N.B.C.
Hockey League**

Superiors

P. Armstrong	G. Fummerton	L. Ross	B. Logan
D. Davis	R. Wilson	N. Prebushewski	R. Bouchard
J. Figliomeni	B. Kinney	B. Roen	J. Rowe
G. Phillips	R. Saarinen	J. Bull	A. Hamalainen
M. Gutta	C. Saarinen	R. Ellacott	M. Veneziano
J. Speziale	T. Speziale		

Diesels

S. Ross	P. Webb	G. MacKenzie	M. Miller
J. Martin	M. Lake	B. Godin	D. Legault
T. Vclanoff	J. Mykietyyn	B. McKenna	A. Courtemanche
Max Miller	I. Fummerton	S. Riley	M. Fecteau
D. Baker	B. Morgan	G. Solly	B. Hiller
J. White	D. James	F. Trichilo	P. Speziale

Sabres

L. McParland	D. Ross	C. Commisso	R. Morgan
Joe Figliomeni	A. Costa	C. Figliomeni	A. Ray
D. Spadoni	R. Parent	M. Houston	J. Speziale
T. Berthelot	F. Commisso	C. Filane	R. Veneziano
S. McGuire	Ray Bouchard	J. Bouchard	B. St. Jean
R. Kujala	J. Este	A. Lemieux	D. Bourgeois
C. Fischer	M. Figliomeni		

Schreiber's O.V. sponsored No Body Contact Hockey League is now under way and anyone interested in watching good hockey can do so free of charge every Sunday, Monday and Wednesday at the Schreiber Recreation Complex.