

Terrace Bay Recreation News

New Program Ideas course suggestions we public. Presently we do
The following are have received from the not know if the interest

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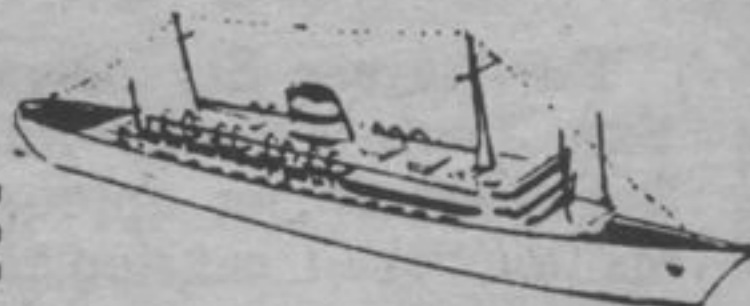
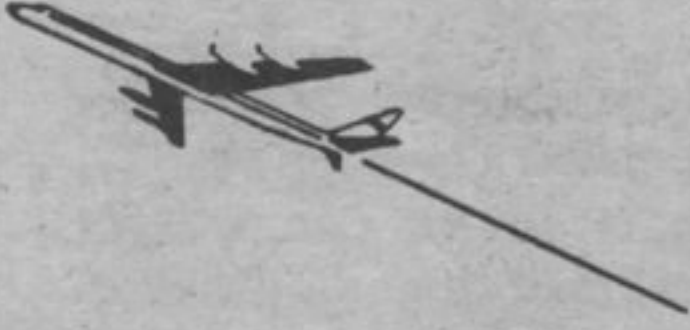
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is sufficient to offer any of these programs, and for some of them we do not have an instructor. We would like you to let us know if you are interested in any of these programs, or if you would be qualified or interested in teaching them. All of our instructors receive \$15.00/hour of instruction time.

- Weight Training for Women - weekly basis
- Guitar Lessons - week-

- ly basis
 - Sewing Blue Jeans - weekly or weekend workshop
 - Public Speaking - weekend workshop
 - Drama - weekly
 - Training Your Dog - weekend workshop
- Starting in January 1984 Ladies Fitness for age 35 and over:**

Lisa Corrigan is offering an 8 week fitness program for Ladies over 35, or those not used to exercising. The

program will consist of stretching and exercises for the whole body. This will take place on Tuesday and Thursdays from 2:00 - 2:30 p.m. at the Recreation Centre. Space is limited so register soon.

Shape, Exercise Program

Lisa Corrigan will also be offering another morning fitness class which will take place 3 times a week, Monday, Wednesday and Friday from 10:15 to 11:15 a.m. at the Recreation Centre. This will be an 8 week course.

Confederation College Workshops:

Confederation College would like to offer the following workshops after Christmas if sufficient interest is shown: Paper Tole (Advanced and Beginners Combined)

Art From The Oven
Microwave III
Oil Painting for Beginners

Possible Programs for Fall 1984

We are now taking names to see if there is interest in Word Processing or Conversational French, for Fall 1984. Now is the time to

indicate your interest, as it takes time to set up courses of this nature and we first need to know if the interest is there. These programs will be offered by Confederation College.

Bowling Program

The Bowling Alley is open to the General Public, Members, and Non-Members on Wednesday from 7:00 to 10:00 p.m. and Sunday from 2:00 to 5:00 p.m. Rates are set and we encourage you to participate.

Memberships

1984 memberships will go on sale prior to Christmas therefore if you are looking for a family gift, consider purchasing your membership at this time. Exact dates when memberships will be sold will be advertised through this paper.

Arena Closure

Due to mechanical problems with the refrigeration plant, the arena will be closed for approx. 2 weeks. All user groups and the public will be advised when the problem is rectified.

NOTICE OF MEETING

The 35th Annual Meeting of the **Terrace Bay Community Credit Union** will be held on Sunday, Dec. 4th, 1983, at 1:30 p.m. in the large meeting room directly behind the office, (formerly Dr. Notwell's office.)

Agenda:

- 1) minutes from the last annual meeting.
- 2) election of officers.
- 3) auditors report.

Coffee will be served.

All Members are urged to Attend.

the  Bay

Senior Citizen's DAY

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10% DISCOUNT

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- * Free gift wrapping service on all purchases
- * Free delivery
- * Free coffee or tea & donuts
- * Free draw for Laura Secord Christmas gift package
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Till Christmas
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