

Terrace Bay Recreation Department

Programs

The second session of the fall programs will be commencing in the near future.

We still have openings in the following programs.

Aerobics (with Gwen)

Beginning on Nov. 16 and concluding on Dec. 17, this will be a five-week program.

Call the recreation office for reservations in this fast-paced aerobics program.

Taking charge with aerobics

(with Lynn)

Are you interested in a non-impact exercise class which is held in the afternoons on Monday, and Wednesday from 2-3 p.m?

Here is the class for you. We have the facilities available for your babysitter if you would like to bring the children and provide a babysitter.

Learn to skate

We have secured the Figure Skating Club Professional as an

instructor for the Learn to Skate Program.

This six-week program is slated to commence on Nov. 9 and there are still several openings in the morning and afternoon sessions.

Give the office a call if you wish to register your three to five year-olds who can already stand up on their skates.

Attention: Smurf Club Bowling

Open to children ages two to five years-old. Sundays from 1-2 p.m. starting Nov. 7.

Contact persons are Shelley, 825-9161, or Lea, 825-9471. Minimum of 10 children. Registration is now being accepted at the recreation office.

Upcoming events

Oct. 29- Terrace Bay Bowling Executive- multi-purpose room.

Nov. 1- Paper Tole (advanced)- multi-purpose room.

Nov. 3- I.B.E.W.- board room; Snowmobile Cub- conference room; kids' kraits- multi-purpose room.

Mixed Broomball

Anyone interested in playing mixed broomball may register by calling the office at 3542. You must have a recreation membership.

Non-impact Aerobics

The second session of this fitness class will begin on Nov. 2 and run until Dec. 17 (7 weeks) at St. Martin School. It will be on Mondays from 6:30-7:30 p.m. and Thursdays from 7:30-8:30 p.m. Now is the time to register as there is limited registration accepted.

Fitness for Fun

The next session of Lynn's exercise class will begin on Nov. 2 and run until Dec. 11 (six weeks). It will be on Monday, Wednesday and Fridays from 10-11 a.m. There is only one more week to register, so call the office today at 3542.

Over-40 Hoppers

We would like to inform the community that this program is open to males or females who wish to exercise at a more-leisurely pace.

It is a very low-impact exercise program mainly geared to strengthen, tone and relax the body. The program is held at the public school on Tuesdays and Thursdays from 7:30-8:30 p.m. Come one, come all and join in the fun.

Teen Aerobics

The next session of Louise's Teen Aerobics class is due to begin on Nov. 3 and run to Dec. 10. This program is open to boys and girls aged 13 years and up.

The program is held at the recreation centre on Tuesday and Thursday afternoons from 4-5 p.m.

Taking charge with aerobics

We are calling on all ladies who would like to participate in an afternoon low-impact aerobics program. Facility use could be provided if the ladies would like to bring their children and provide their own babysitter.

The program would commence on Nov. 9 and finish on Dec. 16; Monday and Wednesday afternoons from 2:30-3:30 p.m.

Open Bowling

We wish to inform the commu-

nity of the Open Bowling times at the centre. They are as follows:

Wednesday- 6-8- p.m.; Sunday- 2-5 p.m.

Public Skating

Public Skating times for the week of Oct. 28 to Nov. 4. are as follows:

Wednesday- 1-2 p.m.; 8:30-9:30 p.m.; Thursday- 11-noon, and 1-2 p.m.; Friday- 1-2 p.m.; Saturday- to be announced; Sunday- to be announced; Monday- 11-noon, and 1-2 p.m.; Tuesday- 11-noon, and 1-2 p.m.; and Wednesday- 1-2 p.m. and 8:30-9:30 p.m.

Women's Volleyball

There will be a Women's Volleyball program presented on Tuesday evenings from 8-9 p.m. at St. Martin School. The contact person is Judy Joubert at 825-9295.

Mixed Badminton

Anyone interested in coming out to play Badminton can go to the Terrace Bay High School on Tuesday from 7:30-10 p.m. and Thursday from 7-10:30 p.m.

The contact persons are Jim Corrigan- 825-3680, Kirk Fisher- 825-9105, and Art Beaulieu- 825-3320.

Seniors' Bowling

Calling all seniors! We want to let you know that Seniors' Bowling has been moved to Wednesday afternoons at 1 p.m. Come one, come all and join the fun.

Over-50 Hoppers

The next session of this class will begin on Nov. 2 and run until Dec. 11 (six weeks). It will be on Monday, Wednesday and Friday from 10-11 a.m.

Recreational Hockey

Anyone interested in playing recreational hockey can come to the arena on Saturdays from 9-10:30 p.m. or contact Chris Joubert at 825-9295.

Call the recreation office at 3542 if you wish to register for any of the above programs.

Hunter's Quiz

1. Will blaze orange hunting clothes spook big game animals?
2. Does the colour of hunting clothes reduce hunting success with mammals?
3. What is the best colour to wear when hunting?
4. Hunters wearing the equivalent of a blaze orange hat and vest can reduce hunting accidents by?
 - 10 per cent?
 - 25 per cent?
 - 50 per cent?
 - 75 per cent?
 - 100 per cent?

Answers

1. No. Movement, noise and smell will spook big game. Blaze orange only becomes another of the greys in the forest.
2. No. In areas where blaze orange was made mandatory, the hunting harvest has remained the same and even increased in some.
3. Blaze Orange, because it is the most-easily seen and recognized unnatural colour against a natural background under all light conditions.
4. 75 per cent.



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NOTICE

VOLUNTEER REQUIRED

FOR APPOINTMENT TO THE BOARD OF DIRECTORS OF THE NORTH SHORE FAMILY RESOURCE CENTRE.

TERRACE BAY TOWNSHIP COUNCIL IS SEEKING A VOLUNTEER TO BE APPOINT-

ED TO THE BOARD OF DIRECTORS OF THE NORTH SHORE FAMILY RESOURCE CENTRE.

Located in Marathon, and serving North Shore Communities. The Centre has the mandate to provide a safe and secure refuge for victims of family violence. The policies and procedures of the Centre are established by the Board of Directors consisting of appointees from the area municipalities, including two from Terrace Bay. Travel to Marathon for meetings is required once or twice per month. The members' expenses for such travel are paid by the Municipality. If you are interested in serving the community in this capacity, please write before November 2nd, 1987.

David C. Fulton
Clerk-Treasurer Administrator
P.O. Box 40
Terrace Bay, Ontario
POT 2W0

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