

# The Rosspport report from Anne Todesco

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another sign on her property.

## Annual bazaar and tea

Final plans were discussed and made for the Roman Catholic Altar Society at Selim Siding when the members met at Mrs. Don Beno's home for the November meeting Thursday evening.

Mrs. Prina Gerow chaired the meeting and led in the opening and closing prayers.

The minutes and financial report were moved from adoption. An excellent report on the annual fall fish supper was presented by Mrs. Gerow.

Mrs. Diane Adey, a representative of the Parish Council, was present.

She joined the Altar Society group and was welcomed by Mrs. Gerow.

The annual bazaar will be held Dec. 5 (Sat.) in the Rosspport Community Hall from 2-4 p.m.

Convenors for the event are

Mrs. Laura Legault and Miss Beverly Legault.

There will be a bazaar and novelty booth, bake table, white elephant table, raffles, and a door prize will be offered.

Tea and pastries will be served with admission; adults, \$1.75 and children 10 years and under .75.

The next meeting will be at Mrs. Freda Gerow's home with an exchange of Christmas gifts. The hostess, Pat, served coffee and lunch.

Miss Beverly Legault has arrived home from Neenah, Wis., USA.

Eugene and Prina Gerow are back from a holiday in Sudbury.

The Mom and Me bake sale held in the community hall recently was a success. Convened by Colleen Kenney.

Mrs. Emma Molinski is a patient in Port Arthur General Hospital.

Mr. and Mrs. Ray Kenney

have left to spend the winter at Brownsville, Texas.

Mrs. Lynn McGrath has arrived home with her son Mark Joseph from McCausland Hospital, a baby brother for Michel.

Another net shed, formerly owned by Oscar Anderson at one time, has been torn down from the waterfront.

Oscar and John Strum, deckhands on the Tug Esther Anderson, had accommodation at one end of this net shed.

When the fishing season closed, the tug was always pulled out of the water onto a crib round the point of Nicol Island (south end).

Mr. and Mrs. Lester Legault motored to Thunder Bay on the weekend.

Bill Hubelit is a patient in McCausland Hospital.

Mrs. Dave Mushquash has

returned from a holiday with her son Peter at Sioux Lookout and daughter Della at Dryden.



## NOTICE

The next General Meeting of Royal Canadian Legion

Terrace Bay Branch 223 will

be held on SUNDAY, DECEMBER 13, 1987 at 8 p.m. Election of Officers will be held at this time.

**ALL VOTING MEMBERS  
ARE URGED TO ATTEND**

## Permits no longer needed for public to use Kimberly-Clark roads

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### Don't need permit

So in summary, if you are, as a citizen, planning to drive to Longlac or Geraldton on the mill roads, remember the conditions.

Firstly, you do not have to get a

permit from Kimberly-Clark.

You cannot drive on the Catlonite Road to Longlac, from Mile 14.5 to Mile 45, from Monday to Friday during the truck-haul periods.

But you can drive the Wintering Road at all times.

Signs have been posted for the convenience of the travelling public.

## Can your group benefits program be more easily administered? Ask Bob Lenardon, or your agent.



## BLUE CROSS



Suite 707, 34 Cumberland St. N. Thunder Bay, Ontario P7A 4L3 (807) 345-5451

## TERRACE BAY RECREATION DEPARTMENT WINTER & SPRING PROGRAMS 1987 - 1988

The Terrace Bay Recreation Department wishes to present the following programs to the community. For further information on any of these programs please contact the Recreation Department at 825-3542. Registration is limited on some programs, we advise you to register early.

### AEROBICS:

An eight week Intermediate to Advanced Exercise class. Students must be physically fit. The program contains Dance and Toning sections with the use of arm and leg weights. Starting Date: JANUARY 4th - Cost \$24.00

### NON IMPACT AEROBICS:

An eight week fitness class for all ages and all fitness levels. Easy, no-jump aerobics section. Floor work will be included. Good shoes are necessary. Starting Date: JANUARY 4th - Cost: \$24.00

### FITNESS FOR FUN:

This eight week morning exercise class can be really enjoyable. The program consists of warm-ups, non impact aerobics, stretches and cool-downs Starting Date January 4th - Cost: \$36.00

### TAKING CHARGE WITH AEROBICS:

This six week program is designed to build strength, develop flexibility and increase cardiovascular endurance with moderate progressive Aerobics. A class for varied age and fitness levels. Be sure to wear good shoes, comfortable clothing and a smile for this afternoon exercise program. Starting Date: JANUARY 4th - Cost: \$18.00

### OVER 40 HOPPERS:

This six week evening class will be geared for those who wish to exercise at a more leisurely pace. The class is suitable for pregnant women as with the emphasis on strengthening, toning and relaxing the body. Starting Date: JANUARY 5th - Cost: \$18.00

### OVER 50 HOPPERS:

This six week morning exercise class is an exciting program for all those who would like to attend a more leisurely paced exercise class. The program is open to male and females and is an excellent program for pregnant women to help keep them in shape. Starting Date: JANUARY 4th - Cost: \$27.00

### TAE KWON DO:

The Recreation Department with the assistance of Joe Thippawong will once again be presenting a ten week program of the Martial Art of Tae Kwon Do. Joe is a fully qualified (Black Belt) instructor with innumerable credits to his qualifi-

cations. Starting Date: JANUARY 12th - \$20.00

### MIXED SQUASH CLINIC AND TOURNAMENT:

This program is designed for the beginner Squash enthusiast. An excellent clinic will be held the first weekend of the month with a mini tournament for those involved in the program scheduled for the end of the month. Starting Date: MARCH 5th - One day only - Cost: \$8.00

### MIXED RACQUETBALL CLINIC AND TOURNAMENT:

This program is designed for the beginner Racquetball enthusiast. An excellent Clinic will be held the first two Saturdays of the month with a mini Tournament for those involved in the program scheduled for the end of the month. Starting Date: JANUARY 9th - Cost: \$8.00

### CROSS COUNTRY SKIING:

One of the best outdoor forms of Recreation in the Northern Winters is Cross Country Skiing. Are you in the know about how to care for your skis? Why not take this one day program and learn the proper techniques of care and waxing of Cross Country Skis. Starting Date: FEBRUARY 21st - Cost: \$5.00

### YOUTH PROGRAMS

#### BABYSITTING:

This program is designed to provide training for baby sitters in child care, child behaviour and safety and to outline the obligations and rights of babysitters and employers. The class is open to boys and girls ages 10 and over. Starting Date: FEBRUARY 1st - Cost: \$12.00

#### EMBROIDERY FOR YOUTH:

This four week program is a basic needlework course designed to teach the participant several embroidery stitches. samplers as well as a finished article will be achieved. Open to ages 9 to 16 years. Starting Date: JANUARY 16TH. - \$17.50

#### KIDS KRAFTS:

Activities such as weaving, printing, and clay work are a few of the fascinating crafts that will be taught during this program. special crafts will be made for the Valentine or Easter Season. This course is very popular and keeps the children fascinated week after week, so be sure to register early. Open to ages 6 to 12 years. Starting Date: FEBRUARY 9th - Cost: \$18.00

#### SKIN CARE & MAKEUP TECHNIQUES:

This three week program will be open to Teens ages 12 to 16 years. The participant will be taught the proper techniques of cleansing and taking care of their skin. The basic techniques of applying makeup will also be taught. Starting

Date: JANUARY 13th - Cost: \$9.00

#### LEARN TO SKATE: (Morning and Afternoon Sessions)

the children enrolled in this course will be instructed in the basic techniques of skating, and movement on skates. Participants must be able to stand up on their skates. Starting Date: JANUARY 11th - Cost: \$18.00

#### CROSS COUNTRY SKIING: (YOUTH)

Basic care and waxing techniques for Cross Country Skis will be taught to youth between the ages of 7 to 12 years. this is an enjoyable sport in which all ages can participate. Starting Date: FEBRUARY 20th (one day only) - Cost: \$5.00

#### SPECIAL INTEREST PROGRAMS

##### CERAMICS:

Participants will work at their leisure on any given article of their choice under the supervision of the instructor. this is a ten week program. Starting Date: JANUARY 26th - Cost: \$20.00

##### FLOWER ARRANGING:

This seven week program will introduce the participant to the basic design of flower arranging. round, triangular and one sided designs will be taught. Starting Date: MARCH 2nd - Cost: \$18.00 plus supplies

##### EAT WELL FOR LESS:

This one day session of Eat Well for Less will be an introduction to cooking delicious and nutritious meals at an economic price. A film will be shown on the preparation of natural foods such as grains, beans, tofu and bread. Food combining and complimentary proteins will be discussed. Samples will be given. Starting Date: MARCH 5th (one day only) - Cost: \$9.00

##### MAKEUP:

Michelle will guide the participants through the basic steps of proper cleansing and care of their particular type of skin. Various techniques of applying makeup will also be shown to the participants. Three sessions Starting Date: FEBRUARY 10th - Cost: \$9.00

##### KNITTING:

This ten week program is open to the beginner and the more advanced knitter. Beginners will learn the basic stitches of knitting, how to cast on and off of stitches, purl and plain knitting, also increase and decrease know how will be taught. The more advanced knitter will learn how to read a pattern and master the cable stitch and work with colours. Fairisle and ROUND knitting will be shown. Starting Date: JANUARY 20th - Cost: \$30.00

##### OIL PAINTING:

This ten week program will be an introduction to the fundamentals of oil painting, including material and equipment required, landscape painting techniques, landscape composition, and painting the seasons. Approaches to specific problems in landscape painting such as trees, sky, clouds, rocks will be demonstrated and practiced. Intermediate painters are more than welcome to participate. Supplies can be bought from the instructor. Starting Date: FEBRUARY 3rd - Cost: \$45.00 plus supplies

##### PEN & INK SKETCHING:

This ten week program is an interesting course in rendering with Pen and Ink. the course will include; the techniques of shading; introductory perceptive; drawing plants; rocks and water and drawing people. Supplies can be bought from the instructor. Starting Date: FEBRUARY 11th - Cost: \$45.00 plus supplies

##### INTRODUCTION TO INTERIOR DESIGN 1:

This six hour program will be an introduction to expanding consumer awareness and is designed to increase individual awareness of colour scheming and space planning. Participants will do a work-up based on their individual needs utilizing floor plans, templates and samples which will be provided by the instructor. Participants will learn the subject of Wallcoverings, paint Finishes, Window Treatments and Floor Plans.

ALL THE ABOVE MENTIONED PROGRAMS WILL TAKE PLACE DEPENDING UPON SUFFICIENT REGISTRATION.

##### DECORATIVE TOLE PAINTING:

Add a decorative touch to your home by participating in this program and learn the art of Tole Painting. This art can be transferred onto a wide variety of surfaces i.e. wool, fabric, paper, and tin.