

Bits and Bites

by Helene Ballard

Hello Everybody: I usually write this column while doing my laundry so I know its "clean" but as this has to be in a day earlier and its not my day to wash I can only hope this will also be "clean".

I guess a lot of you nice folks are away on holidays. I sure hope you are having good times on vacation. Several of our residents are also away visiting family and friends, we welcomed Susan Gaulin back from a visit to Red Rock. This ole gal is not going to fly to the west coast of the United States or Alaska. 'll stay on "Terra Firma" this year.

Sorry to hear that our good friend Pam Jones is under the weather, I understand she has a problem with her knee and

ankle and is getting around on crutches. Our Best Wishes for a speedy recovery Pam, we miss you here at Birchwood.

It's not too early to start thinking of the Fall Fair in Sept. It will be something of interest to all of us, a good way to meet friends and talk over your summer. Usually these kinds of events in a small town are like a big family gathering and can really be fun.

Not much going on this week so I'll close but I'll have more news next week after the Civic Holiday and I hope you all have fun.

And now with an apology to the men of the cloth...

A young minister was preaching his first sermon in his first church and was a bit nervous. His topic



was on drinking, part of which was as follows - "If I could have my way I would pour all the liquor in the world into the river." Having finished, the young minister picked up his Hymn book and announced the closing Hymn: "Let us gather by the River".

"Amen".

NWO Women's Health Education receives \$37,000

The Northwestern Ontario Women's Health Education Project (NWO W.H.E.P.), a three year demonstration project scheduled to conclude August 31, 1985, has been granted a ten month extension by its funder, Health Promotion Directorate of Health and Welfare Canada, until June 30, 1986.

Ms. Judi Vinni has been hired for the half-time co-ordinator's position for the project and will spend the ten month period working with local and regional women who are attempting to form an organization to represent their interests in women's health in Northwestern Ontario.

Over the past three years of operation, W.H.E.P., a health promotion project, developed workshop kits on a range of health topics chosen by women in fourteen N.W. Ontario communities. The seventeen workshops have been presented in a total of twenty communities by the co-ordinators of the Project and later by community women who attended training sessions in Thunder Bay this past year to prepare them.

The health workshops provide information but emphasize group participation so that women can share their knowledge, identify their needs and formulate their own solutions.

Currently a core group of seven women, representing thirty regional women involved with the W.H.E.P., are planning a conference to be held in Thunder Bay, October 18, 19, 20, 1985. "The purpose of the ten month extension," say W.H.E.P. co-ordinators, "is to ensure that workshops are in Northwestern Ontario communities and being used as a resource."

Mom & Me

Mothers of preschool children will be interested to know that Mom and Me in Terrace Bay will be starting again in mid-September. Registration night is Thursday, September 5/85 at 8:00 p.m. in the Recreation Centre Conference Room.

Mom And Me is not a Daycare Centre; it's a play and learn group in which mothers are encouraged to participate. Approximately once every three weeks each mom is scheduled to remain and assist the teacher with the program, snack and clean-up. When it's not the mom's turn to work she may drop her child off and leave, providing the child is two years of age or older.

The first session runs from mid-September to Christmas and the second

session from January 'til early May. Each child attends one morning per week for an hour and a half. If you want to know more about Mom and Me, come on out for Registration Night. This will be the only chance to register your child, so plan to attend.

Marriage



Mr. & Mrs. Nick Racioppi are pleased to announce the marriage of their daughter

ANNA

to

ALEX SORENSEN,



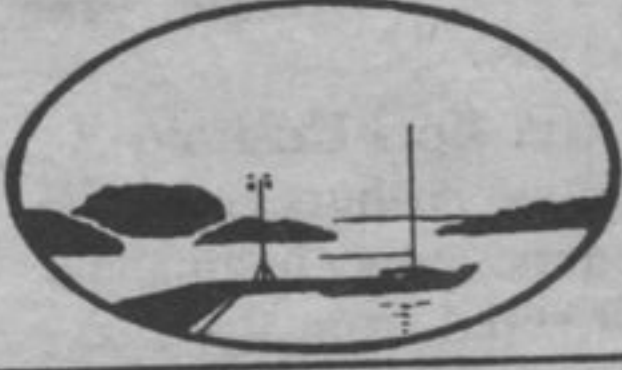
son of Mr. & Mrs. Paul Sorensen of Manotick, Ontario. The wedding will take place at 2:00 on August 10th at Holy Angels Roman Catholic Church, Schreiber.

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Birth Announcement

McARTHUR Mike and Darlene are pleased to announce the long-awaited arrival of their first born, a son

KRISTOPHER MICHAEL



Born in the Port Arthur General Hospital on July 19, 1985 at 1:27 p.m. weighing 4 lbs. 1 oz. Proud grandparents are Mr. & Mrs. A. Regis of Terrace Bay, and Mr. & Mrs. A. McArthur of Collingwood.

BIRTH ANNOUNCEMENT

David and Cathy Lengyel are proud to announce the arrival of their Daughter

SAMANTHA CRYSTAL

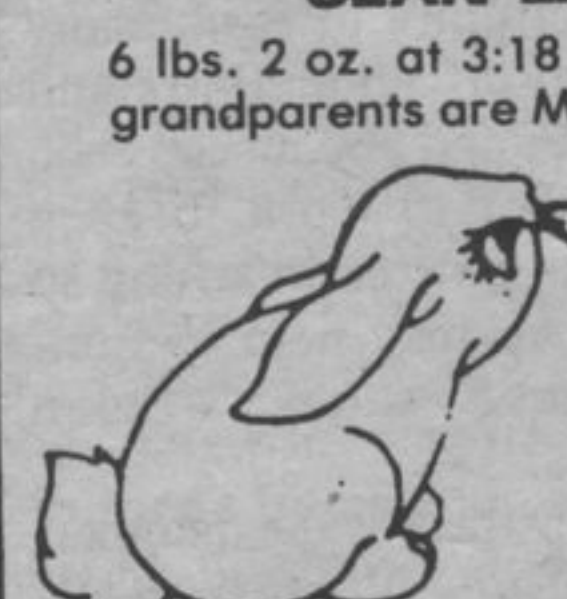


on July 16, 1985, weighing 9 lbs. 2 oz. Proud grandparents are George and Dorothy Lengyel, and Ed & Irene Bourtiski.

BIRTH ANNOUNCEMENT

John & Caryn Agnew are proud to announce the safe arrival of their first child

SEAN LAWRENCE DALY



6 lbs. 2 oz. at 3:18 p.m. on July 29th, 1985. Proud grandparents are Mrs. Lorna Angew of Ottawa, Mr. & Mrs. Hugh Anderson of Terrace Bay, and Mr. Lawrence Ziegler of Calgary, Alta. He was born at the Port Arthur General Hospital. Special thanks to Dr. Bailey for all his good care. Also thanks to Dr. Baunemann and the Nursing Staff at the Port Arthur.

Personal Lending

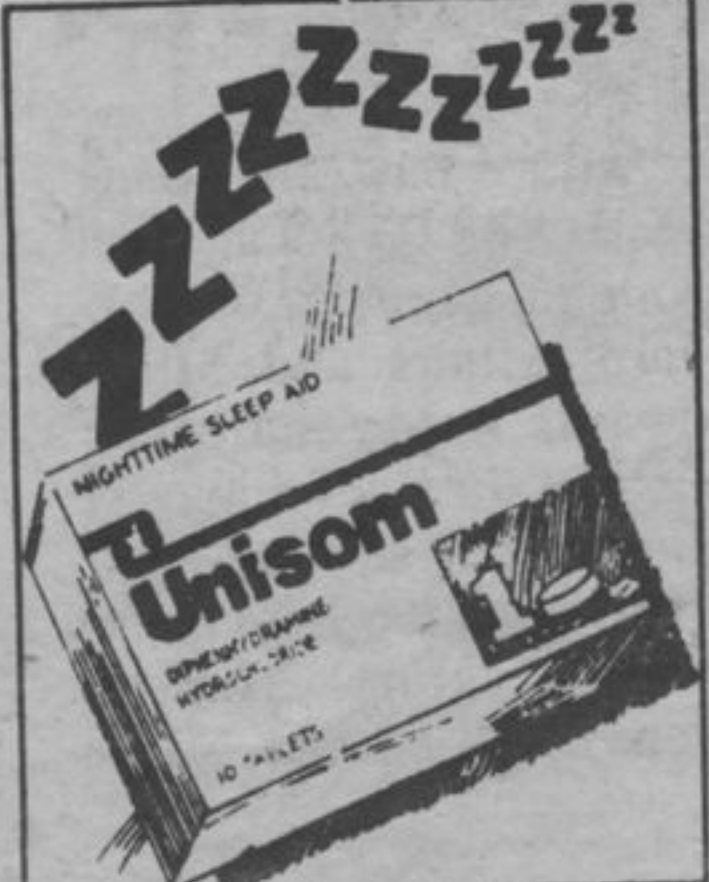
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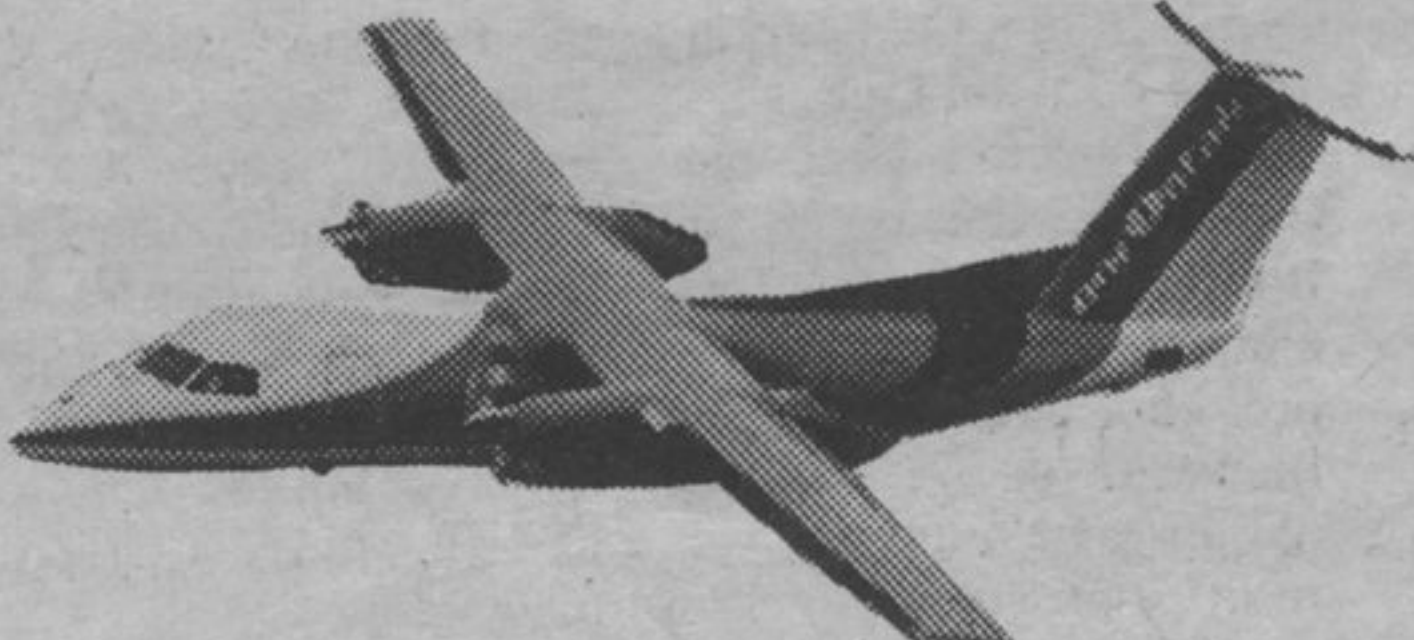
Bank of Montreal offers a competitive salary and benefits package as well as advancement opportunities in a stimulating work environment.

Interested applicants please send a resume in confidence to:

Brian McKenzie, Personal Loans Manager, P.O. Box 728, Thunder Bay, Ontario.



NOTICE OF COMMUNITY MEETINGS



The Ministry of Northern Affairs and Mines and the Ontario Northland Transportation Commission are holding community meetings on the Dash-8 aircraft to be introduced in northwestern Ontario in the near future.

Interested groups or individuals are invited to participate by presenting their views on current norOntair service, suggesting alterations, improvements and routing alternatives.

Information on norOntair's role, its current service patterns and characteristics of the new aircraft will be provided at the beginning of each session. Written or oral submissions are welcome.

Meetings will be held at:

Kenora - Inn of the Woods
Monday, August 12, 7 p.m.

Red Lake - Polish Hall
Tuesday, August 13, 1 p.m.

Dryden - Best Western Hotel
Tuesday, August 13, 7 p.m.

Atikokan - Steep Rock Inn
Wednesday, August 14, 1 p.m.

Fort Frances - Red Dog Inn
Wednesday, August 14, 7 p.m.

Terrace Bay - Recreation Complex
Thursday, August 15, 1 p.m.

For more information, contact: Bill Lees
Ministry of Northern Affairs and Mines, Kenora
(807) 468-3135



Ministry of Northern Affairs and Mines

René Fontaine
Minister

David Hobbs
Deputy Minister

