

# Terrace Bay Recreation News

**FALL PROGRAMS:**  
**Hydroponics:** (growing vegetables indoors without soil).  
 Learn how to grow

fresh vegetables indoor year round. You can have your own delicious tomatoes, fresh crisp lettuce and numerous

other vegetables and herbs. In this workshop you will learn the theory behind hydroponics and how to make and set-up

your own system. It is simple and inexpensive to enjoy home grown produce throughout the winter. This 4 hour

workshop will be held on Saturday November 19 at the Recreation Centre.  
**Level 1 Theory Course**

**For Coaches:**

This coaching theory course is open TO COACHES OF EVERY SPORT and will be offered during the weekend of November 4, 5 & 6. Betty Tate will be the instructor. Please call if you are interested.

**Photography:**

If you plan to get a new camera this Christmas, now is the time to take this short course and familiarize yourself with the operation of the 35mm camera. Basic photography techniques will also be discussed. You do not need your own camera to attend. This course is for 4 weeks, starting on Wednesday, November 9th (7:30 to 9:30 p.m.) and ending on Wednesday, November 30th. Classes will be held in the Conference Room of the Recreation Centre. If

interested, please call and register before the deadline of Friday, November 4th.  
**Christmas Crafts:** (for ages 8-12).

There are still openings in this children's program which starts tomorrow night. This 8 week children's program will explore several craft areas such as: printmaking, collage, modeling, weaving, nature crafts and stitchery. Films and games will also be enjoyed. Any scrap materials such as wool cloth, stuffing buttons, etc. are welcome. Sessions are Thursday from 7-9 in the Multi-Purpose room of the Recreation Centre.

**Woodworking for Beginners:** Irwin Hegedus is offering another of his popular Woodworking courses this fall. This

continued on page 9



## SATURDAY MORNING MADNESS

**OCT. 22 7 A.M. TO 9 A.M.**

**HURRY...HURRY...Rush down to the Bay** just in time to pick up these "HOT" specials. Don't bother to get dressed...Just rush down in pyjamas and housecoat\* and we will give you an additional 10% on your purchase between 7 a.m. and 9 a.m.  
 \*To qualify you must be wearing pj's, and housecoat, not over jeans, etc.



### 1/2 HOUR SPECIALS 7:00 TO 7:30 A.M.

1-500 gram pkg.  
**BACON & EGGS**  
 1 dozen  
 Limit: 2 per customer  
 Limited quantities. While they last.



**CIGARETTES**  
 Export A - DuMaurier - Matinee  
 Belvedere - Players Light  
 Limited quantities. While they last.



### 7:30 TO 8:00 A.M.

**PAPER TOWELS**  
 Pronto, 2 pack  
 4 per customer  
 Limited quantities. While they last.



**FACIAL TISSUE**  
 3 ply, 100's  
 6 per customer  
 Limited quantities. While they last.



### 8:00 TO 8:30 P.M.

**POTATO CHIPS**  
 6 per customer  
 200 gram assorted flavours  
 Limited quantities. While they last.



**COFFEE**  
 Nabob - regular or fine grind  
 Limited quantities. While they last.



### 8:30 TO 9:00 A.M.

**Chocolate Puffs**  
 Paulines  
 Limited quantities. While they last.



**Kitchen Catchers**  
 48's - 20" x 22"  
 Limited quantities. While they last.



Customer satisfaction, we guarantee it at the Bay from coast to coast



NEW MOVIES AT THE BAY VIDEO CLUB!  
 Hurry down today! 15 new titles have just arrived! Get your favourites while our selection is hot!

Hudson's Bay Company  
 SCHREIBER



Frank Miller  
 Ministry of Industry and Trade

Northern Ontario Development Corporation



Are you ready to start, expand or improve a business?



Talk to your visiting NODC consultant about financing.

The Northern Ontario Development Corporation helps businesses grow and so encourages economic development and increases employment opportunities for the good of Northern Ontario.

**Who's eligible?**

If you're involved in the following areas of business or industry, then you're probably eligible for our help:

- Secondary manufacturing and selected service industries
- Tourist operations and tourist attractions
- Exporters of goods and services
- Businesses which encourage the replacement of imported goods, services or technology.

See your NODC consultant now!  
 The NODC consultant's next visit will be:

**Marathon, Oct. 28, 1983**

To set up an appointment contact:  
 Northern Affairs Officer 229-1153

Also interviewing applicants from Schreiber, Terrace Bay and Manitouwadge