

BEAT THESE FOOD VALUES...

IF YOU CAN

Fortune, pieces and stems, 10 oz.

MUSHROOMS

2/1.00

Cream Style, Sun Spun, 398 ml.

CORN

2/1.00

Beatrice Fruit Bottom 175 gram

YOGURT

2/1.29

Klomp Wakefield 500 gram

COTTAGE CHEESE

1.65

Klomp Wakefield, 500 g. ml.

CEREAL CREAM

.99

"Home of Values"

- Foodmarket quality **GROUND BEEF**..... **1.18** lb.
- Extra lean **GROUND CHUCK**... **1.78** lb.
- Family pak, 9 - 11 per **PORK CHOPS**..... **1.44** lb.
- Aged for good eating **CHUCK STEAKS**..... **1.58** lb.
- semi boned **CROSS RIB ROASTS**..... **1.78** lb.
- long or short cut **BEEF RIBS**..... **1.38** lb.
- Seven Farms or Burns **WIENERS**..... **1.29** lb.
- Seven Farms or Burns **BACON**..... **1.98** lb.
- Fast Fry, great with steak & eggs **MINUTE STEAKS**.... **2.88** lb.
- Maple Leaf, tray packed **SMOKIES**..... **1.99** lb.
- Porketta, oven ready and seasoned just right **PORK ROAST**..... **1.49** lb.
- Tip, boneless, waste free **SIRLOIN STEAKS**... **2.78** lb.
- Whole or half **LEG 'O LAMB ROASTS**..... **2.59** lb.
- Fraser Vale, 750 g. pkg. **FISH & CHIPS**..... **2.99**

- Grade "A" large **EGGS**..... **1.45**
- Shaw's, white, 24 oz. **BREAD**..... **.89**
- Shaw's, box of 12 **GLAZED DONUTS**..... **1.99**
- Sun Spun, 375 gram **NON DAIRY CREAMER**..... **1.99**
- Heinz (not meat dinners, strained, 128 gram **BABY FOOD**..... **3/1.19**
- Golden Harvest, med., 375 gram bag **PRUNES**..... **2/1.99**
- Society chunks, 418 gram tin, beef, liver chicken, beef stew **DOG FOOD**..... **2/.95**
- General Mills, Golden Grahams, 500 gram **CEREAL**..... **2.29**
- Tang, pkg. of 2, 184 gram **ORANGE CRYSTALS**..... **1.49**
- Carnation, 500 gram **COFFEE MATE**..... **2.49**
- Carnation, 385 ml. **EVAPORATED MILK**..... **2/1.49**
- Carnation, 500 gram **HOT CHOCOLATE**..... **2.59**
- Fleecy, 5 litre **FABRIC SOFTENER**..... **3.99**
- Kraft, 1 kg. **CHEZ WHIZ**..... **5.69**
- Velveeta, Kraft, 500 gram **CHEESE SLICES**..... **2.99**
- white granulated, 4 kg. **SUGAR**..... **2.79**
- Bick's, Hot dog, sweet, corn, 375 ml. **RELISHES**..... **1.19**
- 10 kg. bag **KITTY LITTER**..... **3.99**
- Peerless, plain or salted, 900 gram **CRACKERS**..... **2.49**
- Christies, 150 gram **CHEDDES or FLINGS**..... **.99**
- Weston, 350 gram **WAGON WHEELS**..... **1.69**
- Fortune, crushed, sliced, chunks, 398 ml. **PINEAPPLE**..... **.79**
- Better Buy, 2 lb. tub **MARGARINE**..... **1.29**
- Sun Spun, pure, 48 oz. **APPLE JUICE**..... **1.09**
- Blue Ribbon, 1 lb. **COFFEE**..... **2.59**
- Fortune, 284 ml. **MANDARIN ORANGES**..... **2/1.39**
- Kleenex, 200 pop-up **FACIAL TISSUE**..... **1.49**
- Capri, 4 roll pkg. **BATHROOM TISSUE**..... **1.49**

FROZEN FOOD

Festival

- Aunt Jemima, 283 gram **Jumbo Waffles** **1⁴⁹**
- Valley Farm, 1 kg. **French Fries** **.59**
- Fraser Vale, 250 gram **Fish & Chips** **.99**
- Sun Spun "the best" 355 ml. tin **Orange Juice** **.99**
- Beatrice (no additives) 2 litre carton **Ice Cream** **4²⁹**

PRODUCE

"The Freshest in Town"

- California, Navel's, size 40's **ORANGES** **3/.99**
case of 40 lbs. **12.75**
- Pink, 48's **GRAPEFRUIT** **8/1.99**
- California, No. 1 **CAULIFLOWER** **1.29** ea.
- Red, Manitoba, 10 lb. bag **POTATOES** **1.99**
- California, Canada No. 1 **LETTUCE** **.59** ea.
- Ontario Mac's, 5 lb. bag **APPLES** **1.99**
- 6 oz. pkg. **RADISH** **3 pkg. / .99**
- Bunch **GREEN ONIONS** **2/.89**
- Med. 5 lb. bag **ONIONS** **1.99**