Courses starting soon

The Terrace Bay Recreation Office has released a list of its 1986 fall Special Interest Courses, with 30 such courses announced last week. The following is a list of the courses, along with the times and days they are being held, and the course instructors:

Non-Impact Aerobics (Gwen Black)

St. Martin School, Monday and Wednesday, 6:30 p.m. to 7:30 p.m., Sept. 15 to Oct. 22. Second session, Oct. 27 to Dec. 3. Aerobics

(Gwen Black) St. Martin School, Monday and Wednesday, 7:30 p.m. to 8:30 p.m., Sept. 15 to

Oct. 22. Second session, Oct. 27 to Dec. 3. **Intermediate Aerobics** (Jacquie Snider) Rec Centre Conference

Room, Monday, 8 p.m. to 9 p.m.; Public School, Tuesday and Thursday, 8 p.m. to 9 p.m., both Sept. 22 to Oct. 30.

Body Basics (Wendy Landry) Rec Centre Conference Room, Tuesday and Thursday, 1:30 p.m. to 3 p.m., Sept. 23 to Oct. 30.

Fitness For Fun (Maureen Tychoniak) Rec Centre, Conference Room; Monday, Wednesday and Friday, 10 a.m. to 11 a.m., Sept. 15 to Oct.

Over 50 Hoppers (Wendy Landry) Rec Centre, Conference Room, Monday and Wednesday, 1:30 p.m. to 2:30 p.m., Sept. 22 to Oct. 29.

Teen Aerobics (Krista Ditchfield) Place to be announced. Ages 13 and up, Tuesday and Thursday, 6 p.m. to 7 p.m., Sept. 23 to Oct. 30.

Bowling (Youth) (Charley Matson) Bowling Alley, Saturdays, 10 a.m. to 12 noon, Oct. 4 to April 15.

Bowling (Leagues) (Tom Long) Womens: Mondays, 7 p.m. to 9 p.m. Womens Tuesday afternoon, 1 p.m. to 3:30 p.m. Mens Tuesday evening, 7 p.m. to 9 p.m. Mixed: Wednesday, 7:30 p.m. to 9:30 p.m.; Friday, 7 p.m. to 9 p.m. and 9 p.m. to 11 p.m.

Ceramics Workshop (Sylvia Broughton) 150A Birch Crescent, Tuesday, 7 p.m. to 9 p.m. Sept. 22 to Nov. 24. **Decorating With**

Fans and Brooms (Eleanor Gould) Multi-Purpose Room, Rec Centre, Thursday, 7 p.m. to 9:30 p.m., Sept. 25 to Oct. 23.

Learn To Skate (Linda Penna) Terrace Bay Arena, Monday and Wednesday, 10

a.m. to 11 a.m., Oct. 20 to Nov. 26; Tuesday and Thursday, 10 a.m. to 11 a.m. Oct. 21 to Nov. 26. Knitting (Advanced)

(Bea St. Louis) RC Multi-Purpose Room, Wednesday, 7 p.m. to 9 p.m., Oct. 15 to Dec. 17. Macrame

(Sherri Brend) RC Multi-Purpose Room, Sunday, 10 a.m. to 12 noon and 1 p.m. to 4 p.m., Oct. 19.

Quilting (Winnie Plummer) Home Ec Room, LS High School, Tuesday, 7 p.m. to 10 p.m., Sept. 30 to Nov.

Rice Paper Lampshades (Darlene Noble) Conference Room, Friday, 7 p.m. to 10 p.m.; and Saturday, 9:30 a.m. to 12:30 p.m., Oct. 24 & 25.

Paper Tole (Beginners) (Ricky Johnson) RC Multi-Purpose Room, Saturday 9 a.m. to 12 noon and 1 p.m. to 4 p.m., Oct.

Photography for Beginners (Pat Marcella) Conference Room, Saturday, 1 p.m. to 5 p.m., Nov. 15.

Stained Glass for Beginners (Ken Randle) Place to be determined. Wednesday, 7 p.m. to 10 p.m., Oct. 15 to Nov. 18.

Sewing Clothes (Winnie Plummer) Place to be determined. Thursday, 7 p.m. to 10 p.m., Sept. 25 to Oct. 30. **Water-Colour Painting**

(Ann Powell) LSHS Art Room, Wednesday, 7 p.m. to 9 p.m., Oct. 1 to Nov. 26.

Wreathmaking

(Eleanor Gould) Multi-Purpose Room, Saturday, 1 p.m. to 4 p.m., Nov. 1 to Dec. 13. Late Additions:

Krafts for Kids (Donna Mikeluk) RC Multi-Purpose Room, Thursday, 7 p.m. to 9.m., Oct. 30 to ?

Emotion Stress Release (Donna Mikeluk) Conference Room, Wednesday, 7 p.m. to 10 p.m., Oct. 1

Baby Sitting (Cathy Withers) RC Multi-Purpose Room; Monday, Tuesday, and Wednesday from 4 p.m. to 5 p.m.; Sept. 29, 30, and Oct. 1; and Oct. 6 to 8.

Emergency First-Aid (Cathy Withers) Conference Room, Saturday and Sunday, 1 p.m. to 5 p.m., Nov. 22 and 23. Racquetball (Adult)

(Keith Milne) Raquetball Court, Tuesday, 7 p.m. to 9 p.m., Oct. 7 to Oct. 28.

Racquetball (Youth) (Dave Beaulieu) Date and time for youth lessons to be determined. Squash Lessons (Adult)

(Gerry Mikalaskas) Squash Courts, Thursday, 7 p.m. to 9 p.m., Oct. 15 to Nov. 6. Add-A-Class Aerobics

(Gwen Black) St. Martin School, 6:30 p.m. to 7:15 p.m., Sept. 18 to Oct. 23.

There are several programs which have not been finalized at this time. They will be presented in the Recreation Office's spring and summer brochure, and include needlepoint, heartsaver, knitting for youth, and soft sculpture.

For more information on the fall courses mentioned above, contact the Terrace Bay Recreation Office at 825-3542.

Prenatal Classes

The Thunder Bay District

Health Unit

Will be holding a series of

Prenatal Classes commencing

If you are pregnant or are

planning a pregnancy, and

would like to attend please

824-2413 to register.

October 1, 1986.

Heinz on top

The Schreiber Mixed Slowpitch League Wind-Up Tournament was held recently with the defending champs, Heinz 57s, once again coming out on top, while the Deadheads won the League Championship. Heinz won the final tourney game 3-1 over Fig's Texaco, and are shown here in a team photo. In the front row, from left to right, are Karen Trichilo, Lucy

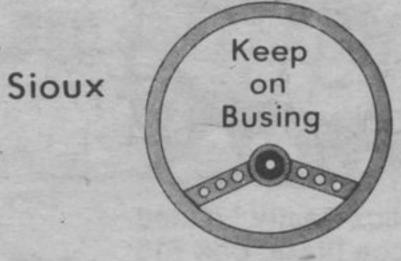
Figliomeni, Jacki Speziale, Brenda Speziale, Kara Klassen, Linda Trichilo, Jackie Marshall, Janice Liebrock, Maria Cebrario, and J.J. Diano. In the back row, from left to right, are Lawrence Speziale, Rob Speziale, Fred Figliomeni, Marc Trichilo, Frank Trichilo, John Cebrario, Mimmo Diano, and Mario Veneziano (missing: Joey Speziale).

CARDS OF THANKS

I would like to express my thanks to all who made my "shower" a success. Thanks to those who attended. Many thanks to those serving, Laureen Kay, Aida McParland, Mary and Virginia Stortini, Jodi Saarinen, Colleen Fischer. Grateful thanks to those who arranged my shower and to those who replenished including Marge Morrill, Edna Cocks, Lucie Chicoine, Estelle Morrill, Phyllis McParland, Babe Spikula. Thanks to Natasha and Kimara Morrill for looking after the gift table and guest book. Thanks to everyone who donated to the shower lists and many thanks for all the beautiful gifts and best wishes.

Tina (Redins) Pratt

Happy 40th Wayne



Lookout

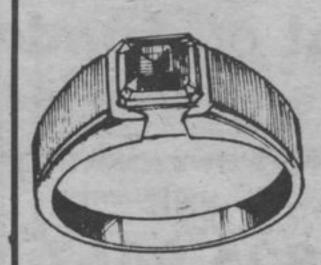
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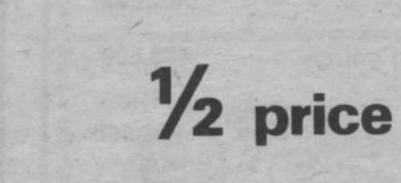
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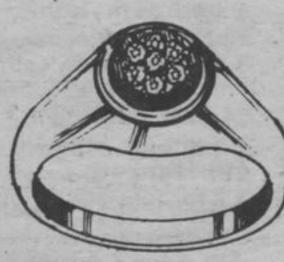


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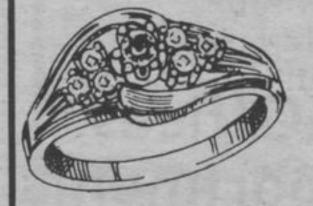


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