

Mid-Life Myths and Mysteries

If you have ever heard someone attribute the behaviour of a woman over forty to the fact that she is "going through the change", you have been exposed to an attitude that many people have toward menopause and aging. Women in mid-life are

accused of irrational behaviour, raging hormones, fits of anger and emotion, all classed as the symptoms of menopause.

In fact, the effects of menopause are not all that established. Until a very recent surge of medical and scientific

research on the subject, (no doubt related to the current age of the bulk of the North American population), very little concrete research existed. Very often the myths and negative attitudes are a result of a lack of information and understanding.

"Exploring Life Changes: A Workshop on Menopause and Aging" has been designed for women of all ages to explore the attitudes, mysteries and myths surrounding menopause and aging. Sponsored by the N.W.O. Women's Health Education Project (W.H.E.P.) the 2½ hour workshop looks at the actual physiological changes that occur at this time, as well as some of the changes in roles and relationships that are prevalent during mid-life. Prevention of mid-life health risks, surgical menopause, and the controversial Estrogen Replacement Therapy will be dealt with during the workshop.

Menopause and aging are natural processes in a woman's life. Supportive group activities where there is sharing of information and experience among those involved have been demonstrated as the most effective way for women to gain a better understanding of these subjects. "Exploring Life Changes" will aim to inspire and motivate participants towards this process.

In Terrace Bay, the workshop will be held on Wednesday, April 11 from 7:30 to 10 p.m. in the Recreation Centre multi-purpose room.

For further information, please contact the Recreation Centre at 825-3542.

Miracle Crusade

with Evangelist

LAWRENCE TRAFFORD

This man was known as "Trapper"

- Federal Penitentiary No. 1890
- Involved with organized crime
- Convicted and sentenced to 12 different prisons and penitentiaries in Canada and the United States International Drug Dealer
- Alcoholic

Speaker with FGMBI
T.V. Appearance on "It's A New Day"
Scheduled Guest "100 Huntly St."
and Numerous Radio Talk Shows

Now He Preaches the Gospel, what made this change?

Lawrence Trafford healed of bronchial asthma
 exzema (eyes) also

Mon. & Tues., April 2 & 3 — Schreiber Public School

Wed., April 4 — Terrace Bay Public School

Thurs., April 5 — Terrace Bay Public School

Fri., April 6 — Youth Rally in Terrace Bay

Sun., April 8 — Terrace Bay Gospel Assembly - 11:00 a.m.

Weekday Meetings start at 7:30 p.m.

Phone 825-9368

Documented Miracles:

- Guderyan, healed of migraine headaches in Hudson's Bay, Sask.
- Lawrence Cote, back healed, Edmonton
- Pat, delivered from cigarette smoking, Edmonton
- Ray, aneurism in the brain, instantly healed when God's servant prayed, Oxbow, Sask.
- Wilfred Ermine, healed of a broken neck, Saskatoon, Sask.
- Betty-Anne Dore, lumps in the breast dissolved after prayer, Edmonton

"Come and See God Heal The Sick"



Their hard work paid off! Some of the Dancers at the Jazz and Ballet Dance Recital March 27 perform a ballet to "Music Box Dancer" for their families.

Thunder Bay to host Disabled Games

Thunder Bay will be the site for the 1984 Regional Games for persons with a physical disability. These Games will take place on June 8th, 9th, and 10th at the C.J. Saunders Fieldhouse and the Fort William Stadium and will include the following events: Amputee, Blind, Cerebral Palsy and Wheelchair.

The purpose of these games is to provide a vehicle at the communi-

ty and regional level to all participants, with a physical disability, an opportunity to qualify for selection to the Provincial Games.

These Games emphasize participation, fun, and fitness. All events are open to all persons with a physical disability who are six years old and older.

This year marks the 8th year these Games will have taken place. It is through the support and co-operation of the

Ministry of Tourism and Recreation, Confederation College, Fitness Ontario Resource Services, the Northwestern Ontario Sports Council, the Handicapped Action Group Inc. and numerous volunteers, that they continue to provide an opportunity to these athletes and participants.

Information regarding registration for the Games can be obtained by contacting June Thayer at 475-1255.

Former Student Appointed Dean

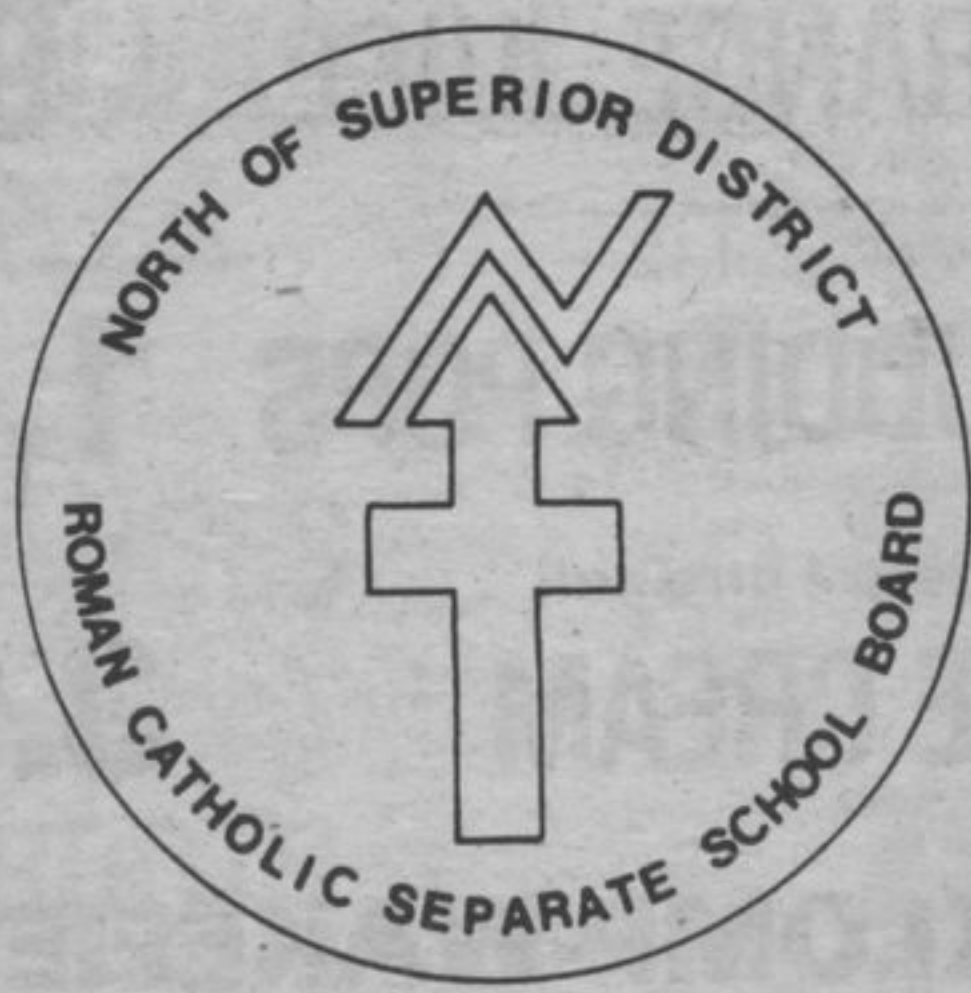
Dr. Roderick W. McLeod, a 1970 Lakehead University graduate was appointed Dean of the Faculty of Education, Lakehead University at a Board of

Governors meeting, Thursday, March 15th. His appointment is effective July 1, 1984 for a five year term, with the understanding that the length of term may be

shortened if the position is affected by re-organization within the University.

McLeod, who has been the Acting Dean since September 1, 1983, will bring a wealth of education experience to his appointment. After receiving his B.A. in English at Lakehead, McLeod continued his education in Alberta, receiving his M.Ed at the University of Calgary in 1972 and his Ph.D. at the University of Alberta in 1978. He first joined the Lakehead faculty staff as an Associate Professor, Faculty of Education in July 1, 1977. He will become Professor, effective July 1, 1984.

St. Martin School Terrace Bay REGISTRATION



KINDERGARTEN & JUNIOR KINDERGARTEN

Any parent with a child who is eligible for enrolment in KINDERGARTEN or JUNIOR KINDERGARTEN is asked to pre-register by phoning the school at 825-3255 or by completing the form below and sending it to the school (Children currently attending St. Martin School need not register)

KINDERGARTEN

To be eligible to attend Kindergarten in September 1984, children must be 5 years old on or before December 31, 1984. (Born in 1979).

JUNIOR KINDERGARTEN

To be eligible to attend Junior Kindergarten in September 1984, children must be 4 years old on or before December 31, 1984. (Born in 1980).

Formal registration will take place in May.

J. Bunkis,
Chairman

NAME OF CHILD _____

BIRTHDATE _____

NAME OF PARENTS _____

TELEPHONE _____

P.M. Gillen,
Director of Education

THANK YOU

We would like to take this opportunity to thank all who came to the dance and helped put it on. Also thanks to the Terrace Bay - Schreiber Intermediates for their generous donation.

All our appreciation,
The North Stars

Visit our

SALES CORNER

DRESSES & BLOUSES

LADIES SUITS

1/2 Price

as marked

Other SPECIALS

April 5, 6 & 7th
Thursday, Friday &
Saturday

Kayser
Spring Hoisery Sale
April 4 - 14

Check our Furniture Department

for Specials on
**Chairs &
Chesterfields**



Spadoni

Department Store
Schreiber 824-2549