"It was a great start"

by ANNE TODESCO

The Bicentennial celebrations being planned this year, bring to mind an old recipe very popular at the time that the white settlers came here. It was the "Sour Dough Starters", an ingredient used to make bread or pancakes. In fact it was a standard ingredient for bread. If lost, spilled or stolen, it

would leave a person destitute and they could

starve. These starters were a portion of the soft dough always kept on hand. It would ferment and sour, and a cupful or so, would take the place of yeast in the bread or pancakes. It left the bread with a sour odour and taste. It was considered the sustenance of

the trappers, miners, lumbermen and the settlers.

This type of bread is becoming popular again, and can be found on grocers shelves once more. This type of bread is the oldest leavened bread in the world. It was discovered in ancient Egypt. One can say that it was associated with the Canadian and American frontiers.

I can recall when my grandfather would tell us stories about the bread and pancakes made from this sourdough starter in his lumber camps. I wonder

what a bride of today would say if she found a jar of this starter among her bridal gifts, but it actually was a part of the bride's dowery in the early days. It was worth

its weight in gold and had to to be kept well protected. It was the difference between survival and perishing. When the Indians learned about this dough starter, they discovered if it stood for awhile, it gave off a clear but potent liquor which they called "hootch." That is how this word became known regarding home brew.



EVERYONE WELCOME

First Response Team

by ANNE TODESCO

An item in the "Rossport Times" news bulletin is very interesting this week. It is "First entitled Response Team."

"Rossport could have a potential tragedy anytime," says Patrick Dingwell, the local Ambulance owner-"We, in operator. Rossport are far enough from Terrace Bay where the ambulance service is based, that someone could die of a heart attack, an electrical shock or smoke in-

halation, before the ambulance could arrive with oxygen."

He feels a way to a partial solution to this problem is to have a first aid, cardiopulmonary resuscitation and instruction on the usage of oxygen courses. He is willing to organize a programme of instruction for evenings only, once or twice a week, spaced over several weeks.

The Recreation Committee already has a few names towards the necessary ten needed, to

set up this system. It was decided at their last meeting to ask the Fire Department to consider this as an important component of their basic training. A letter is to be sent requesting that at least 5 members of the fire team take this course. Dates for June or next fall seem to be within the most sensible time frame.

This promising project would be the greatest help for the villagers if such an occasion should arise here.

Gold Rush Days at Birchwood

In an atmosphere of good old Gold Rush Days, Birchwood Auxiliary was set to return residents and seniors, suitably attired to the Klondike last Friday evening at Birchwood Terrace. Old maps, photos, and much memorabilia decorated the walls, while candles set in bottles, illuminated the tables.

Rosemary Thorpe was attractively dressed for her role, presiding over the blackjack table, of this, Russ Macadam was the final winner.

Entertaining during evening were Madame Jean, with her accordian; Pam Jones and her chorus line of can-can girls (to the accompaniment of an old gramaphone record); and Pam led the group in a singsong, accompanied by Joann Rogerson at the piano.

The winner guessing the correct weight of the dinosaur bone was Michael Ghabota and Anne Pelto discovered the largest cache of gold.

Lillian Bellineau was in charge of the luncheon that concluded Auxiliary's entertainment.

NOTICE TREE PLANTERS

The Ministry of Natural resources is presently accepting applications from persons interested in tree planting in the Spring 1984 from approximately May 28 to June 21.

Selected applicants will be employed by the Ministry of Natural Resources, Terrace Bay District at either Ramsey Lake Silvicultural Camp (north of Manitouwadge) or Portage Lake Silvicultural Camp (near Great West Timber Camp 7).

Planters will be paid on a piece rate basis at 7.5¢ /tree or 6.5¢/tree container stock. Assessments will be carried out to determine the number of properly planted trees for payment.

Interested persons should submit applications to:



Ministry of Natural Resources

Hon. Alan W. Pope Minister John R. Sloan Deputy Minister

Ministry of **Natural Resources** P.O. Box 309 MANITOUWADGE, Ontario POT 2CO (telephone: 807-826-3225)

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