

Terrace Bay recreation news

New Program Ideas:

The following are course suggestions we have received from the public. Presently we do not know if the interest is sufficient to offer any of these programs, and for some of them we do not have an instructor. We would like you to let us know if you are interested in any of these programs, or if you would be qualified or interested in teaching them. All of our instructors receive \$15.00 per hour of instruction time.

- weight training for women (weekly basis)
 - bridge for beginners (weekly basis or weekend workshop)
 - guitar lessons (weekly basis)
 - sewing blue jeans (weekly or weekend workshop)
 - public speaking (weekend workshop)
 - drama (weekly)
 - training your dog (weekend workshop)
- Starting in January 1984 Ladies Fitness for Age 35 and Over**

Lisa Corrigan is offering an 8 week fitness

program for ladies over 35, or those not used to exercising. The program will consist of stretching and exercises for the whole body. This will take place on Tuesdays and Thursdays from 2:00 to 2:30 p.m. at the recreation centre. Space is limited, so register soon.

Shape, Exercise Program

Lisa Corrigan will also be offering another morning fitness class which will take place 3 times a week: Monday, Wednesday and Friday, from 10:15 to 11:15 at the recreation centre. This is an 8 week course.

Confederation College Workshops

Confederation College would like to offer the following courses after Christmas if interest is sufficient: Paper Tole (Advanced and Beginner's combined); Microwave III (for Beginners and Advanced); Oil Painting for Beginners; Art from the Oven and Hydroponics. Please call if you have an interest in any of these programs.

Memberships
1984 Memberships are now on sale to the

public. If you are looking for a family gift, consider a recreation membership. Call the recreation office at 3542 for further information.

Winter Spring Activity Brochure

The Winter/Spring

Activity Brochure will be available in the middle of January. This brochure will list details of all the upcoming programs and at that time we will be accepting names for all the programs. Presently, we

are accepting names for Quilting By Machine, Furniture Refinishing, Upholstery, Mixed Aerobic, Know Your Car, Beginner's Woodworking. Please call now if you are interested in any of these courses as

they usually get booked up quite fast. Watch for further details on these courses in upcoming issues of the News. Let's hear from you for program ideas for 1984!

Bicentennial grants to unorganized communities

Five local Services Boards have jumped on the bandwagon early to start plans for community-based celebrations for Ontario's Bicentennial in 1984.

Grants of \$500 are available through the Ministry of Northern Affairs to Local Services Boards in unorganized communities to assist them in developing projects recognizing the Bicentennial theme.

Northern Affairs Minister Leo Bernier announced grants will be going to Nestor Falls, Armstrong, Hurkett, Caramat and Rosspport. Nestor Falls, with a

population of 315, will host a community dance with a historical theme.

The community of Hurkett, northeast of Thunder Bay, will mark the Bicentennial with a summer-end picnic in August next year.

The Local Services Board in Rosspport plans to put its Bicentennial grant to work, making improvements to the community's Wardrope park, so a family-style field day can be held.

Caramat's annual Silver Fish Derby held in mid-July will take on a new flavour for Ontario's Bicentennial. The

community of 265 is making efforts to contact former residents to join in a homecoming celebration.

In Armstrong, the Local Services Board will tie in with efforts by the people of Native Ancestry (PONA) Committee to document the

area's history in a pamphlet.

"The many small community-based celebrations across the province next year will provide unique opportunities for all of us to reflect on the richness of our cultural heritage," said Bernier.

Birth Announcement

MADGE: Lawrence and Mariann are pleased to announce the safe arrival of their daughter



KYLIE LOREN

a sister for Billy. Kylie was born on November 17, 1983, weighing 5 lbs., 6 ozs. at Port Arthur General Hospital.

THANK YOU

We would like to extend special thanks to Dr. Wilkes, Linda Stewart, Dr. Cromey, Dr. DeSa, all Blood Donors, Nurses of 5W and Newborn Nursery for their quick actions and wonderful care.

Mariann & Kylie Madge

BIRTH ANNOUNCEMENT

Don and Karen Baxter are very pleased to announce the safe arrival of their second child

BRIAN DONALD

born on November 11, 1983 weighing 7 lbs., 7 ozs. Special thanks to Dr. Keith Wilkes, Danielle Salesses and the rest of the nursing staff at The McCausland Hospital for the excellent care Brian and I received while staying there.



SMART

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WOW! SANTA'S COMING
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Children must be accompanied by parents

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