

# Anchor

## The Sabbath was made for man

by Bill LeGrand

In recent years, there has been an increasing demand for major businesses to remain open on Sundays. If the Lord's Day Act in Ontario is abolished, all of our society, both religious and secular, will lose something precious... a day of rest and recreation. Extreme Jewish and Christian communities have long taken the Old Testament commandment to "Remember the Sabbath Day, to keep it holy" (Exodus 20:8-11) to be a rigid injunction. Like Levites, they have sometimes tried to force literal interpretation on Sabbath observance, that defies any Biblical meaning. "Sabbathologists" would have all stores closed, all recreational activities terminated, most travel restricted and all work condemned. I suggest this is not the intention of the commandment. Even David chose to travel and to eat consecrated bread on the Sabbath (1 Samuel 21:1-6).

If we read Nehemiah 13:15-22, there is a clear intention to control "unnecessary work" on the Sabbath. People who tread wine presses, load grain on asses for transport or open shops for business are ordered to desist. Obviously, the Sabbath is not to be treated like a regular work day. By examining the Gospels, we find Jesus and his disciples plucking corn, healing the sick and sharing in friendship on the Sabbath (Matthew 12:1-14). According to Mark 2:27, Jesus declared, "The Sabbath was made for man, not man for the Sabbath." Here Jesus reveals that the Sabbath gives humankind the opportunity to have a regular time for worship, recreation and relaxation.

Between the religious zealots and the liberal secularists, there must be some common ground. For all people there is a need for time with families and friends once a week, to slow down from the pressures and hassles of daily life. With more of us who are Christian, we need to take the Sabbath seriously... as a time for worship and family. Recreational activities are necessary on Sundays to allow Christians to achieve a balance

between work and play.

Some types of work are essential on Sundays. Those who are employed in mills or on trains have shifts, which require them to work sometimes on the Sabbath. People in hospitals, on police forces, with fire brigades, etc., also need to respond to the needs of others on Sundays. Even the small corner variety store, restaurant or pharmacy serves a vital purpose on Sundays.

However, the prospect of making Sunday a complete workday, undistinguished from others, mitigates against both Christian and secular societies. To force employees to work on the Sabbath is to undermine their home life and destroy their opportunity for a day of rest.

The Lord's Day Act might well need to be redrafted to respond to our contemporary society; for example, it might be called "a day of rest." Only major businesses really advocate a destroyed Sabbath... not to promote civil liberties, but to create more opportunities for profit in the marketplace. This could destroy the precious gift God has given us - a Holy Sunday which allows us to be wholly balanced in our lives. Without a recognized Sabbath or Mental Health Day, families could lose their one day to be together for mutual enjoyment and growth.

According to the Toronto Star, the religious communities are not alone in wanting to preserve a Day of Rest. Psychiatrists, psychologists, sociologists, mental health workers, teachers, labour unions and other groups feel that a day of rest is essential for people. Their emphasis is not on Sunday being a religious holiday, but rather on this time being a regular opportunity for people to step out of "the rat race." A change in lifestyle, they claim, is necessary for all people.

When our Heavenly Father gave us the Sabbath as a gift, it was to allow us to worship Him by enjoying His many blessings in our lives.

Let's preserve one day a week for people.



Hunter at Dusk — Romantic Realist painter, Christine Marshall has captured the majesty of the Great Horned Owl in this hand-etched lithographic print. Mrs. Marshall will be holding an exhibit of her work at the Terrace Bay Recreation Centre. See story on Page 6.

### Mainstream Canada

## There's no "Option B"

By Tony Carlson

Every person needs one once in a while.

Even economies can use a tonic to restore the delicate balance of the natural marketplace.

And now is such a time for Canada, not only so that its economy can be returned to robust health, but more important, so that Canadians can look forward to an ever more prosperous future.

What this country needs, says John Bulloch, is some effective medicine to get things moving again.

"Excessive government interference has produced rigid markets and lacklustre performance," says the president of the 72,000-member Canadian Federation of Independent Business. "In blunt talk, the Canadian economy needs a dose of salts."

To that end, the business leader says, the Wilson budget was a much-needed first step to freeing up massive amounts of money that can be used by individuals to strengthen the economy from the roots up, at the local level.

But more is needed to create a more flexible economy, one in which the entrepreneurial spirit has the freedom to adapt to a changing world.

Specifically, initiatives such as free trade, a revamped Unemployment Insurance system and increased deregulation are the strong medicines need-

ed to stimulate the economy.

Take deregulation. In the U.S., new businesses are forming at twice the rate of the economy as a whole in sectors which have been exposed to more competition. And it's well documented that most job creation is coming from new small firms.

That's why the federal move to deregulate the transport sector is so important.

A too-generous UI system, as well, reduces the mobility of the labor force and the flexibility of labor costs. Again, the U.S. provides the model. With a UI system 4.5 times less generous than Canada's, the Americans have created the most mobile working force in the world. During the recession, 33 million out of 85 million workers changed jobs.

No one denies the very real hardship many Canadians face from unemployment and for that reason, any changes to UI must be made carefully. But they must be made so that the system does not bind the economy.

Finally, there is free trade which, like deregulation and a revamped UI system, strikes fear in the hearts and minds of many Canadians.

"But," says Bulloch, "we should look on free trade as an opportunity, the kind of jolt that is necessary to force us as a society to get serious about our long-term competitiveness."

Free trade will not answer our prayers for full employment, but without it we risk even higher jobless rates.

All of these initiatives - free trade, deregulation, a new UI system - must be followed through if we are to rejuvenate ourselves.

"There is no option B," says Bulloch. "We either adapt quickly to the international forces of change or adapt slowly and stagnate."

## Painter to exhibit works

by David Carswell

On Saturday, September 7, 1985, Caledon realist painter, Christine Marshall, will be giving an exhibition of some of her paintings at the Terrace Bay Recreation Centre.

Mrs. Marshall is fast becoming one of the most important and most respected artists in the Canadian art scene. Her work is available in many

galleries in Ottawa, Toronto, Southern Ontario and British Columbia, and last year one of her paintings was donated to the Toronto City Hall on behalf of a branch of the Multiple Sclerosis Society.

Christine's popularity has drawn public attention through television interviews, magazine and newspaper features on her

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Holy Angels School  
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1985-1986 School Year

## SCHOOL OPENING AND REGISTRATION

Classes for all students from Grades 1-8 begin:  
**WEDNESDAY, SEPTEMBER 4th, 1985**

Registration for Students not previously registered, will take place:  
**TUESDAY, SEPTEMBER 3rd, 1985**  
between 10:30 a.m. - 3:00 p.m.

### NOTE:

Senior Kindergarten Students will report to school on **Wednesday, September 4th, 1985 at 9:00 a.m.**

Junior Kindergarten Students will report to school on **Wednesday, September 4th, 1985 at 1:00 p.m.**

B. Lalonde  
Chairperson

G.J. Matys  
Director of Education

## MINISTRY OF NATURAL RESOURCES

1985

## HUNTING LICENCE EXAMINATION SCHEDULE

Terrace Bay	August 29	MNR Office	7:00 p.m.
Terrace Bay	Sept. 5	MNR Office	7:00 p.m.
Terrace Bay	Sept. 12	MNR Office	7:00 p.m.
Terrace Bay	Sept. 19	MNR Office	7:00 p.m.
Terrace Bay	Sept. 26	MNR Office	7:00 p.m.
Manitouwadge	August 29	MNR Office	7:00 p.m.
Manitouwadge	Sept. 5	MNR Office	7:00 p.m.
Manitouwadge	Sept. 12	MNR Office	7:00 p.m.
Manitouwadge	Sept. 19	MNR Office	7:00 p.m.
Manitouwadge	Sept. 26	MNR Office	7:00 p.m.
Marathon	Sept. 6	High School	6:30 p.m.
Marathon	Sept. 13	High School	6:30 p.m.
Marathon	Sept. 27	High School	6:30 p.m.

A fee of \$3.00 will be charged for a hunting licence examination. All first time hunters, born after December 31, 1954, must first complete a course in Hunter Safety Training from a qualified instructor before being allowed to write the examination.

An appointment must be made at one of the above-mentioned offices and the examination fee paid in advance of any examination date. An examination will not be held if there are no appointments made for any of the dates noted above.

In Marathon, appointments may be made through the Northern Affairs Office. Phone 229-1153.

## RENEW:

### Holy Angels Parish, Schreiber

A spiritual experience, to take a closer look at our faith. A sharing of prayers, ideas, and scriptural readings. With a small or large group of people, just like ourselves, through the power of the Holy Spirit, we invite Christ to share our daily lives, helping us to ease the difficulties of everyday living, and make us aware that Christianity means living, loving, caring and sharing.

Sign up:  
**Sunday, September 29, 1985**  
Holy Angels Parish  
Schreiber, Ontario