

il fooling!

ES ARE FOR REAL

Boneless & cubed

STEWING BEEF

1.98 lb.

Pride of Canada, old country

HEAD CHEESE CHUNKS

2.29 lb.

Extra lean

GROUND CHUCK

1.78 lb.

Boneless, aged for good eating

RUMP ROAST

2.68 lb.



Foodmarket quality

GROUND BEEF

1.18 lb.



Family pak, 9-11 per pkg.

PORK CHOPS

1.38 lb.

FROM THE DELI COUNTER

Hog casing

PEPPERONI

2.29 lb.

Sliced or by the chunks

MOZZARELLA CHEESE

3.58 lb.

Black Diamond

CHEESE

3.49 lb.

mild cheddar

med. cheddar

3.59 lb.

FROZEN FOODS

Farm House, 12 oz.

CREAM PIES

1.69

York 2 lb. bag

CAULIFLOWER

2.69

Sunsun 12 oz. tin

ORANGE JUICE

99¢

Jello pkg. of 12

PUDDING POPS

1.49

Modern 4 litre pail

ICE CREAM

3.99

KLOMP-WAKEFIELD DAIRY CORNER

500 ml.

CEREAL CREAM

99¢

500 ml.

COTTAGE CHEESE

1⁶⁹

Beatrice 175 gram

FRUIT BOTTOM

YOGURT

2/1¹⁹

Pkg. of 10

GRANNY TARTS

1.99

Fresh "A" large

EGGS

1.45 doz.

Neilson's "Thick" pkg. of 3

CHOCOLATE BARS

1.49

Fabric softener, 3.6 litre

FLEECY

2.79

Poly pak of 3

TANG

99¢

500 gram jar

COFFEE MATE

2.29

9 Lives, 170 gram tin

CAT FOOD

3 tins **1.09**

2 roll pkg.

HI-DRI TOWELS

99¢

New Freedom 30's

MAXI PADS

3.49

Post cereal, 400 gram box

HONEY COMB

1.99

Sun-Brite 128 oz. jug

BLEACH

1.49

Single, Velveeta 500 gram

CHEESE SLICES

2.99

Aylmer 14 oz. tin

PORK & BEANS

2 tins **1.19**

Sunsun pieces & stems 10 oz. tin

MUSHROOMS

2 tins **1.19**

Gymnasts

continued from page 6

Unevens

1. Beth Milne (Twisters)
2. Julianne Rock (TBGA)
3. Jennifer Hunter (TBGA)
4. Laura Lee Clausen (TBGA)
5. Dana Anderson (TBGA)

Beam

1. Laura Clausen (TBGA)
2. Dana Anderson (TBGA)
3. Teri-Ann Metcalf (TBGA)
4. Julianne Rook (TBGA)
5. Beth Milne (Twisters)
6. Jennifer Hunter (TBGA)

Floor

1. Julianne Rook (TBGA)
2. Laura Lee Clausen (TBGA)
3. Teri-Ann Metcalf (TBGA)
4. Jennifer Hunter (TBGA)
5. Beth Milne (Twisters)
6. Dana Anderson (TBGA)

All Around

1. Laura Lee Clausen (TBGA)
2. Julianne Rook (TBGA)
3. Dana Anderson (TBGA)

Argo C

Vault

1. Sandra McDougall (TBT)
2. Debbie Baird (Twisters)
- Inga Anderson (TBGA)
3. Alana Bortolussi (TBGA)
4. Genevieve Strong (TBGA)
5. Tanya Ditchfield (TBT)
5. Krista Salchert (FF)
6. Carrie Walker (Geraldton)

Beam

1. Alan Bortolussi (TBGA)
2. Sandra McDougall (TBT)
3. Cari Brow (FF)
- Erin Bradford (TBGA)
4. Tanya Ditchfield (TBGA)
5. Inga Anderson (TBGA)
6. Krista Larson (Geraldton)

Unevens

1. Sandra McDougall (TBT)
- Cari Brow (FF)
2. Erin Bradford (TBGA)
3. Tanya Ditchfield (TBT)
4. Alana Bortolussi (TBGA)
5. Krista Salchert (FF)
6. Debbie Baird (Twisters)

Floor

1. Alan Bortolussi (TBGA)
2. Tanya Ditchfield (TBT)
3. Debbie Baird (Twisters)
4. Erin Bradford (TBGA)
5. Genevieve Strong (TBGA)
6. Inga Anderson (TBGA)

All Around

1. Sandra McDougall (TBT)
2. Alana Bortolussi (TBGA)
3. Tanya Ditchfield (TBT)

Tyro C

Vault

1. Krista Ditchfield (TBT)
2. Melissa Mauro (Twisters)
3. Lynn Trochimchuk (TBGA)
4. Tina Skirten (Twisters)
5. Connie Williams (Geraldton)
6. Penny Cook (Geraldton)

Unevens

1. Krista Ditchfield (TBT)
2. Melissa Mauro (Twisters)
3. Lynn Trochimchuk (TBGA)
4. Tina Skirten (Twisters)
5. Lara Angus (FF)
6. Connie Williams (Geraldton)

Beam

1. Krista Ditchfield (TBT)
2. Lynn Trochimchuk (TBGA)
3. Tina Skirten (Twisters)
4. Melissa Mauro (Twisters)
5. Lara Angus (FF)
6. Penny Cook (Geraldton)

Floor

1. Tina Skirten (Twisters)
2. Lara Angus (FF)
3. Krista Ditchfield (TBT)
4. Lynn Trochimchuk (TBGA)
5. Melissa Mauro (Twisters)
6. Penny Cook (Geraldton)

All Around

1. Krista Ditchfield (TBT)
2. Lynn Trochimchuk (TBGA)
3. Melissa Mauro (Twisters)

Junior C

All events won by Gillian Strong (TBGA), second Tina Grynol (FF)

Tyro B

One competitor, Alexis Miller (FF)

Pre-Competitive

One competitor, Marnie Salmon (TBGA)

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