

Hiking trail upgraded by M.N.R.

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When leaving these heights for lower ground, you soon arrive at the peaceful harbour of the "Les Ecrits".

Crooked creek

Heading away from the islands shelter, the trail winds its way amongst a tangle of rocks and trees, following a worn animal trail; the only feasible route.

After passing the Sister Rocks and Stonehouse Bay, the trail opens up onto the lakeshore's weathered rocks and follows the rugged shore contours for a quarter-of-a-mile.

Once again it enters within tree cover just prior to the crossing of Crooked Creek.

From the creek it is only another mile of pleasant hiking to the level sand beach at Worthington Bay.

An old road leads northward to Highway 17 (3.2 miles) or one can continue onward along the trail's third section.

The Death Valley section may take between seven to nine hours and it offers a sense of accomplishment to all those who make the effort of seeing Superior at its best.

Proper footwear with firm ankle support and a walking stick are recommended.

A camera is a must. This area constitutes the trail's wilderness section. Therefore, care should be taken. Most of all, enjoy the solitude and beauty that are an essential part of such remoteness.

The third section of the Casques-Isles Trail system to be constructed this far consists of approximately five miles of hiking trail.

Most of the Schreiber Point Section requires more stamina on the part of the hiker because of the steeper gradients. The Mount Gwynne Lookout is 855 feet above Lake Superior.

1930s mining camp

Leaving the old Gold Mill and beach at Worthington Bay, the trail climbs a constant gradient via an old mining road to a hanging valley.

Here we find the remnants of a 1930s mining camp. Beyond the camp, the old road continues to climb upward for a short distance, then follows the southern contours of Mt. Gwynne until it ends at the hill's western face upon an ore tailings pile.

The trail once again leads upward through a deep valley until it reaches a branch trail that leads to the top of Mt. Gwynne. The short climb to the summit for a 360-degree, 50-mile view is a must.

Upon giving up the glory of Mt. Gwynne for lower ground, the trail passes a small pond and soon reaches the access route to the cliffs above Schreiber Point.

Again, this side trail is a must. Once back on the main trail, a beaver swamp is paralleled before the trail begins a downward trek to a relaxing spot beside a picturesque lake.

It's all downhill from here on as the trail leads through heavy timber and across various small bridges on its way to Collingwood Bay.

To Schreiber

Two more vantage points are crossed before the trail makes a final drop towards Cook's Creek which leads the hiker out onto Schreiber Beach.

From here an old road leads (1.4 miles) to the town of Schreiber.

The Schreiber Point section may take between five to seven hours and provides for vigorous uphill walking with the ease of downhill gradient sections.

Its Ojibway name is "Nayaushé"; such a gentle word for an imposing prominence of rock and deep-wooded ravines. Take the time and enjoy this walk above Superior.

From Schreiber beach the Casque-Isles trail continues westward to Rainbow Falls Provincial Park; a walking distance of approximately nine miles.

The trail runs along the shoreline rock to Walker Creek where a shore inland hop is required to cross the creek in high water periods.

If the water is low in mid-summer, one may choose to cross on the large rocks right below the falls where Walker Creek drops into Lake Superior. Be sure to have your camera and lots of film available as Walker Creek is a continuous run of glistening, glittering, whitewater riffles, rapids and small falls.

Large cedar, spruce and birch overhang the creek creating enchanting patterns of light and shadow.

The trail continues along the rocky shoreline to the peaceful sand beach at Twin Harbours. This is also one section of the trail where the hiker may well be at the mercy of the lake.

Twin Harbours

When wet, the rocks can be quite slippery, but when large storms roar across Lake Superior from the south it is best to camp and watch in amazement.

Wave after wave will break over the rocky shore and crash sheets of water deep into the trees.

At Twin Harbours, one will see the remains of an old dock originally built for the construction of the Canadian Pacific Railway in 1883 to 1885.

Indeed, the trail west from Twin Harbours up to "Hanging" Lake follows the old tote road to

the railway.

How many men and beasts of burden laboured steel rail up this cliff face to fulfill a dream of uniting Canada from Atlantic to Pacific?

Later the dock held a small sailboat or tug for a commercial fisherman who gathered his livelihood from Superior.

Today, the dock cribbing remains alone, its place in history marked only by time.

The "hanging" lake and lookout on the cliff over Twin Harbours offer firstly, a chance to watch a beaver colony and secondly, a spectacular view over Collingwood Bay.

The trail drops down over four boulder beaches hidden away in the trees and returns to the shore opposite Flint Island.

The hiking trail continues

along near the shore for about one mile then turns inland to reach the Winston Point lookout.

After Winston Point Creek, one passes through a poplar and birch stand of trees growing on a fine example of raised terraced beaches.

Several may be noted, each rising sharply 10 to 15 feet above the last level.

Selim lookout is next and it is almost a mandatory photographing stop looking over the bay to the village of Rosport.

Just beyond the lookout the trail passes four gigantic boulders.

Know as "glacial floats", they were simply dropped here (as if by a child at play) as the glaciers retreated eons ago.

Good things end

Even good things come to an end. All that's left of your hike is to follow the trail as it crosses a hydro line and two old roads, one of them the original Highway 17, to the present highway at the entrance to Rainbow Falls Provincial Park.

The Twin Harbours section may take between five and eight hours to walk and more if you wish to linger at each point of interest.

As every hiker knows, the secret of true enjoyment on the trail is to forget the clock, rest when your legs tell you and let the solitude of nature soak right in.

(Again, the Casques-Isles Hiking Trail presently continues to the village of Rosport).

Schreiberite Irene Henderson celebrates her 90th Birthday

By Ken Lusk
The News

Many friends were gathered at Collingwood Court last week to celebrate the 90th birthday of resident Irene Henderson.

Irene is well-known in Schreiber and has lived there since coming alone to Canada in the early '50s (her husband predeceased her).

Irene has worked at several places in this town including the Schreiber Hotel for 15 years (now Spadoni's), the YMCA for two years until it closed in 1966 and the Traveller's Home Rest.

When she first came to Canada she lived with Jack Whitton's mother and worked with a good friend who was at the party Mrs. Cash.

Presentation

Schreiber Councillor Bob Krause was at the celebration and he presented Irene with some plaques commemorating her 90th birthday.

They were from Gilles Pouliot, Keith Penner, John Turner and Prime Minister Brian Mulroney.

Walks a lot

Irene told the News at her birthday celebration that one secret of her health is that she walks a lot, at least one mile, even in the winter.

Irene still does all of her own housework and banking and she doesn't take any drugs. "I watch my diet," she said. "I don't get fatter."

Irene said that when she was born, in Devonshire, England, Queen Victoria was still on the throne.

She was born on Sept. 16, 1897.

Irene still has children in England; John, 68, and Stanley, 65. A daughter, Yvonne Elsie, died of cancer in 1951.

Irene found it hard to count all of her grandchildren and great-grandchildren but estimated the latter at 19.

Again, Happy Birthday Irene.



90th birthday

Shown above are Bob Krause, left, and Irene Henderson, right. Irene celebrated her 90th birthday on Sept. 16. Many friends attended at Collingwood Court in Schreiber. Irene said if she were to marry again, the man would have to be loving, caring; he would have to enjoy a good joke (she's a joker herself); and he couldn't get drunk too often (Irene has never smoked or drank in her life).

Psychologist to be in town- talk on child behaviour

Dr. Alan Young, a psychologist from Thunder Bay, will be here in Schreiber on **Tuesday, Oct. 6.**

He will be giving a presentation on parenting and child behaviour at **1:30 to approximately 3:30 p.m.** at the **Schreiber Public Library.**

The child development program will be arranging **Day Care.** Dr. Young's presentation is **Free of Charge** and **everyone is welcome.**

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