

# Terrace Bay Recreation Department News

## Apology Extended

We wish to apologize to E.W. Paget-Barrister, for unintentionally omitting his name from the list of businesses who financially assisted the North Shore Directors' Atom Hockey Jamboree. Our apologies Ted.

Curtis Desrosiers made the donation to the Atom Jamboree, not Dave Desrosiers & Sons, as indicated in a previous ad. Our apologies Curtis.

## National Coaching Certification Level 1- Theory Coaching Clinic

The Terrace Bay Recreation Department will be sponsoring a Level 1 Theory Coaching Clinic on February 12th, 13th and 14th, 1988.

The N.C.C.P. is the 'coaching of coaches' program. It is an educational learning program for coaches and is designed to make the reward of coaching that much better.

The more the coaches get out of coaching the more their athletes will get out of their sport.

This 14-hour program will be held at the recreation centre in Terrace Bay. If you wish to register please contact the office at 3542.

## Dance for Heart

Once again, the Heart and Stroke Foundation will be presenting a Dance for Heart Program in Terrace Bay.

This is a one-evening event where the participants recruit sponsors to donate towards their endeavor of doing an aerobic three-hour program.

The participants are awarded prizes for the monies collected for the Heart and Stroke Foundation.

Watch future issues of the

Terrace Bay/Schreiber News for more details.

## Cross-country skiing

There are openings for registration in these programs for those who wish to learn how to care for their cross-country skis and to also learn the basic instruction on skiing.

Youth (aged 7-12 years) will have their instruction on February 20; the adult program will take place on February 21.

## Introduction to Interior Design I

This program is designed to increase individual awareness of colour scheming and space planning.

Participants will do a Work Up based on their individual needs utilizing floor plans, templates and samples which will be provided by the instructor.

We still have room for registration. We must have a minimum of 18 registrations. Date and times will be forthcoming.

## Teen Makeup

The program has been rescheduled for Feb. 10, 17 and 24 and names are still being accepted.

Teens will be instructed in the proper skin care and makeup pro-

cedures.

## Mixed Squash Clinic

This program is designed for the beginner squash enthusiast. An excellent clinic will be held the first weekend of March with a mini tournament for those involved in the program scheduled for the end of the month.

## Decorative Tole Painting

We are taking names for a program which will introduce the beginner to the art of Tole Painting.

This art can be transferred onto a wide variety of surfaces, i.e., fabric, paper, tin, etc.

The program will be scheduled for late spring.

**Calling all those involved in Terrace Bay Recreation Aerobics Programs- commencing the week of Feb. 1, we will be taking names for the next sessions of aerobics.**

## Public Skating Times

Wednesday, January 27- 1-2 p.m.-8:30-9:30 p.m.

Thursday, January 28- 11 a.m.-noon- 1-2 p.m.

Friday, January 29- 1-2 p.m.

Saturday, January 30- 8-9 p.m.

Sunday, January 31- 4:30-5:30

p.m.

Monday, February 1- 11 a.m.-noon- 1-2 p.m.

Tuesday, February 2- 11 a.m.-noon.

**Is your group or organization looking for ways to raise money?**

The Community Development Office has kits available to help groups to start their fundraising.

These kits can be picked up at the Schreiber office at 302 Scotia Street or you may phone the Community Development office at 824-2867 to have the kits mailed to you or for more information.

## 1988 Memberships

New residents to the community are informed that they must have a valid recreation membership in order to take part in the following programs:

Curling, Minor Hockey, Adult Hockey, Figure Skating, Bowling Leagues, Ringette, Broomball, Swim Lessons, Baseball and Softball League and Tennis.

## Eat Well For Less

This one-day session of Eat Well for Less will be an introduction to cooking delicious and nutritious meals at an economic price.

A film will be shown on the preparation of natural foods such as grains, beans, tofu and bread.

Food combining and complementary proteins will be discussed. Samples will be given. Program takes place on March 5th, 10 a.m. to 4 p.m.

## Flower Arranging

Eleanor will be conducting a Flower Arranging course where the participant will be introduced to the basic design of flower arranging.

Round, triangular and one-sided design in the theme of Spring will be taught.

This program is scheduled to commence on Wednesday from 7-9 p.m. beginning on March 2nd.

## Kids' Krafts

There are several more openings available in this most-popular program.

Donna has an excellent program to interest children ages six years to 12 years.

The program is scheduled to commence on Feb. 9 every Tuesday evening from 6:30-8:30 p.m.



# FREE

## FINANCIAL PLANNING SEMINAR

Learn the most and earn the most as Canada's leading financial planning organization, Tilcan Financial Corporation, conducts the second in a series of seminar/workshops in TERRACE BAY.

### Seminar topics include:

- options available to minimize tax in 1987.
- How to obtain superior returns on your R.R.S.P.
- Should you use a spousal R.R.S.P?
- Tax free capital gains
- Annuities: are they the best option?

**PLUS: How Tax Reform will affect you and your income taxes.**

**Monday, February 2, 1988**

**( Choose the time more convenient to you )**

**Afternoon session: 1:30 pm**

**Evening session: 7:30 pm**

**at**

**TERRACE BAY RECREATION CENTRE**

**( Limited seating )**

**For reservations, please call: 825-3542.**

**Sponsored by: TEMPLETON INTERNATIONAL**



**Dynamic Group of Funds**

## Obituary

### McCuaig

Inez Muriel McCuaig, (nee McGregor)

Peacefully at McCausland Hospital, Terrace Bay on January 18, 1988 the day after her 86th birthday. Widow of Lester Robert McCuaig. Beloved mother of Alec, Sherlee, Chal and Jilien; grandmother of Ralph Lester McCuaig and James S. McCuaig, Katie Blom, Donald Lester McCuaig, Christina Inez Dick, and D'arcy Hollis; great grandmother of Melissa Blom, Zachary Lester Blom, and Cory Burke Hollis. Born in Schreiber and a life long resident, Inez was a long time correspondent for the Thunder Bay newspapers. She served on the municipal council and was active in several voluntary services. A piano teacher, she played the organ in several of the churches in Schreiber and also played for dances and entertainments. Funeral was from St. Andrew's Church, Schreiber, on Saturday, January 23, 1988 at 2 p.m. In lieu of flowers, donations to the McCausland Hospital Fund, Terrace Bay would be appreciated.