

# Letters to the Editor

Dear Editor:

A few weeks ago we sent you a community announcement about a competition entitled: "Invitation to Ontario's Strongest Men and Women." Because of the tremendous response we have had from people in areas of Ontario where the contest was printed, we have decided to extend the deadline to April 30.

We are attaching a copy of the announcement in the hopes that you will be able to print it and give the readers in your community an opportunity to participate.

Pratyaya Hamilton

## Sri Chinmoy Marathon Team

### Background

Sri Chinmoy, 54 year old founder of the Sri Chinmoy Marathon Team which sponsors over 500 races a year internationally, including 50 races in Ontario and Quebec, began lifting weights eight months ago when a leg injury prevented him from running to stay fit.

Beginning with a 40 pound weight, he recently set a new world record when he pressed 200 pounds with one arm. According to the British Amateur Weightlifting

Association, the previous world record for a similar lift was 175½ pounds, held by a 34 year old, 229 pound man. The best lift in Sri Chinmoy's age and weight category is 112½ pounds.

Sri Chinmoy is the Director of the Peace Meditation at the United Nations in New York. His life is dedicated to inspiring others to transcend their present capacities. "Never give up," he says. "We are truly unlimited if we dare to try and have faith."

He himself lives true to his philosophy of self-transcendence and has written over 700 books, composed over 5,000 songs, plays 30 musical instruments and is currently on tour giving free peace concerts at 13 Canadian universities this October. Sri Chinmoy's peace concerts in October, 1984, in Toronto, and last September, in Montreal, drew a crowd of over 14,000.

To enter, please send for an entry form and instruction sheet by mailing a stamped, self-addressed envelope to: Ontario's Strongest Men and Women Contest, c/o Sri Chinmoy Marathon Team, 3-41 Powell Avenue, Ottawa,

Ontario, K1S 1Z9.

The contest deadline is April 30, 1986.

The contest categories are: Most innovative strength-building program, most effective strength building program (i.e. best results in shortest time), and most inspiring personal story.

There will be three

prizes (one to each category) of a one year subscription to the North American fitness magazine of your choice.

"Ontario's Strongest Men and Women Contest" is sponsored by the Sri Chinmoy Marathon Team in honour of Sri Chinmoy's record-breaking 200 pound one arm lift.

## Cooks Wanted

at Voyageur Restaurant  
in Schreiber

Apply in person to  
Don or Helen

For Sale  
**1979 Jimmy**  
in excellent condition  
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at  
**824-2826**

## Bowl over

by Linda Falzetta

The Terrace Bay Bowling Association hosted the second annual Schreiber Foodmarket Mini-Match Tournament on April 5. The tournament boasted 32 participants, 10 of which bowl in the Under 100 league. The winners in the tournament were as follows:

Champion: Tom Long.

Runner-Up: Jon Figliomeni. Third: Joan Greenwood. Fourth: Leona Fournier. High Score: Tom Long, 316. Low Score: Angus Rentz, 93. Oldest Bowler: Angus Rentz.

Thanks to the Schreiber Foodmarket for the trophies and to Dave Falzetta for scorekeeping.



Pitch-In

### Services

Fuller Brush Products, are waiting to be introduced to you. Should you require immediate service, or wish to take advantage of our many current specials, please call us now for your free gift. Your "Fuller" Representatives Sharon Tychoniak - 825-3613 or Dolores Caron 825-3379. A-23

Fournier & Son Sports & Cycle is open for bicycle repairs on all regular bicycle models and 10 speeds. Phone 825-9315. A-16

### Mobile Homes

For Sale: 14 x 68 mobile home carpeted throughout. Partially furnished. Call 824-2254. A-16

### Help Wanted

Cooks wanted for fast-food restaurant. Send resume and expected wages to: Box 399, Terrace Bay. A-23

### Real Estate

Thinking of buying or selling a home. We offer honest, efficient service. Deal with the professionals. Call collect - Rita Chisholm 767-4894 Representing Remax, Lakehead Realty Ltd., Realtor. 623-4567. T-FN

House for sale: 32 Pine Crescent. Good location on a large lot. Phone 825-9428 after 5 p.m. A-23

If you are considering selling your Home or Business we at BELLUZ REALTY LIMITED Have a Broker and Sales Representative on location in Terrace Bay and Schreiber to service your needs. Contact our office: 825-9393 or 825-3221. T-F

House for sale: 228 McDonald Ave. 3 bedrooms, kitchen, living room, bathroom, attached garage. One bedroom, fully self contained apt. with private entrance. Asking \$70,000. Phone 825-3568 or the Mill, Ext. 121 on Shift No. 3. Ask for Keith. A-30

House for sale: All brick home, 3 bedrooms, in new subdivision. Wood stove in Rec room, deck. Large lot. Phone 825-9111. A-16

## Business Directory

**TILDEN**  
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### R.E. BELLUZ REALTY LIMITED

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### HAPPY DAYS

are here for all the family in this lovely 3 bedroom home. You can enjoy 1,500 ft. of beautiful living in this 6½ year old split level home at 89 Terrace Heights Drive.



### DON'T RENT AND RAVE, BUY AND SAVE

This 3 bedroom bungalow on Superior Ave. awaits you, 1040 sq. ft. of living quarters with deck in back. Do yourself a favour and buy now.

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### VACANT LAND

146 Acres located 13.8 miles from the Nipigon cutoff on Highway 11. Good stand of timber. The highway severs the 146 acres into 2 parcels.

### WALKERS LAKE AREA

Building lot on south side of Highway 17. 100 x irregular. Priced at **\$13,900**

### NOT VERY OFTEN YOU GET A SECOND CHANCE!

We have 2 resale lots on the South side of Nicol Island for sale.

### BUSINESS OPPORTUNITIES

Triple "C" in Schreiber, Prime Business Location in Schreiber, grocery store and games room on main floor. Two apartments upstairs. Ideal for energetic entrepreneur.

### SANITATION BUSINESS

Tired of working for someone else? This business has everything you need to start off from a van to an advance 1,000 R.P.M. polisher with a list of all the present contracts. Get motivated and buy now.

### GRAVEL RIVER

The owner wants to retire and go south, just think about it for a moment; this motel, restaurant & garage can be yours this summer and some day your chance will come to retire south with the help of this business. Give us a call and we will show you how to do it.

### WISEWAY BUILDING

Commercial Building on Mill Road. 5,000 sq. ft. of Showroom space and 5,000 sq. ft. of Cold Storage. The vendor is open to consider offers.

Sanitation Business available with equipment and contracts. For more information please call.

### New Offices or Store Fronts in Simcoe Plaza Terrace Bay

We have 4 locations left, approximately 800 sq. ft. for lease. Construction beginning this spring. The space can be finished to tenant's choice. Please contact our office.

### WHITE RIVER

Commercial Building and lot for sale on Highway 17. Ideal location for a motel. Only 30 miles from Helmo Gold Find.

Looking to invest in revenue property in **Thunder Bay**. At the present time we have semi detached both sides, 4 plex, six plex and numerous other investments located in prime locations. Call our office for further information.

Juris Zdanovskis Broker 824-2933  
Cathy Gerow Sales Rep. 824-2830  
Monique Gauthier  
Sales Rep. Marathon 229-0491