Bits and Bites

by Helene Ballard

Hi There!

Another week gone by and once more it's time for our weekly chat. Our summer is really flying by, here we are with Labour Day coming up, seems like just yesterday it was July 1st, where does time go?

However, I guess all the Mothers will be happy to see all the little darlings back in school, well kids believe me these are the best years of your life. I know when I was a kid and people said that I used to think they were sick but when you reach the wrong side of 70 like this ole gal you stop and think about it and then say to yourself "By gosh they were right" and so all of you young students may I wish you all a good year in schooi, take the good with the bad and you will land right side up on your feet ready to meet and I hope conquer whatever life has in store for you.

Last Friday, a group of Seniors from Birchwood went for a bus ride to McLeans Park. We had a most enjoyable afternoon sitting in the sun by the lake sipping coffee and watching the sea gulls, those birds sure like people and when you feed them tidbits they seem to-like you even more - It was a very nice afternoon in the great outdoors. This last Tuesday noon our chef Leon and his

staff served us a real barb-que luncheon complete hamburgers, sausages, fried potatoes, and beans - and a delicious lime dessert. Cowboy hats and boots decorated the walls.

Two of our lady residents took a brief holiday and spent the weekend at Jack Fish Cabins operated by Mr. and Mrs. John Richards - they were given a real royal treatment and were well looked after and both said they would recommend this place to any who want a quiet time.

Did any of you nice folks see "Hildegard" on CBC TV news walking into Fredricton? She looks well and happy in her work for the blind - we remember her as she stopped at Birchwood for lunch with us. She is a very friendly person and we wish her well.

This afternoon it being a nice day some of our residents are going to Rainbow Falls, we have to take advantage of the nice days left of our short summer because when winter comes most of us here are like bears - we don't go out much and many spend the days sleeping, or playing cards, so it's a question of "Making hay while the sun shines."

Now for a wee bite, I mentioned this once before



but being forgetful human beings we are we forget, so just a little reminder. Please be careful where you throw you gum when you are tired of chewing it, and believe me the sidewalks are not the proper places to dispose of gum. So let's all think and do our part in this matter. Thank you.

Until next week, try this on for size.

"Life is just one darn thing after another, love is two darn things after each

"Au Revoir"



by Winnie Campbell

A baby shower was held for Cathy Lengyell nee Borutski at her mom's home, put on by Ann Marie Martin. Approximately 30 people attended and Cathy received many gifts, thanks to all and a delicious lunch was served.

Our deepest sympathy to Mrs. Ida Krause on the

passing of her husband, Gus. Also to the Spillanes on the passing of Johnny Spillane.

Mrs. Violet Nesbitt has returned from Carleton Place.

Mr. and Mrs. Pelchier and family have returned from Toronto and other points.



More fine examples of the Centennial photos our readers have been submitting.

Plant your fall garden now

The National Gardening Association, based in Burlington, Vermont, researches methods and means to make gardening easier and more available to gardeners throughout the country. "We've taken a look at current problems caused by recent inclement weather,

and NGA is advocating extending the gardening season with 'the fall garden,' " said Charles Scott, president of the nonprofit organization.

To gain information on the trends for this year's gardening, NGA has talked with gardeners and those in the gardening industry throughout the country.

"Traditionally, gardens have been planted by Memorial Day Weekend, and we in the gardening industry would then see a sharp decline in purchases in the gardening market," said Wendell Burns, editor of Lawn and Garden Marketing.

"The tradition is changing, and this year the market has extended to reflect gardeners' need to work around the poor spring weather by planning and planting for an extended gardening season," Burns continued.

The fall garden may be one solution to more productive gardening. A supply of fresh vegetables late in the year not only extends the gardening season, but the quality of many vegetables is improved for fresh use or preserving.

The National Gardening Association recommends planting the following crops for yield in the fall garden: Any of the cole (broccoli, crops cauliflower and cabbage and especially chinese cabbage), lettuce (head and bibb), spinach, chard, kale, the long keeper tomato, green beans (bush), carrots, turnips, certain variety cukes and summer squash.

"Our research has proven that vegetables maturing in the cool crisp days of fall are often better flavoured than those maturing in the hotter, drier days of summer," said Scott.

The monthly National Gardening Magazine featured a story on a good time to start fall crops in a recent issue. For a sample copy send \$1.00 to cover postage and handling to Gardens for All, Dept. MS, 180 Flynn Avenue, Burlington, VT 05401.



DEATH

FRASER, Midline (Middy) - At the General Hospital, on Sunday, August 18, 1985. Beloved wife of Leon Fraser, of 149 Elmwood Avenue. Dear Mother of Gretchen Smith, of Sault Ste. Marie, Mrs. Emil Boucher (Freda), and Archie Heinrich, both of Terrace Bay, William Heinrich, of Thunder Bay, and Mrs. Albert Salomons (Darlene), of St. Catharines. Grandmother of nineteen, and great grandmother of nine. Daughter of the late Joseph and Daisy DeLaronde. Sister of John DeLaronde and Natalie Coates, both of Thunder Bay, Anthony DeLaronde of Fort Frances, Betty Shwetz, of Nipigon, Robert DeLaronde, of Paris, Ontario, and the late Dale DeLaronde. Rev. Bill Strachen officiating. Cremation that followed. Memorial donations to the Canadian Cancer Society or the Kidney Foundation would be appreciated.

Casual-Part Time

Ambulance officers are required for the North Shore Ambulance Service Ltd., Schreiber and Terrace Bay. Preference will be given to persons that possess a valid "F" class driver's license, St. John's Ambulance Certificate, and a valid certificate in Cardiopulmonary Resuscitation. References are required. For futher information contact

> Patrick J. Dingwell, E.M.A. President North Shore, Ambulance Service Limited, P.O. Box 518 Schreiber, Ontario POT 2SO Or Phone 824-2530 2007

ONTARIO GOVERNMENT TENDER

NOTICE TO **EQUIPMENT OWNERS TENDER 60-85-39** "RECALL"

Equipment owners are invited to bid on the rental of a Loader for Winter Maintenance Operations, during the 1985-86 Season at M.T.C. Patrol 11, Ignace Location. The Loader is to be equipped with

a bucket, without teeth, of at least 1.15m³ and a maximum of 1.91m³ minimum operating weight of 8,618 kg. (non-operated).

Sealed tenders on forms supplied by the Ministry will be received by the Manager, Administrative Services until 1:30 p.m. local time

Wednesday, September 18, 1985

Specifications, tender forms and envelopes may be obtained in person or by mail from E.G. Reguly, Head, Purchasing and Supply, Walsh at Mountdale Ave., P.O. Box 1177, Thunder Bay, Ontario P7C 4X9. Telephone (807) 577-6451 Ext. 292.

The lowest or any tender not necessarily accepted.

Transpórtation and Communications

Ministry of



Ministry Revenue

Regional Assessment Office 115 Johnson Avenue Thunder Bay, Ontario, P7B 2V9 (807) 345-1221, Zenith 50960

MUNICIPAL ENUMERATION

Starting September 3, 1985, an enumerator, carrying a proper identification card, will call at your residence for a few minutes to check basic information required in determining:

- · your eligibility to vote in the municipal and school board elections to be held on November 12 this year;
- the allocation of education property taxes between the public and separate school systems;
- the distribution of provincial grants to local governments to help reduce tax bills;
- the preparation of jurors' lists; and
- population information needed for other municipal programs.

The enumerator must record such information as the name, age, property status (e.g. owner or tenant), school support and residency of all members of the household.

When the enumerator visits, please check that the information on the Enumeration Notice is correct. If it is not, revise it and verify the changes.

If you are not home, a Notice will be left for you. If changes are necessary, please make them and mail the Enumeration Notice, as soon as possible, in the pre-addressed postage prepaid envelope accompanying the Notice. For any additional information, please contact the local assessment office.

