

# St. John Ambulance first aiders help everybody

No one really knows how many people in Ontario owe their lives to St. John Ambulance first aiders. In Ontario St. John

trains about 120,000 people a year in first aid and cardio pulmonary resuscitation. In all classes the candidates make ner-

vous jokes about whether they'll remember what they're learning and have the courage to use it.

Well, they do. Every incident isn't a life saver. But every incident is one in which someone's pain and suffering, fear and injury are eased because a first aider knew what to do.

A hockey mother in Mississauga gave artificial respiration to a 17 year old player who had stopped breathing after he was hit on the head during a game. He's alive.

A truck driver took a

course in Mississauga because he had seen someone bleed to death in a road accident. He came back into the office a few weeks later to say he had already used his new skills to help injured people at the scene of another accident.

St. John Ambulance Cadets were congratulated by the St. Catharines District Ambulance Service after they stopped at a car accident in which four people were seriously injured.

The letter said, "Their expert assistance and

cooperative conduct as they worked diligently with the professional Ambulance and Fire personnel was truly effective. I have no doubt that their assistance contributed to minimizing the severity of casualty injuries and deterioration."

Another volunteer in St. Catharines moved quickly when plate glass fell on an installer and severed an artery. The victim faces months of physiotherapy, but he is alive.

Every year St. John awards about 100 cer-

tificates to first aiders who have gone to the rescue. They also award a few medals to those who have put themselves in danger to do so. There are many other incidents that never get public acknowledgement.

People take first aid for a variety of reasons. They take it at work as part of the company safety program. They take a public course because they've been involved with an accident and felt helpless when they didn't know what to do for injured people. They take it so they can become members of the volunteer St. John Ambulance Brigade and use their training for community service.

St. John is a voluntary, charitable organization that has been at work in Canada for more than 100 years. The organization earns income in fees for first aid, cardio pulmonary resuscitation and health

home care courses, and those fees in turn help to subsidize courses that are provided at no charge to groups and individuals who would not otherwise be able to take them.

Local St. John Ambulance Branches and Brigade units are members of the United Way, and they sometimes seek money for special projects, such as buying training equipment or a first aid vehicle, from local service clubs, business and the public.

To help keep up the good work, St. John welcomes volunteers, donations and people who want to take a course to learn how to handle an emergency.

Contact the local St. John Ambulance number in your local phone book, or the provincial office at 46 Wellesley Street East, Toronto, Ontario, M4Y 1G5.

## Campaign begins

The annual Ontario March of Dimes Ability Fund Campaign began on January 1 and will run until February 15 this year, according to Lianne Darby.

A news release from Darby noted that communities large and small across the province are mounting door-to-door or mail campaigns to raise funds for the many services the March of Dimes provides to physically disabled adults.

The Ontario March of Dimes was established 35 years ago to raise funds to

find a polio cure. Now the organization has focussed its energy to serve polio survivors who have post-polio syndrome.

The organization has also initiated many support groups across the province, Darby's release noted.

Donations to help reach the goal of \$1.6 million can be sent to the Ontario March of Dimes, 60 Overlea Boulevard, Toronto, Ontario, M4H 1B6. A contribution coupon appeared on page 8 of last week's issue of the Terrace Bay-Schreiber News.

## Winnie's Scribbles

by Winnie Campbell

The Women's Institute held their Christmas supper in the Collingwood home, with exchange of gifts and games. A donation was given to the Junior Hockey Club.

Our deepest sympathy to Mrs. Wes Miller on the passing of Wesly. Many relations attended the funeral, with a wonderful service by Rev. Legrande. Cremation followed.

The Chimo Home Bingo was won by Mary Valen-

tino. Another one will be held this month. Get well to Mrs. Retta Pearson in McKellar Hospital, and Art Lemieux and Ileen Lidkea too.

Visitors for the funeral of Wes Miller were Mrs. Betty Miller and Tim and Glenda Miller, and Virginia McCuaig from Thunder Bay. Also visiting were Mrs. Harriest McBride from Winnipeg, John Miller from Hamilton and many others.



### THANK YOU

I would like to take this opportunity to thank everyone for gifts, cards, phone calls and thoughts, while I was staying at Sudbury General Hospital.  
**Blair Gilpin**

### Thunder Bay District Health Unit

will be holding a series of

### PRE-NATAL CLASSES commencing Feb. 5/86

to register please call our Schreiber office at

**824-2413**

### Terrace Bay Moose Hall '50s Dance

January 18th

**Best Costume Prizes**

*Dress up  
Come out &  
Have fun*

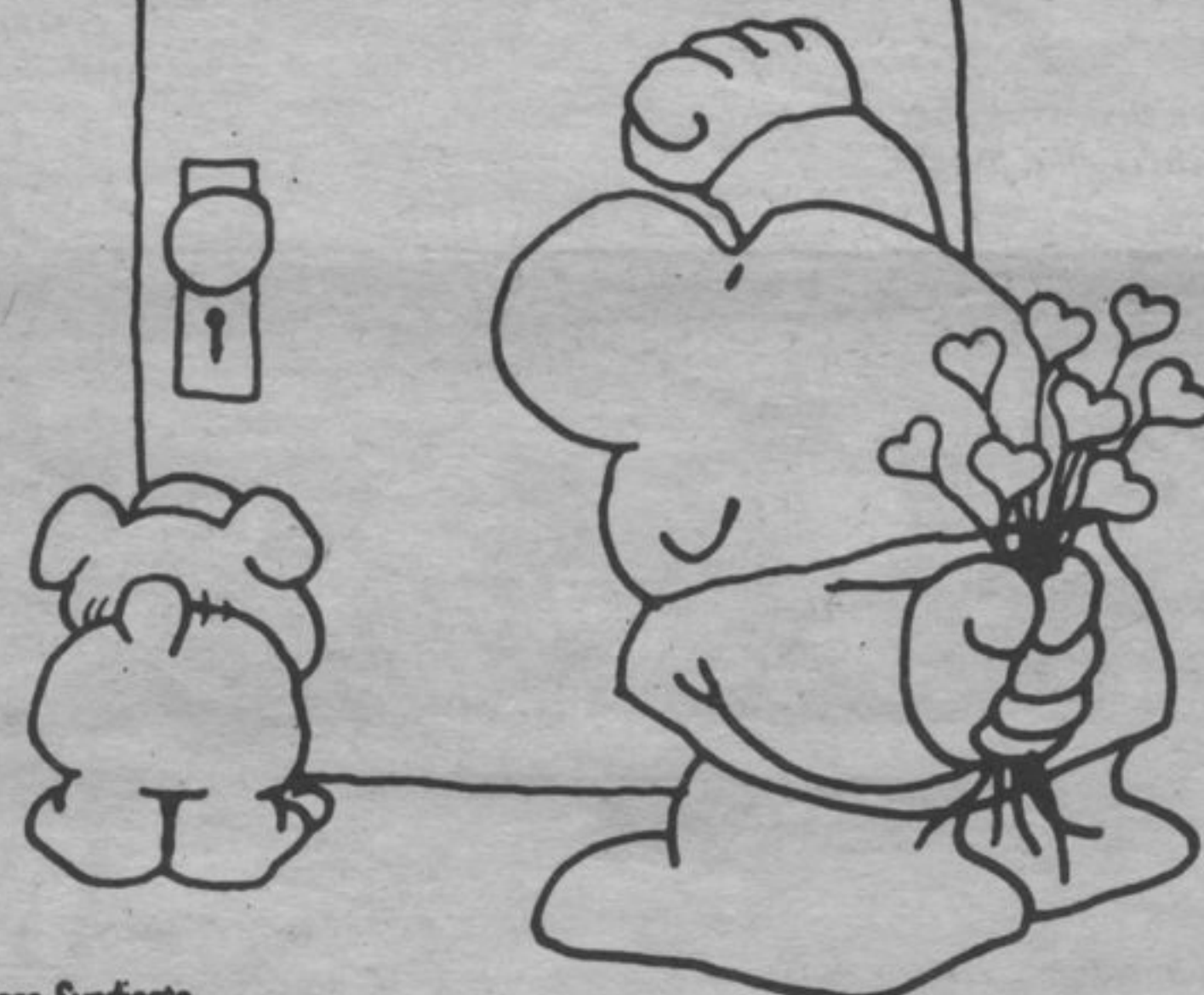
for information call

Chris Joubert  
**825-9295**



# MAKE A DATE WITH A NURSE

## BLOOD DONORS



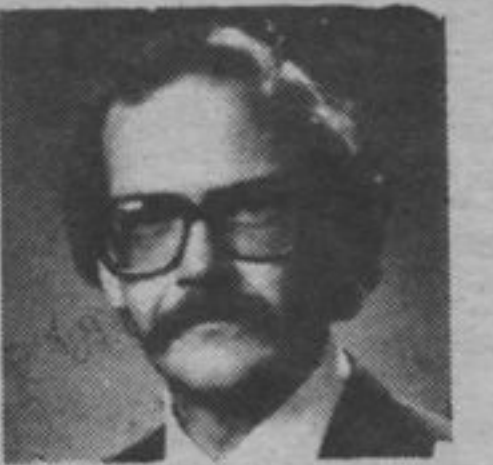
ZIGGY®  
©1983 Universal Press Syndicate

Tom Wilson

... donate BLOOD!

## Give blood

If you wish to donate blood and live in the Terrace Bay-Schreiber area, there is a Red Cross branch in Thunder Bay that you can go to, unless you want to wait for the regular Blood Donor clinics that are held in the region. The Thunder Bay Red Cross office is located at 112 Harold Street South. Their phone number is 623-3073.



Juris Zdanovskis



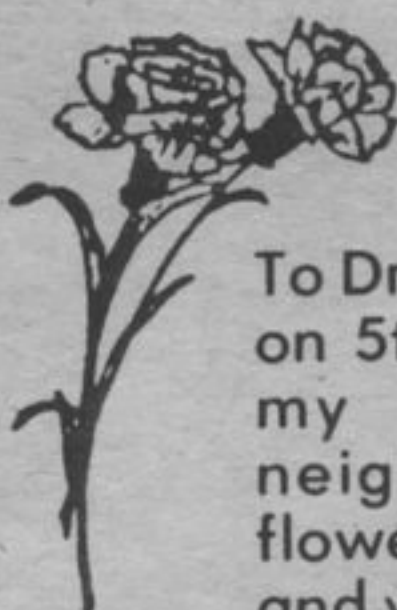
R.E. Belluz Realty Ltd.  
Simcoe Plaza, Box 715  
Terrace Bay, Ontario  
POT 2W0  
Office (807) 825-9393

## Marriage Announcement

Mr. and Mrs. Alphonse Regis are pleased to announce the marriage of their son

**Michael**  
to  
**Louise Miller**

of Atikokan. The ceremony took place Saturday December 14th in Geraldton. The newlyweds are now residing in Moosonee, Ontario.



### THANK YOU

To Dr. St. Rose & Dr. Paradis, nurses on 5th floor McKellar Hospital, all my relations, friends and neighbours for all the lovely flowers, cards, goodies, phone calls and visits. It's really nice to have so many kind friends. Thanks to everyone.

**Ritta Pearson**

## Birth Announcement

### STEFURAK

Douglas and Louise (nee Wentzlaff) are happy to announce the birth of a daughter

**Sally Lynn**

at the Port Arthur General Hospital on Saturday December 21, 1985 at 5:30 p.m., weight 6 lbs. 8 oz. A sister for **Kirk William**. Proud grandparents are **Bill and Kay Stefurak**, of Schreiber and **Ellsworth and Lorraine Wentzlaff** of Gaylord, Minnesota. Our special thanks to Dr. Wilkes, Dr. Bailey and the wonderful nurses and staff. The family resides in Rosspport.



Insulin is not a cure

## Travelling to Thunder Bay? Stay With Us!



Breakfast Special! Daily Business Luncheon!  
Nightly Dinner Specials!

### NEW BANQUET ROOM

- Banquets, receptions & weddings
- Seating Capacity 110
- We are offering 10% off our regular rates of:

**\$30.95** single for 2    **\$37.95** double for 3

**\$35.95** double for 2    **\$39.95** double for 4

We are centrally located between Keskus Mall and Intercity Shopping Mall. Call collect for reservations.

**807-344-5744**

CIRCLE INN MOTEL  
686 MEMORIAL AVE.  
THUNDER BAY, ONTARIO

## HOLY ANGELS SCHOOL

Schreiber, Ontario  
POT 2S0

The true spirit of Christmas was evident in Mr. G. Mikalauskas' grade eight class of Holy Angels School. During Advent, the class had collected enough money towards the purchase of a goat. The goat, which was popularly known as a poor man's cow, will be given to a needy family in India.

This is part of the Save-a-Family Plan, a project of caring and sharing with others less fortunate. Its headquarters are St. Peter's Seminary of London, Ontario.

The grade eight's sympathy and concern have made them richer this past Christmas.