



# What's New Terrace Bay Chrysler and The Petal Patch

## Terrace Bay Progressive Conservative Association

**Notice of Meeting: Thurs. Dec. 6**

**Purpose:** 1. To renew the Terrace Bay P.C. Association  
2. Election of Officers  
3. Memberships

**Place: Public School Gym**  
**Time: 8:00 p.m.**

*Everyone Welcome*



*JUMP IN THE CAR ...  
IT'S NOT FAR ...*



### WEEKEND PACKAGES

accommodation & lifts

**\$54.00**

\*CHILDREN STAY FREE IN PARENTS ROOM

**LIFTS** • Option to ski any of 3 resorts!  
**HOTELS** • All 5 & 4 star with pools, saunas,  
restaurants and more...  
**TOLL FREE 1-800-465-6950**

79 N. Court St., Thunder Bay, Ontario, Canada P7A 4T7



Ski Thunder

## Northwestern Ontario Women's Health Education Project

When Becky was expecting her first child, she was overwhelmed by advice from relatives and friends. She was

confused by conflicting points of view in books and magazine articles. Joan, on the other hand, had just moved to a new town where she had neither friends or relatives to consult, and she was not sure where to find books that would provide the most reliable information on pregnancy.

Becky and Joan faced a similar dilemma. Like an increasing number of women who are taking a more active interest in their personal health, they have no consistent way of seeking information on such health concerns as birthing, menopause, pre-menstrual syndrome etc. The Northwestern Ontario Women's Health Education Project (N.W.O.W.H.E.P.) has spent the past two years conducting workshops aimed at involving women in information sharing and has found that such questions and concerns can be effectively explored and dealt with in a group situation.

For this reason, N.W.O.W.H.E.P. is sponsoring a series of training sessions aimed at initiating the process of health information and resource sharing in community

session will be held in Thunder Bay at the Valhalla Inn, January 18-20, 1985. It will introduce participants to health information resource material, suggest ways to use the material, give pointers on starting groups and group dynamics, and explore the philosophy of self-directed health care.

N.W.O.W.H.E.P. is seeking two women from designated communities to take part in the training session. Working together in their community and supporting one another's efforts, the women will be encouraged to utilize the information resources in their community in the weeks following the training session. The coordinators of N.W.O.W.H.E.P. are encouraging all women to consider being a part of the session. A formal background in health is not a prerequisite, rather a sincere interest in women's health issues and in community involvement are an asset.

The designated communities are: Kenora, Fort Frances, Red Lake, Pickle Lake, Ignace, Sioux Lookout, Dryden, Atikokan, Ninigou.

# SPADONI BROS.



We'll check the following areas:

- Thermo controlled air cleaner
- Carburetor choke
- Engine Idle speed
- Early fuel evaporation system
- Carburetor mounting torque
- Vacuum advance system
- Fuel filter
- Idle stop solenoid/or dashpot
- Spark plugs
- Engine timing and distributor
- PCV valve and filter, elements
- Radiator antifreeze

**Plus 20% OFF all General Motors Tune-Ups Parts**  
**For most G.M. Cars and Light Duty Trucks**

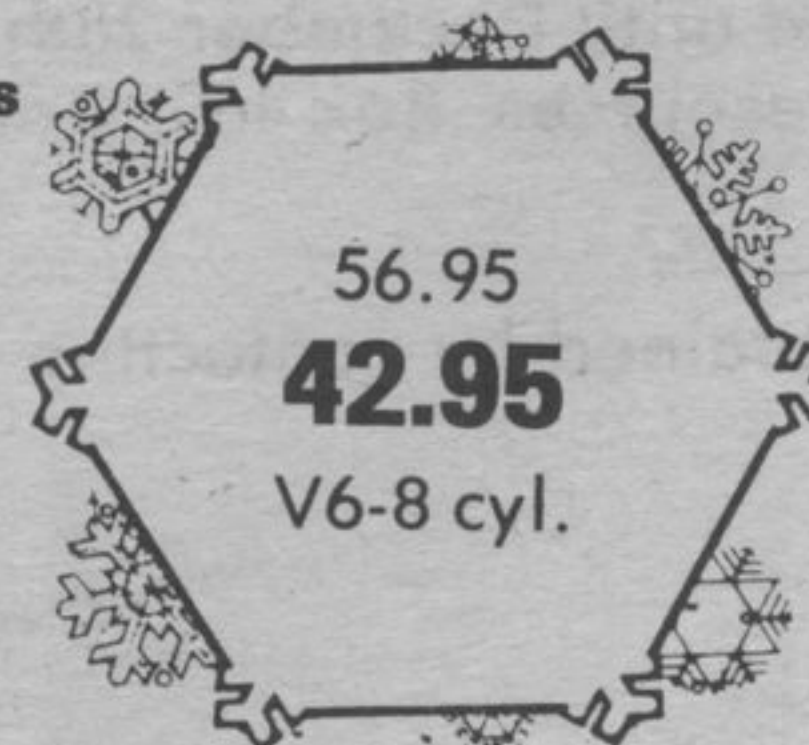


For safety's sake have your GM car or truck Cris\* checked. No charge. Just ask our Service Advisor.  
\*Computer Recall Identification System



Offer good until Dec. 19, 1984

## Winter Tune-Up Special



GUARANTEED SERVICE  
GUARANTEED GM PARTS  
GUARANTEED PRICE