## Cook of the Week Chicken casserole

Chicken Casserole

1½ cups raw rice 1 onion soup mix 1 can mushroom soup 11/2 cups boiling water 1/4 cup dry sherry

2 tbsp. pimento 61/2 chicken breast pinch paprika ¼ cup butter

Combine first 6 ingredients and lay chicken on top. Sprinkle chicken with paprika, pour melted butter over and cover. Bake 11/2 hours at 350 degrees.

This recipe was given by Richard Smith who feels it can be copied by any bachelor.

## Kids and animals used in charity scam

Some phoney charities animals to tug at the purse strings of unsuspecting Ontario residents.

The sale of chocolate bars by young children is the most common charity scam in the province, says Tom Johnson, chief investigator for the Business Practices Division of the Ontario Ministry of Consumer and Commercial Relations (MCCR).

"I'd say there are more kids out there selling chocolate bars for phoney charities than for truly worthy causes," says Johnson. "As in most of these scams, the canvassers play on people's sympathies."

The business is set up by a promoter, generally a young adult, who buys chocolate bars from a manufacturer or makes them in a basement operation. A team of children, usually 10 to 12 year olds, is then recruited to sell the candy on commission. The promoters sometimes wait for youngsters outside school buildlings to offer them jobs.

Each child is told exactly what to say in the sales pitch and warned to avoid using the word charity. As long as it is never referred to as a charity, the scheme is not illegal.

Since worthy charities also sell chocolate bars to bring in money, it is dif-

ficult to spot the phoneys. And the promoters set up their operations to look

as much like the real thing

as possible. Some tell their use cute kids and helpless young sales force to say the momey will go to "student employment projects"; although the only jobs being created are in peddling chocolate bars. Youngsters are also instructed to tell potential customers the money will "help keep children off the street", when in fact the sales are putting young people on the streets to flog chocolate bars.

youngsters themselves get little money from the venture. If bars are sold for \$3, the children might get 40 cents for each one. Generally, the candy costs about \$1 to make and the promoter pockets the rest of the proceeds.

Legitimate charities may even get conned into helping promoters. Charitable groups have, for example, agreed to take a small percentage of proceeds for allowing their names to be printed on chocolate bar wrappers. Thus, the promoter still rakes in the largest profit and can advertise sales as a "legitimate charity drive". These schemes can be almost impossible to spot.

The ministry recently became aware that kindhearted people have been duped into donating money to an American-based "animal welfare" group which had only its own financial welfare in mind. Residents even volunteered to collect funds for the outfit, until they discovered most of the money went

straight into the directors'

Few creatures with more than two legs ever benefit from such schemes and some may even suffer if people become wary of donating money to legitimate animal welfare societies.

Simply asking questions can help deal with phoneys. Ask outright if the money is "going to a legitimate charity". If the answer is yes, find out which group is involved, where they are located and how much they will get from each sale.

Be aware that the existence of a federal income tax registration number does not guarantee the organization is a reputable charity. .

Get the name, address and phone number of the canvasser or promoter. Check on the organization if it looks suspicious.

Ask children if they're making money from the sales. Most charities use volunteers to sell fund raising items.

Any legitimate organization will be happy to. answer questions.

informative brochure, Phoney Charities - Scams for All Seasons, has been produced by the ministry. To obtain a copy, call the Consumer Information Centre at (416) 963-1111 or (toll free) 1-800-268-1142.



A record 5,500 young Canadians - 2,000 of them from Ontario - will have an opportunity to work, learn and travel through the Katimavik program in 1985, International Year of Youth.

Skating is winter recreation for many people in Terrace

On January 28th, Katimavik will launch a major nationwide campaign to recruit 17 to 21 year-olds for its unique youth volunteer service program.

In Ontario, Katimavik recruitment officers will visit more than 500 secondary schools, as well as colleges and universities, youth and community centres, and Canada Employment Centres to tell young people about Katimavik.

Those accepted into the nine-month program work, as volunteers, on a variety of community projects that can range from blazing ski trails to restoring historic artifacts, to developing teaching programs for the physically or mentally handicapped.

participants learn marketable work and life skills, and acquire needed work experience.

Participants also live and work in three different regions of Canada, and participate in an educational program that includes instruction in a second language.

To celebrate International Youth Year, participants in the 1985 Katimavik program also will undertake three special projects: The United Nations Tree Project will see the volunteers involved in tree planting and forestry maintenance programs; the Fitness Project will encourage personal fitness development; and the Youth Centres Projects will involve Katimavik youth in improving youth centre facilities and working with other young people to imrecreational prove programs.

Katimavik volunteers receive a \$1 daily allowance, and a \$1,000

825-9545

finish the program. Any young person aged 17 to 21, who is in excellent physical and mental health,

can apply to the program. Application deadlines are: February 8, March 29, April 26, May 31, July 5 and August 20.

Young people interested in Katimavik should call Katimavik using the toll number free 1-800-361-8077, or write Katimavik (Participants Office) 2270 Pierre Dupuy Ave., Cite du Havre, Montreal, Quebec H3C 3R4.

## Thank you

I wish to express my thanks to everyone who helped to make my shower such a success. I would also like to thank those who doanted on the losts in the Bay, Spadoni's and Western Tire.

Michele Garneau (nee: Ray)



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