

Council Briefs

Terrace Bay

Jan. 11- Reeve George Ramsay and another councillor attended the Ministry of Municipal Affairs' Planning Issues Seminar on Jan. 21.

- Reeve Ramsay and Dave Fulton have been authorized to attend the Municipal Electric Association, 1988, Annual meeting in Toronto, from February 29th to March 1st, 1988, at the expense of Terrace Bay Hydro.

- the motion was passed that all members of council, the clerk-treasurer and the deputy clerk-treasurer attend the Thunder Bay District Municipal League, 1988, Annual Convention in Thunder Bay on March 4th and 5th at the expense of the municipality.

- Dave Smeltzer, of the Terrace Bay Police Force, attended the Crimestoppers Seminar in Thunder Bay on Jan. 16 at the expense of the municipality.

- Smeltzer is attending the Canadian Police College Drug Investigation Techniques Course from Feb. 1st to 12th at no cost to the municipality.

-Terrace Bay Police Chief Donald Kidder will attend the O.A.C.P. Zone 1 Meeting in Fort Frances on Feb. 17th and 18th at the expense of the municipality.

-Terrace Bay Fire Chief E. Stachiw will attend the Ontario Association of Fire Chiefs' Conference in Chatham, from May 1st to 5th at the expense of the municipality.

- the motion was passed that Cumming Cockburn Limited/Hope Consulting Group Inc., be hired as consultant to do the Terrace Bay waterfront study at a fee of \$40,000, conditional upon confirmation of funding from the Ministry of Northern Development and mines.

-the resignation of Margie Nickleson was accepted with regret, effective Jan. 8.

Jan. 25- council passed the motion to support the Township of Baldwin concerning provincial government funding of public beaches, picnic sites and public boat launch facilities.

- all members of council will attend the Ministry of Municipal Affairs' seminar in Thunder Bay on Feb. 13 at the expense of the municipality.

- Terrace Bay Council passed the motion to declare the week of April 11th to the 16th as Local Government Week in Terrace Bay.

- the township has sold its 1977 Galion grader to Pawleight Timbering Inc. for a sale price of \$10,500.

- the tender for the supply of gasoline to the municipality for the period of February 11 to December 31 was awarded to John's Texaco: regular leaded, 47.2; regular unleaded, 48.6; and super unleaded, 51.2.

- council approved the purchase of a gift for the New Year's baby to a maximum of \$75.

-Terrace Bay Fire Chief E. Stachiw will attend the Ontario Police College Fire Investigation Course, Level 11, in Aylmer, from November 14th to the 18th, 1988, at the expense of the municipality.

- council accepted the proposal of Bagdon's Limited for lease of the recreation centre restaurant, subject to negotiating a satisfactory lease agreement.

- council has requested that the Master Plan for the Thunder Bay District Homes for the Aged be placed on the agenda for discussion at the Thunder Bay District Municipal League Annual Conference and that all member municipalities be requested to refrain from voting on the Master Plan until after the annual conference is held.

- Police Chief D. Kidder is authorized to join the Canadian Association of Chiefs of Police at the expense of the municipality.

- the motion was passed that the Waterfront Development Study be expanded to include an engineering study of the mouth of the Agasabon River and one other potential marina site, with the cost of the study to be paid by the Ministry of Natural Resources.

- council approved in principle the undertaking of an urban expansion study in 1988 in conjunction with the Ministry of Municipal Affairs. (The minutes of the last Schreiber Township meeting were not available at this time).

Disciplining your children

Mental Health and You is provided as a service of the North of Superior Programs.

The purpose of these articles is to inform the community about mental health issues.

These articles will cover a variety of mental health issues.

If you would like to comment on this article or any of the other articles that have appeared, feel free to write to the *News* office, P.O. Box 579, Terrace Bay, Ontario, POT 2W0.

Any opinions expressed are not necessarily those of the management of the North of Superior Programs.

By Hadley Koltun

There are many questions and even more confusing answers on what is the best way to discipline a child.

Parents of all levels of experience, from newlyweds to grandparents, often feel unsure about how they would handle difficult situations with children. Even the experts have a hard time with their kids!

Parents have a large amount at stake. Their children are a reflection of themselves. At the same time, they may feel guilty and confused about discipline.

Parents often believe that some harsh discipline may cause psychological damage to the child. It is indeed normal for parents to feel this way and show they have real concern for their child's well-being.

However, aside from child abuse or neglect, most forms of discipline, in moderation, will not cause any undue harm to a child's well-being.

It seems most principles of discipline are derived from good old common sense.

Here are some common principles of good discipline:

1) Consistency in approach; 2) Structure and setting limits to child's (children's) behaviour; 3) Learning to make clear expectations and consequences; 4) Allow children to be responsible for their own behaviour; 5) Catch your children when they are good.

Let's go over each of these five principles.

1) Consistency in approach: your reaction to what your child has done, good or bad, should always (almost always) be the same.

Children need to know what is expected of them. Try to explain your decision to a child, but once given, be firm.

Establish routines with chores and meal times. Set rules that you can enforce as well.

However, it is important not to make your home like a boot camp. Most important, follow through on your routines and rules.

Without this, you will not be seen as consistent by your children.

2) Structure and set limits to your children's behaviour: children do not really know how far they can get with their behaviour and will often test their parents to see how far they can go.

In fact, many undesirable behaviours that children have are the result of kids pushing their behaviours to an extreme limit.

If a child knows where he/she must stop, they usually will not proceed any further.

3) Learn to make clear expectations and consequences: children who know what is expected of them and what will happen if they do or do not meet these expectations usually tend to be children who generally are well-behaved.

They know the rules and routines and what the rewards or consequences are for completing or not completing them.

Also, remember that children are people too and that many of their requests are reasonable.

Two-way communication between parents and children with some negotiation can go a long way in preserving family peace.

Have periodic 'family council' meetings to help this happen.

These meetings can be informal as chatting at the dinner table.

4) Allow children to take responsibility for their own behaviour: There is nothing wrong with deducting some money from a child's allowance to pay for damage he has done.

After all, that is the way it is done in the real world. This helps a child realize that he is responsible for what he is doing.

It is not a good idea to deprive a child of a basic need such as

food or love. This can only lead to neglect and may teach the child the wrong lesson.

5) Catch your child when he is behaving himself and reward him: children thrive on praise for good behaviour and it helps them to recognize themselves as worthwhile individuals.

Make a habit of criticizing the behaviour of a child but not the child himself (something like 'what you did was bad but you are a good person').

Children do catch onto this difference and it helps them to build their self-confidence.

Good discipline techniques go a long way in helping to provide for the well-being and growth of a child.

Take some time to discuss discipline with your spouse, family members and even your children.

Remember, your family physicians, teachers, clergy and other health professionals may be of some help.

Next time: Punishment with children.

Not your 12-hour shift on the farm

Down on the farm 'bout half past four,
I slip on my pants and sneak out the door.
Out in the yard I run like the dickens,
To milk ten cows and feed all the chickens.
Clean out the barn, curry Nancy and Jiggs,
Separate the cream, and slop all the pigs.
Work two hours, then eat like a Turk,
And by heck I am ready for a full days work.
Then I grease the wagon and put on the rack.
Throw a jug of water in an old grain sack,
Hitch up the horses, hustle down the lane,
Must get the hay in, for it looks like rain.
Look over yonder! Sure as I'm born,
Cattle on the rampage and cows in the corn.
Start across the medder, run a mile or two.
Heaving like I'm wind-broke, get wet clear through.
Get back to the horses, then for recompense.
Nancy gets-a-straddle of the barbed-wire fence.
Joints all a-aching and muscles in a jerk,
I'm fit as a fiddle for a dull days work.
Work all summer til winter is nigh,
The figure up the books and heave a big sigh.
Worked all year, didn't make a thing,
Got less cash now than I had in the spring.
Now some folks tell us there ain't no hell.
But they never farmed, so they can't tell.
When spring rolls 'round, I'll take another chance
While the fringe grows longer on my old grey pants,
Give my s'penders a hitch, my belt another jerk,
And by heck I'm ready for another years work.

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