poet's corner

C.P.R. instruction gets underway at K.C.

Peace can be still Or very noisy Rushing in torrents Or languishing in quiet pools Spilling over, frothing whitecaps Or moonlight on a becalmed lake Peace is always joy.

Love too can be quiet A cherished memory A shining tear clasped Closely to the heart Or waterfalls of sheer delight Tumbling in the mind and soul And plunging into ecstasy.

Trust can be so comfortable. And easy chair, well-worn slippers, Good friends who really know And really care regardless An inner strength of certainty No place for fear or undefined Forebodings and anxiety.

So keep these three Peace, love and trust Most closely bound On to your heart, Tenderly caressed and cherished Pearls of life, wholly unblemished Treasures of the inner soul.

Kristine Arthur August/83

by S. MARK

Gerry Withers and Bill Love took time out of their busy schedule to take the Editor and myself on a cook's tour of the mill approximately two weeks ago. My husband works in the mill, therefore it was very interesting to me. Every so often he tells me about jobs that he has done that day and most of the time a puzzled look comes across my face because I'm not sure what he is talking about. After the tour was completed, I will have a good idea of what he has been talking about. I can also understand why Standard First Aid and CPR training would be an asset to any employees working in the mill.

In a previous edition of the paper an article was written on the SFAP being done in the mill and the CPR training they hoped to start as soon as possible.

The first of the CPR courses was started the weekend of Nov. 26 and

27, in the training centre at Kimberly-Clark. It was a 12 hour course with the primary purpose, to give the participants a basic training in CPR and also to assist in selecting four or five candidates for further development into CPR instruction in the hopes that they will become CPR instructors for Kimberly-Clark. CPR Instructor Don Moors from Confederation College in Thunder Bay, instructed the first course, with thirteen people in attendance,

they were: S. Currie, G. Davis, M. Deschamps, J. Dunn, R. Fournier, A. Gereghty, R. Hopper, R. Mark, J. Mykietyn, D. Riley, T. Walton, C. Withers and D. Lavigne.

In talking to Gerry Withers on Tuesday, he commented that all employees that took the course passed and they are waiting for recommendations from the instructor, for whom, he would recommend as instructors, of CPR. Mr. Withers also commented that the Instructor was very pleased with the effort done in the training and he went as far as to say the employees were exceptional in their comprehension of the training.

Congratulations to all the employees who took part in the training and to K.C. for initiating such a programme in the mill.

rossport notes

by ANNE TODESCO

Mr. and Mrs. Jack Campbell and son Daniel, spent the weekend in Thunder Bay on business and visiting friends.

Mrs. Anne Todesco

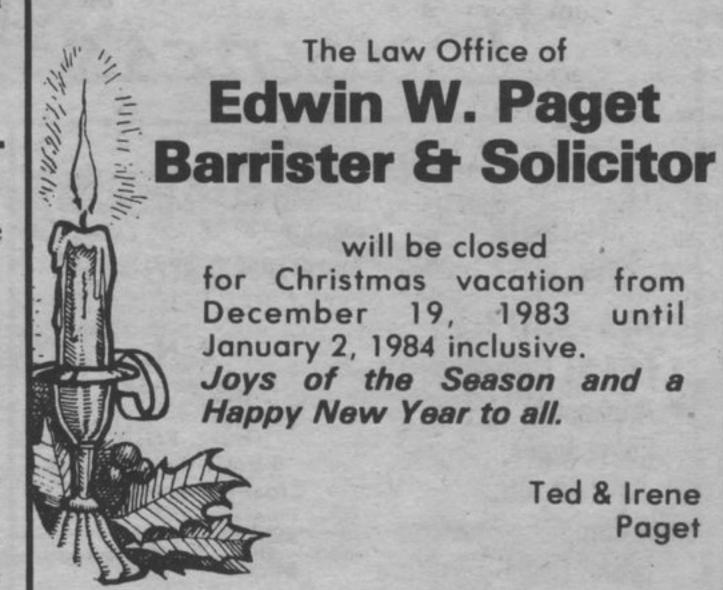
was a patient in Mc-Causland Hospital and returned home on Fri-

Mr. and Mrs. Albert Boudreau of Timmins surprised his sister, Mrs. Josephine Hubelit

on a visit during the week.

The tugs and boats are all laid up for the winter and all is quiet on the water front.

Mrs. Walter Gerow is a patient in the McKellar Hospital having undergone surgery. We hope that she will soon be home again.



24-hour heliport for Marathon



DANCE

Ring in the New Year on December 31st at the L.S.H.S. Gym, Terrace Bay Campus 9:00 p.m. to 2:00 a.m. Buffet to be served

Dance to the music of: "CASPER"

from Toronto

\$40.00 per couple First come - first served!

Proceeds to Kinsmen Community Projects.

Tickets will be on sale at





CHRISTMAS STORE HOURS

Monday December 19 - 9:30 a.m. to 5:30 p.m. Tuesday December 20 - 9:30 a.m. to 5:30 p.m. Wednesday December 21 - 9:30 a.m. to 9:00 p.m. Thursday December 22 - 9:30 a.m. to 9:00 p.m. Friday December 23 - 9:30 a.m. to 9:00 p.m. Saturday December 24 - 9:30 a.m. to 4:30 p.m.

The Heliport at Wilson Memorial General Hospital in Marathon has been licensed to operate 24 hours a day. The announcement was recently made by acting Health Minister Keith Norton and Leo Bernier, Minister of Northern Affairs.

The Ministry's Air Ambulance Bandage 3, stationed at Thunder Bay, has been available in this community only during daylight hours on a special waiver from Transport Canada to operate without a licensed heliport.

There are now 33 heliports in Ontario licensed for 24 hour air ambulance use.

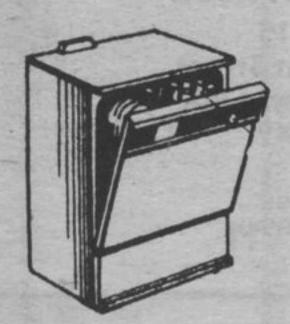
SCHREIBER MINOR HOCKEY MARATHON

Monday, December 19, 1983 10:00 a.m. to 8:00 p.m.

Sponsor sheets are available at the Schreiber Parks and Recreation Centre and also the Schools.

Please support our Kids.

Deliver Christmas Joy All Year With Gifts for the Home!



Store Hours:

9 a.m. to 12:30 p.m.

Thurs. Dec. 15th to

1:30 p.m. to 5:30 p.m.

Night Shopping Begins:

Mon. to Sat.:

Fri. Dec. 23rd.

Closed Dec. 28th

for stock taking.

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