



Sandra Stachiw is our Cook of the Week. She is originally from the city of Windsor and has been in Terrace Bay for 5 years. Sandra enjoys hunting, fishing and time in bush with her husband Terry. Sandra has learned to appreciate what this Northern Country has to offer in the way of wild meat. This recipe is her own way of mixing wild game with an everyday meal. When not in the bush Sandra works part time at the local Liquor Stores and also will be driving school buses part time.

Cook of the Week

Surf's chunky moose sauce and spaghetti

Surf's Chunky Moose Sauce for Spaghetti

This recipe I've found great for using up the tougher cuts of moose meat. Cut into fine pieces and simmered in the spaghetti sauce makes it taste really hearty, a great

change from meatballs or ground meat. You can add more Italian seasonings for your own taste after simmering for about half an hour after the flavours have blended. Don't forget to remove the hot chili peppers after the sauce is cook-

ed or someone might get a pretty hot surprise.
 2 to 3 T cooking oil
 2 lbs. moose meat cut in small pieces
 2 garlic cloves, minced
 1 large onion, chopped
 2 T chopped parsley
 ¼ tsp. oregano or Italian mixed seasonings
 2 small hot peppers or ½ tsp. dried chili peppers

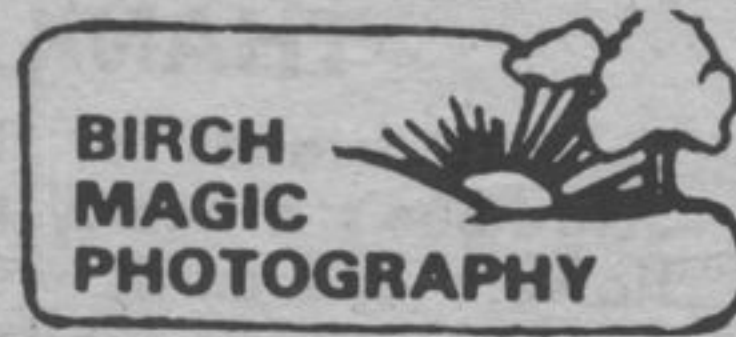
1 large can spaghetti sauce (any brand)
 1 large can stewed tomatoes without the juice (chopped)
 8 to 10 fresh mushrooms, sliced

In a large pot saute the garlic and onions until clear, then add the moose and brown. Add all the other ingredients except the

mushrooms and bring to a boil and reduce heat to simmer for 2 hours adding the mushrooms the last hour. Stir occasionally, keep the pot loosely covered to allow the steam to escape. If it's too thick it can be thinned using the juice from the tomatoes. Bear is also a good substitute for the moose meat.

Dr. W.C. McComb
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Travel promotion warning

Ontario Consumer Minister Monte Kwinter is advising recipients of a

mailed travel promotion that the company behind the enticing offer isn't registered with the government and that money sent to the company isn't protected by the Travel Industry Act Compensation Fund.

Mr. Kwinter said that 19,000 announcements were mailed out to various parts of Canada by a company calling itself "International Travel." The announcements informed recipients that they had won a three-day, two-night vacation for two adults and two children at any one of "six world famous resorts" in Las Vegas, San Francisco, Hawaii and other exotic locations.

Before claiming the prize however, recipients of the announcement are required to forward cheque or money order for \$29.95 to a Toronto address to cover "processing and handling."

The vacation package,

the announcement claimed would be forwarded within 20 days.

"Our investigators have determined the address on the announcement is just a mail drop and all replies and money are being forwarded to Florida," Mr. Kwinter said.

The mailed announcement makes no mention of travel costs and because the money is going out of the country to an unregistered company, the minister said consumers would have little hope of a refund if the vacation package wasn't delivered as promised.

The Ontario Travel Industry Act requires all travel agents and wholesalers in the province to register with the Ministry of Consumer and Commercial Relations and contribute to a compensation fund. The fund is used to compensate consumers who have paid for, but did not receive travel services.

NOMINATIONS

Notice to Municipal Electors Unorganized Village of Rosspoint

TAKE NOTICE that persons may be nominated as candidates in an election between 9 o'clock in the forenoon and 5 o'clock in the afternoon of nomination day, Monday, October 21, 1985, but nothing in section 35 of the Municipal Elections Act, R.S.O. 1980, c. 308 prevents a person filing a nomination paper with the clerk during his normal office hours during the four days immediately preceding nomination day.

OFFICES FOR WHICH PERSONS MAY BE NOMINATED

Trustee — Lake Superior Board of Education - Public School Electors	— Two required (2)
Trustee — North of Superior Roman Catholic Separate School Board	— One Required (1)
Trustee — Lake Superior Board of Education Separate School Electors	— One Required (1)

Electors are hereby required to take notice and govern themselves accordingly and further take notice that the manner in which said nominations shall be filed is set forth in section 36 of the Municipal Elections Act. Nomination forms and full particulars of procedures to be followed, may be obtained from the undersigned.

If a greater number of candidates than required to fill the said offices are nominated and make the required declarations, notice of the time for the holding of the poll, including the advance poll and notice of the last day for making applications for a certificate to vote by proxy will be given forthwith.

AND FURTHER TAKE NOTICE that where the number of candidates for an office who are nominated at the end of nomination day is not sufficient to fill the number of vacancies to which the candidates may be elected, subsection 1 of section 40 respecting acclamation applies to those candidates and, on the Wednesday, following nomination day, October 23, 1985, the clerk may, between the hours of 9 o'clock in the forenoon and 5 o'clock in the afternoon, receive and certify additional nominations for the remaining vacancies in the office in respect of which there was an insufficient number of candidates.

Given under my hand this ninth day of October, 1985.

A.J. Gauthier
 Returning Officer

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