

Big bicycle? Beware!

(NC) — Whether you take it up to stay in shape, to save gas and money, to enter the Tour de France, or explore the world, cycling is fun. And it's one of those few sports that families and friends of all ages, and all sizes, can enjoy together.



Consumer Affairs

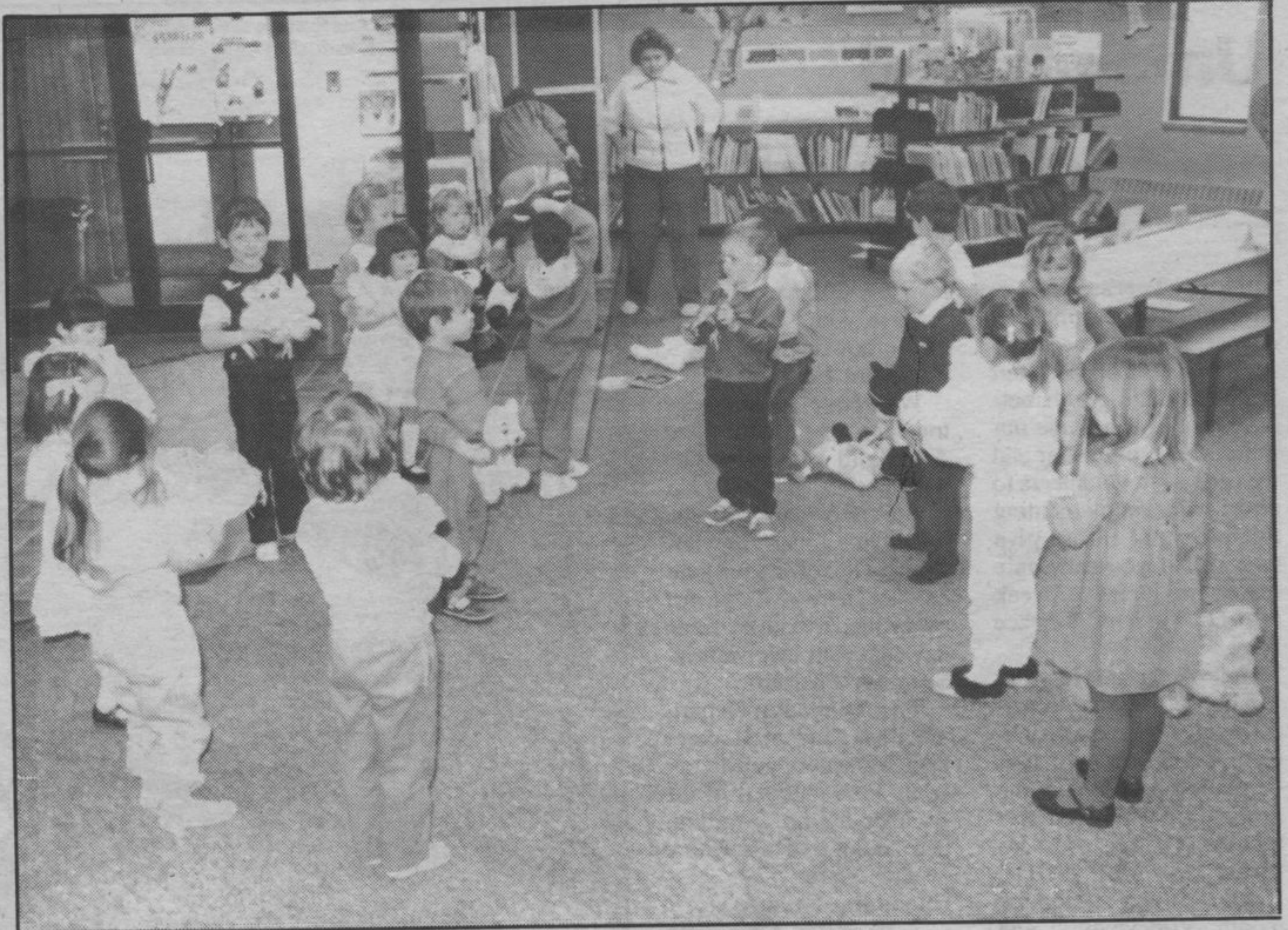
To help keep your cycling family safe on the trail, the Product Safety Branch of Consumer and Corporate Affairs Canada offers the following suggestions:

- Make sure the bike fits the rider. (A recent study found that a child increases his chances of having an accident by five times when riding a bike that's too large and by three times when riding a bike that's too small.) Don't buy a bicycle with the idea that the child will "grow into it." Correct size? You should be able to reach the ground comfortably with the ball of your foot when you are sitting upright on the seat.
- Give young children bicycles equipped with standard coaster brakes until they're old enough to know how to use caliper brake models, and to be physically able to do so.
- Be sure gear mechanisms are simple. Derailleur gears may be too complex for the novice rider or small child. A tangled chain or slipping pedal due to misuse of derailleur gears has caused many an accident or injury.
- Keep in mind that a bicycle ridden on a road is a vehicle. As such, it has the rights and restrictions defined by vehicular laws. It may be the smallest vehicle on the road, but the driver shares the same responsibility for safety as the drivers of cars and trucks.
- You must obey all traffic signs. You must ride on the right hand side of the road, and must signal before turning, changing lanes, stop-

- ping or slowing down.
- Your bicycle should be equipped with safety devices: a loud clear bell or horn; a white or amber front light, a red reflector or light on the rear and red reflective material at least 25 cm long on the back fender. Front forks should have white reflective material.
- You should inspect your bicycle regularly and maintain it in good working order.
- When you buy a bicycle, it is a good idea to ask if it has been certified by the Canadian Standards Association. Certification assures you that the bicycle is safe.

And a word to parents about child carriers:

- Add-on carriers are not legal under the Highway Code of most provinces. Check with your provincial authorities before using one on roadways. It should also be noted that the Canadian Institute of Child Health doesn't recommend their use.
- However, if you do decide to use one, here are a few guidelines:
- Make certain that the child's weight is not greater than the manufacturer's recommended load. Most child seats are good for children only up to 18 kg.
- Select a seat that mounts behind the saddle and has enclosed sides to keep the child's feet out of the spokes. It must be rigid enough and solid enough to withstand swaying.



Teddy bears galore

A Teddy Bear Pic-Nic was held as the last part of Story Time at the Terrace Bay Public Library on April 29.

Children aged three and four took part in the event, according to head librarian Jeanne Marcella.

Bits and Bites

Good Morning! I trust you are all in good health and still waiting for nice weather. Cheer up, all comes to he who waits.

Last Friday May 2, we enjoyed a delightful interlude of piano music by the pupils of Mr. Mario Comisso of Schreiber. The young people show promise already of talent and we hope to hear them again sometime. The pupils were: Jackie Glad, Chrissy Alfarano, Greg Zaporzan, Pattie Quinton, Stacey Shack, Lesley Pelligreno and Cindy Alfarano. Good

work students.

We are looking forward to the card party on May 16, a benefit for the handicapped. This is a very worthy cause and so let's all pull together. Get your friends together, form a table, and come and enjoy an evening of fun and friendship at the Recreation Centre. See you there.

Once more, dear readers, I am asking for your help. We would love to have your used birthday, getwell, or anniversary cards to use in a project in our craft room. Now that

it's spring and you are house cleaning, maybe you would like to get rid of these cards. Just put them in a bag and drop them off here at Birchwood, and we will make use of them. Thank you.

When asked the other day what I thought of the problem at the Mill, I can only say I hope those in charge will find a way to set things right and we can all breathe easy once more. Let us all pray for this.

While out walking the other day, I noticed that some folks are still throwing trash on the ground in the park. Come on now, whoever is doing this, use the trash cans. Lets keep our town nice and clean.



Nice to see our university students coming home for the summer. I hope you all have a wonderful summer.

News is kind of scarce, so I'll end this for this week. Meantime, "Keep your powder dry." So long.

WARNING!

If you handle industrial wastes, this notice is **INDISPENSABLE**.

On June 17, 1985, Waste Management Regulation 309 was proclaimed in Ontario. Essentially, it will hold anyone who generates, treats, stores, hauls or disposes of industrial waste responsible for its safe handling.

The Regulation also institutes new Manifest requirements; provides definitions of hazardous and liquid industrial wastes; and sets new standards for carriers. MORE importantly, it increases the responsibilities of generators and requires their registration by September 17, 1986.

For further information regarding this Regulation and your responsibilities as an industrial waste generator or hauler, please contact the Thunder Bay office of the Ontario Ministry of the Environment at 475-1305.



Ministry of the Environment

Hon. Jim Bradley Minister

Lake Superior Board of Education

is co-ordinating with
**The Canada Employment & Immigration
Canada Job Strategy
Job Entry/re-entry programs**

a 27 week training & work program, designed to assist women & men to re-enter the work force. Eligible participants will receive daycare expenses & minimum wages.

Qualifications:

Unemployed or working part-time not more than 20 hrs. per week. Over 16 years of age, out of school for at least 3 months. (a special program will be established for women who have been out of the labour force for at least 3 years)

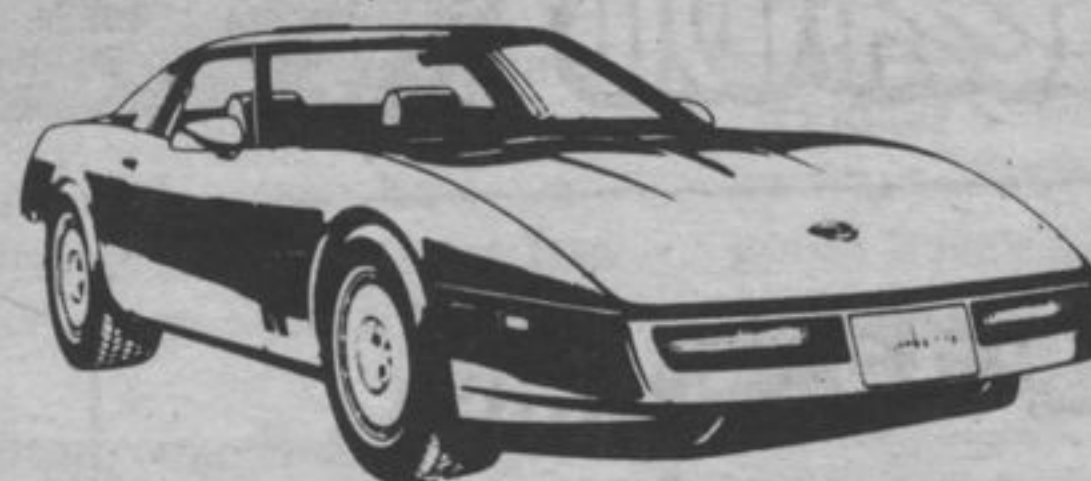
Earn while you learn.

For further information contact your local High School.

M. Twomey
Director

P. Richardson
Chairperson

NESBITT - Mr. Thomas David Nesbitt, aged 77 years resident of 223 Ontario Street, Schreiber, died in a Thunder Bay Hospital on Tuesday April 29, 1986. Born in Carleton Place, Ontario; son of the late Mr. & Mrs. Edward Nesbitt, came to Schreiber at the age of 2. He married the former Margaret Dunkirk in 1935, and last fall they celebrated their fiftieth wedding anniversary. He was an engineer of the C.P.R. for 32 years retiring in 1973. His main interests were gardening and family. He was a member of the Brotherhood of Locomotive Engineers. Surviving are wife Margaret, Sons: Michael, Vancouver B.C., Edward at home, Russell, Terrace Bay, Daughters: Muriel Shewfelt, Sault Ste. Marie and Lorraine Huard, Schreiber; 9 grandchildren, and several great-grandchildren; Sisters: Helena Garmendia, New York and Lillian Sullivan Brandon, Florida and numerous nieces and nephews. Predeceased by five brothers: Ernest, Harry, Robert, Charlie, and Jim. Funeral Services were held on Saturday at 2 p.m. in St. Andrews United Church, Schreiber. Rev. Cheryl Marriot-Lowry officiated with services being completed in the church followed by cremation. As an expression of sympathy memorials to the Canadian Cancer Society would be appreciated.



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DRUM LESSONS
for beginners to advanced students.

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Terrace Bay, Ontario