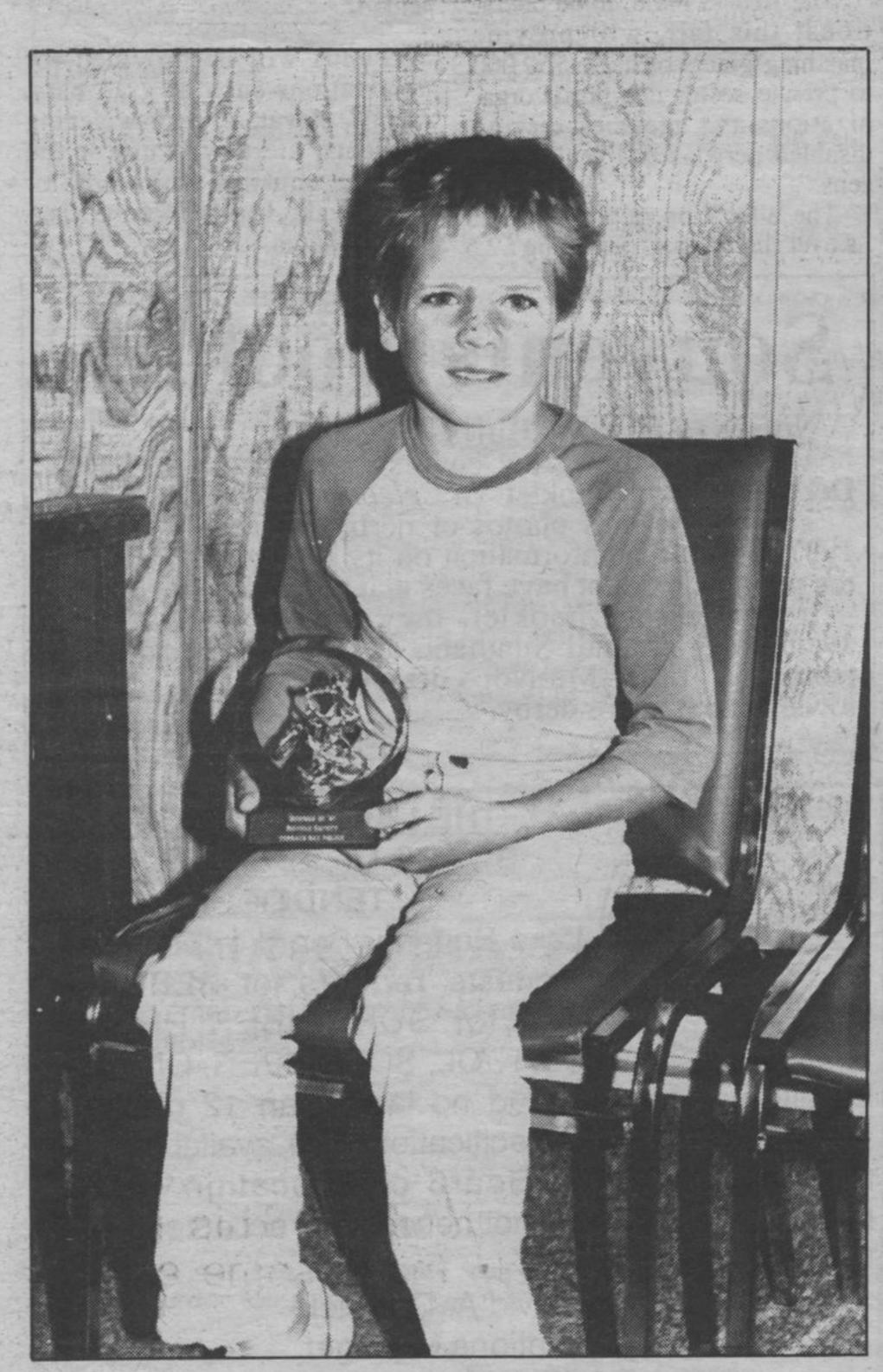
# Part-time studies require that 10 people register

Part-time studies through your Confederation College require



Great biker

Julie Ronkainen, above, is our first recipient of a 'good bike practices award' given out by the Terrace Bay Police Force. Julie is now eligible for a new bike. Julie's name will now be put into a drum with all the other winners. At the end of this month, a draw will be held for a brand new bike. Two lucky kids will win one each.



Great biker

Above is Yvon Joubert who is one of this week's recipients of a 'good bike practices award'. Yvon now becomes eligible to win a brand new bike at the end of this month.

that at least 10 people register for the program offered.

Sometimes, however, it is difficult to gather 10 people together for the required studies. Or it might be that the schedule of the classes does not fit in with your own busy schedule- whether it is because of job scheduling, family responsibilities, or other community responsibilities.

In many cases, Confederation College can offer an exciting alternative to regular classroom study- The Outreach Program.

Outreach is Confederation College's continuous learning system which provides a unique approach for you as a part-time learner.

This is a continuous learning system developed with the adult learner, particularly one already working and wishing to upgrade qualifications, in mind.

For each course, you receive a carefully-constructed study package which guides you through the course, sets course objectives, assists you in the achievement of these, and directs you to support materials.

The communities of Terrace Bay, Marathon and

# St. John safety tips

Mouth-to-mouth respiration-Artificial respiration is one of the basics of first aid that has saved countless lives. The easiest and most effective method is mouthto-mouth.

Remember that irreversible brain damage occurs between 4-6 minutes after a person has stopped breathing. They may stop breathing as the result of a number of problems.

They may drown or choke or have a heart attack. Their throats may swell and close because of an allergic reaction, in some cases to bee stings or insect bits. Someone who is unconscious can choke if he's left lying on his back.

When someone stops breathing, act quickly-seconds count. If the victim is in the water, begin mouth-to-mouth where he is.

1. Put your hand under the victim's neck and lift while you put your other hand on the forehead and tilt the head back. This will open the air passages.

2. Remove any foreign matter

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Manitouwadge each have a learning centre established for the duration of the course.

Weekly group meetings and teacher tutorials are arranged at times which best suit the students in order to accomplish group learning tasks and collectively solve any problems that occur.

Pace of study and the schedule of tests and exams can often be revised to somewhat accommodate your needs.

Past experience has indicated that adult learners find this method of learning rewarding and enjoyable, and students often tend to perform better on examinations than do those who learn in the traditional classroom setting.

Although the full range of courses offered at Confederation College is not yet available through Outreach, many courses required for certificate and diploma courses are available.

For more information about Outreach, contact David Zub at 229-2464, or call toll-free 1-800-465-3364.

Confederation College-Continuing education for you!

The McCausland Hospital has an immediate opening for:

#### CASUAL HOME CARE REGISTERED NURSE

The successful applicant must be registered in Ontario.

Ability to work with minimum of supervision. Previous

Home Care experience preferred.

Closing date for applications August 12th, 1987.

Applications are to be forwarded to:

Mrs. Betty Anne Klassen
Clerical Supervisor, Administration
The McCausland Hospital
Terrace Bay, Ontario
POT 2W0

## THE CORPORATION OF THE TOWNSHIP OF TERRACE BAY



### NOTICE

## VOLUNTEER REQUIRED

FOR APPOINTMENT TO THE BOARD OF DIRECTORS OF THE NORTH SHORE FAMILY RESOURCE CENTRE

TERRACE BAY TOWNSHIP COUNCIL IS SEEKING A VOLUNTEER TO BE APPOINTED TO THE BOARD OF DIRECTORS OF THE NORTH SHORE FAMILY RESOURCE CENTRE.

Located in Marathon, and serving North Shore Communities, The Centre has the mandate to provide a safe and secure refuge for victims of family violence. The policies and procedures of the Centre are established by the Board of Directors consisting of appointees from the area municipalities, including two from Terrace Bay. Travel to Marathon for meetings is required once or twice per month. The members' expenses for such travel are paid by the Municipality.

If you are interested in serving the community in this capacity, please write before AUGUST 12th, 1987:

THE REEVE AND COUNCIL
THE CORPORATION OF THE TOWNSHIP
OF TERRACE BAY
P.O. BOX 40
TERRACE BAY, ONTARIO
POT 2W0

# TERRACE BAY SWIM POOL

AUGUST SWIM SCHEDULE SAT & SUN MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY TIME 8:30 am 8:00 am ADULT -----SWIMMING LESSONS-----10:00am SWIM 1:30 pm 2:30 pm ----OPEN SWIM-----2:00 pm OPEN 4:00 pm SWIM 5:00 pm 6:00 pm BRONZE 4:00 pm **AQUABICS** BRONZE AQUABICS BRONZE FAMILY 7:00 pm 5:00 pm 7:00 pm 7:00 pm OPEN OPEN **OPEN** SWIM SWIM SWIM 8:30 pm SWIM 8:30 pm 7:00 pm OPEN OPEN SWIM SWIM 8:00 pm 8:00 pm **ADULT ADULT** SWIM 9:00 pm SWIM

CIID & SAVE