# Cook of the Week





Pee-Wee Championship Tournament, Schreiber and Marathon.

OTTO&BAYNE

**Decorating &** 

Floor Covering

of Thunder Bay will have a showroom at the

Imperial Motel

**Terrace Bay** 

# Quick goulash

Our cook this week is Irene Folz, not only is she our cook, but also the newest addition to the staff at the Terrace Bay Schreiber News.

Irene comes to Terrace Bay by way of Elliot Lake, with her husband Phil, and two sons Collin and Ryen. She and her family have been living here for 5 wonderful years.

Irene had plans of retirement after her last job, but finds life at home much too boring with both her boys in school all day.

Irene takes care of all the office procedures at the News, and we hope she'll be with us for some time.

Drop in and meet Irene, especially if you try her Quick Goulash.

**Quick Goulash** 1 round steak (cut into strips)

1 large onion (sliced) c. sliced fresh mushrooms l can tomato soup 1/4 can water, salt and

pepper 1/4 tsp. thyme

Mrs. Addie Beaulieu and Mr. Micheal Moore.

The meeting of the

Board of Governors of the

McCausland Hospital on

March 5th, also brought

out the Ladies Auxiliary to

the Royal Canadian

by President Mrs. Addie

Beaulieu, along with Mrs.

Pam Jones, Mrs. Shirley

Love, Mrs. Cora Ropchon,

and Mrs. A. Dailey,

presented a cheque of

\$1000 to President of the

Board, Mr. Michael

Moore. Mr. Moore thank-

ed the Ladies of the Legion

Mr. Don Ross, ad-

McCausland Hospital is

for their generosity.

ministrator

The ladies, represented

Legion, Branch 223.

Ladies auxiliary donation

cup sour cream

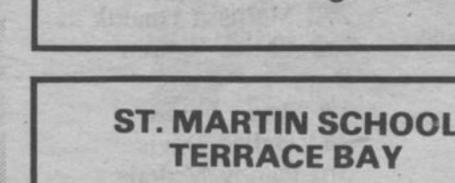
Sprinkle salt and pepper liberally over steak and fry in 2 tbsp. butter. Remove and add onions and mushrooms to fry pan. Saute for 2-3 mins, and add to steak in casserole dish. Add thyme and stir. Add

soup to drippings in pan with water, mix well to get all bits and pour over steak. Bake at 350 degrees for one hour or microwave on med. low 20 mins. or slow cook. Add sour cream before serving time. Serve over buttered noodles.

## **Tri-Star Cleaning** Systems

Weekly \$100.00 **Grocery** or **Cash Winner Angel Wood** 

284 Kenogami Rd. Terrace Bay Congratulations



## **TERRACE BAY**



### REGISTRATION

#### Kindergarten & Junior Kindergarten

Any parent with a child who is eligible for enrolment in Kindergarten or Junior Kindergarten is asked to pre-register by phoning the school at 825-3255 or by completing the form below and sending it to the school (Children currently attending St. Martin School need not reregister).

Kindergarten - To be eligible to attend Kindergarten in September 1985, children must be 5 years old on or before December 31, 1985 (Born in 1980).

Junior Kindergarten - To be eligible to attend Junior Kindergarten in September 1985, children must be 4 years old on or before December 31,

Formal registration will take place May 7th.

B. Lalonde, Chairperson

P.M. Gillden. Director of Education

NAME OF CHILD

BIRTHDATE

NAME OF PARENTS

## capital equipment.

also very grateful and tells

us the money will be put

towards the purchase of

R.O.

i.m. dodick

optometrist

1119 Victoria Ave.

**THUNDER BAY** 

Phone **622-7726** 

#### THE LAKE SUPERIOR **BOARD OF EDUCATION**

announces

**EARLY REGISTRATION** 

## JR. KINDERGARTEN & SR. KINDERGARTEN

Jr. Kindergarten - Children who will be 4 years old

by December 31, 1985.

Sr. Kindergarten - Children who will be 5 years old by December 31, 1985.

Note: Students currently attending Jr. Kindergarten need not reregister for Kindergarten.

#### **Special Orientation Coffee Hour**

Date: Wednesday, March 20, 1985 at 1:30 p.m.

Place: Schreiber Public School Library

Resource Personnel:

W. Tessier - Principal J. Reid - Kindergarten Teacher M. Leslie - Public Health Nurse

If you are unable to attend the coffee hour, registrations will be taken Thursday, March 21 - Wednesday, March 27 from 9:00 a.m. to 12:00 p.m. at the office. When registering your child please bring proof of the child's age. For further information please call:

M. Reid Chairman

## SCHREIBER PUBLIC SCHOOL

**Eligibility:** 

824-2082.

M. Twomey Director

For appointment call The Imperial Motel

March 18 - 19, 10 a.m. - 9 p.m.

Wide selection of Draperies, Carpets, Upholstery,

and furniture catalogues.

825-3655

Qualified interior

designers and carpet

people to assist you.