# Community News

### Day of Bread

by Sharyn Legall

Our Day of Bread began with Mass at 9 a.m. Mrs. Val Paterson (BHE) a well known speaker in our diocese on Practical Christianity was our guest speaker for the day. Val led us in prayer and we sang "I am the Bread of Life." We each received a booklet with a Cracked Wheat recipe, the hymns "I am the Bread of Life" and "One Bread One Body", scripture verses, bread blessings and space provided for our own reflections. We were seated in a circle and Val had arranged sheaves of wheat, a bible, a lighted candle on a red cloth, with a loaf of bread in the centre of our circle; illustrating how Jesus is the light of the world; and His word and being, the bread of life.

All ingredients for the making of the bread had been laid out on big tables, so we worked in pairs, bringing our own bowl, wooden spoon, tea towel and apron with us. Val asked us to work in silence as she led us in the meditation of adding each ingredient, reflecting, through prayer, to our own attitudes and dispositions, how they compare to the coarseness, sweetness, of the ingredients. How some of us require more kneading than others to break through to another person. By our own attitudes and dispositions, we can bring joy, gladness or hurt to our neighbour. We must always try to be kind and loving to really try to love the hard to love person, to strive to break the barriers with soaking love! Jesus, our Bread of Life, calls each of us to bring His love and healing to each other.

It was beautiful how Val, in the making of bread, taught us how, in the ingredients, kneading, and preparation, we can live the Beatitudes and apply this to be effective in our way of living each day. Delores read the bread blessing and the bread was put to rise. We broke for a delicious lunch.

As the bread was put in the ovens we had quiet time to pray, read scripture or reflect on the day. We broke the baked bread with each other, passed it to one another extending to this person a prayer or blessing.

To close we went upstairs to the Church to say the Apostles' Creed, the Our Father, and the Prayer for the Holy Year. We ended the day with the hymn "One Bread, One Body." We sang the "Blessing of the Lord" over Val.

We were not many in number, only 12 of us, with Father Pottie, joining us for lunch making 13. As Marylyn said "What we lacked in numbers, we made up for in spirit." Marylyn thanked Val and presented her with a CWL Plate.

Special thanks to Lillian and her team and Gertie for a delicious lunch, to Maria for her help with the ovens, Kathleen our photographer, to Joe for the donation of the yeast, to Father Pottie who shared our lunch and led us in grace, to all who participated in any way to making this a successful day.

We pray that our Lord may continue to bless Val for sharing with us her talents and herself.

### **NSDC** Log

It has been suggested that the North Shore Dive Club form a chapter in the Nipigon-Red Rock area. The members are in favour of this and changes to the constitution will be forthcoming.

The Boogie was a great success due to a lot of hard work and Community support. It is hoped that those who were unable to help in this club venture will keep August 4th open to attend the Treasure Hunt.

There are some members interested in having courses in First Aid and CPR. Any Dive Club members who were not at the last meeting to sign up may still indi-

cate their interest by calling Lynne Badger at 825-9387.

It was suggested that the club dive the wreck "Columbus" at Gargantua Harbour east of Wawa. It could be a family camping trip.

No date has been set for a summer excursion to Tobermory but it will be discussed at the next meeting.

There will be a Treasure Hunt in Thunder Bay on June 16 at Wild Goose Park, Lakeshore Drive. Hopefully the North Shore will be well represented.

The next meeting will be at 7:30 p.m. Friday, April 13th at Dave and Judy Bedard's home in Schreiber. All members are urged to attend.



Don Pawlett, Beaver Leader "Hawkeye", receives a donation of \$50.00 from Adelaide Beaulieu president of the Ladies Auxiliary to the Royal Canadian Legion Br. 223. The Beavers intend to buy craft supplies with the cheque.

## Rossport Notes

by Anne Todesco

Mrs. Todesco was hostess to the St. John Berchmans Altar Society members on Thursday evening for the regular monthly meeting. The opening prayers were recited by Rev. Father Groulx. The scripture readings from the Minute Meditations for each day were read by Mrs. Gail Bain. They were entitled, "I give them eternal life and they shall never perish. No one shall snatch them out of my hand." The minutes and financial statement were moved for adoption.

The correspondence included several "Thank You" cards and were filed. A report was heard on the response for the cemetery committee which includes members from both the Roman Catholic and Protestant churches. They hope to make im-

provements to the cemetery as soom as the warm weather sets in.

After some discussion, it was decided to order the society's pins from a design presented by Mrs. Albert Ray. A tentative date early in May was set for the annual penny auction event. Prizes are coming in steadily and members of the congregation are asked to keep sending articles to either Mrs. Laura Legault or Mrs. Anne Todesco as soon as possible so they can be counted and sorted.

A satisfactory report was heard on the home Bingos. An afgan will be raffled off on Derby weekend. The tickets to be on sale as soon as the licenses are received.

Following adjournment and prayers for the sick of the parish, luncheon was served and an enjoyable hour in recalling the past accomplishments of the society. The April meeting will be held at Mrs. Doris Legault's home on April 12th at eight o'clock.

Among those who were Lakehead visitors the pase week were, Mr. and Mrs. Lester Legault, Mr. and Mrs. Jos. Campbell, and Anne Todesco.

Mr. and Mrs. Lester Legault entertained Felix Legault at a dinner before he left to reside at Birchwood Terrace Senior Citizen's Home in Terrace Bay. We are all going to miss Felix on several accounts. He always shared his garden with his neighbours, assisted neighbours, when any problem arose

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### Duplicate Bridge

Duplicate bridge was held Friday March 30, 1984 at Holy Angels School in Schreiber. We had an excellent turnout with six tables in play and the results were as follows:

1st P. and I Gillen 84

pts.
2nd G. Caccamo and

P. Cebrario and D. and A. Dodd both with 80 pts.

3rd D. Adey and F. Notwell 73.5 pts.

Duplicate bridge will be held again this Friday at 7:15 p.m. at Holy Angels School in Schreiber. We hope to see you there.

# "Exploring Life Changes" A Workshop on Menopause and Aging

Terrace Bay Recreation Centre Multipurpose Room Wednesday, April 11 7:30 p.m. - 10:00 p.m.

Sponsored by: Northwestern Ontario Women's Health Education Project.



# REGISTER NOW FOR SPRING TERM OFF-CAMPUS COURSE

Course: Terrace Bay
Course: Philosophy 2501 - Moral Issues
and Moral Theories

Instructor: Dr. Richard Berg

Registration forms may be obtained by contacting our Off-Campus

Representative:
Mr. Brian Peters
Tel. 825-3615 or 3225 (school)

825-3505 (home)
Completed registration forms and appropriate fee payments must be submitted to the Off-Campus representative by the following date: Sunday, April 22nd.

Lakehead University.

TOWNSHIP OF SCHREIBER



#### NOTICE TO PARENTS

Schreiber Parents are requested to caution their children as to the dangerous conditions of Cook's Lake Creek & the drainage ditch near the Schreiber Recreation Complex. Your co-operation would be appreciated.

Reeve & Council