

Bits and Bites

by Helene Ballard



belongs but stop and think for a second, would you throw all that stuff on the

Good day everybody!
Time again for a few words from this humble person. In a few days the Easter Bunny will be here, so that's one more sign of spring. Now that the snow is going so fast, we can see more candy and gum wrappers laying around, so

come on guys and gals, let's remember to put this trash where it belongs, in the litter cans. Let's get our town all nice and clean, it's so nice to see a town that has pride, do it's best to keep it nice. Maybe some of you think I am a nut about picking up and disposing of litter where it

floors in your home? I think not, because I am sure if you did your mothers would make you pick it up, so if you go to throw papers etc. on the ground, stop and put it where it belongs, in the litter box. Then when you hear visitors say "What a nice clean town this is," you can feel proud and say "I helped make it that way."

We had a nice birthday party last week, our monthly party for the residents, hosted by our auxiliary who as usual did a great job. It was an afternoon of fun and games did you ever

try to push a drinking straw through a raw potato? Try it sometime, it's good for a few laughs.

Last Wed. evening we had some music to liven up the place. Ed Barry who played his guitar for us and Beth Neely who sang country and western with a few old time songs. On behalf of the residents I would like to thank these nice folks for coming to Birchwood to help pass a few pleasant hours.

Nice to see one of our cooks, Rosa O'Javee out and around again after surgery. We will be looking forward to having you

back at work Rosa, so keep up the good work.

As all of you know we make plastic flowers here for decorating cars for weddings, and as the time is upon us once more for spring and summer weddings, we are very badly in need of empty egg boxes, to put these flowers in for storage so may I ask you housewives to please save them for us. Just drop them off here at the Home and we will be really grateful. Thank you.

I got a couple of phone calls in regards to my picture in last week's paper taken with a nice big "pussycat." These wise guys wanted to know which one was the beauty and which was the beast. Come on fellas I know there is a lot of hard miles

on this road but you must admit for 75 it really isn't all that bad, I know I'm not Helen of Troy and my face would not launch a thousand ships, but maybe one little shrimp boat?

It will soon be time for hours of fishing in the sun, so please remember our "Wild Game Cookbooks" we have on sale here. There are 28 pages of fish recipes which are very good, and they can be bought here at Birchwood for \$6.50.

As I have put in a "reminder" about trash I won't have a real big bite for this week.

So until next week remember, "You are not as young as you were, and you are going to be older than you are. So watch it."

Author Unknown

Preparations prior to holidaying abroad

By Robert F. Cheetham
Northern Affairs Officer

Winter has really settled in now and many people will be deciding to get away from winter by travelling south. If you are in this group, perhaps this column will be of some help as we may be able to give you advice that can ease some problems.

We receive many inquiries relating to OHIP coverage out of Canada and auxiliary coverage for such trips. OHIP will cover 100 percent of non-elective (emergency) hospitalization in standard ward and medical services. Solicited health care is covered at 75 percent of standard ward rates and at 75 percent for extra services provided. There is an excellent pamphlet available which describes the necessary documents that you must bring back with you after receiving medical services out of Canada, in order to claim reimbursement. For your copy of this information, you may ask for the "Traveller's Guide to OHIP" at the Northern Affairs Office.

Several insurers provide coverage for amounts not covered by OHIP only when out of Canada. One of these insurers is Blue Cross and applications (en-

titled "Health Plan While Outside Canada") are available at the Northern Affairs Office.

Canadian passports cannot be renewed. If your passport has expired, you must apply for a new one which will be good for five years. For your convenience, passport applications are available at our office. Through the mail, passport applications to Ottawa take two to four weeks time.

If you are a landed immigrant to Canada, please remember that you must travel on a passport from the country from which you hold citizenship. If such a passport has expired you will have to contact the embassy or nearest consulate of the country that issued the passport and this could take time.

For travel to the U.S.A. it is becoming more prevalent that United States officials are requesting to see your birth certificate if you are a Canadian by birth. Complaints have been received whereby a Canadian-born person

without a birth certificate was refused entry to the U.S.A. A Canadian Citizenship Certificate for people born in Canada can be applied for at this office.

If you are planning a

trip, make sure your planning is complete enough to include health coverage, passports and a birth certificate with some time to spare before departure. For any assistance or further

advice, please contact the Northern Affairs office located on the lower floor of the Peninsula Building, 2 Gilbert Street, Marathon or telephone 229-1153 or Zenith 33160.



Opening of new Post Office, Feb. 17, 1947. L-R Mr. Cox, B. Donovan, F. Soughton, W. Doran, D. Emerson, R. Williams, E. Cavanaugh

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THUNDER BAY, ONTARIO

Turbine Installed

Ontario Hydro has just completed installation of a stainless steel turbine runner at Aguasabon GS, Terrace Bay. The major component of a hydraulic generating unit, the runner uses the force created by falling water to spin the generator shaft.

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Mr. B.J. Kelsey professional photographer, teacher and vice president of Prismatic Photo will be conducting the course.