

# Schreiber Recreation News

## Public Skating

Attention Schreiber residents! The Schreiber arena public skating schedule from October 12 to October 24 is as follows:

Wednesday, October 12 - 1-4 p.m.  
 Friday, October 14 - 1-4 p.m., 7-9 p.m.  
 Saturday, October 15 - 1-3 p.m.  
 Monday, October 17 - 1-4 p.m.  
 Wednesday October 19 - 1-4 p.m.  
 Friday, October 21 - 1-4 p.m., 7-9 p.m.

Public skating is good exercise and fun for both beginners and experts. Come out and join the fun.

## Shinny Hockey

Attention hockey players! The 1983/84 Shinny Hockey schedule is as follows: Monday, Wednesday, Thursday and Friday, 9:00 a.m. to 12:30 p.m. Players are reminded to pay at the Recreation Office prior to playing. For more information please contact the Recreation Office at 824-2317.

## Rink Rats

Attention local youth ages 12 to 14. Schreiber Parks and Recreation needs you!! Positions of Rink Rat are open to local youth interested in helping at the Schreiber Arena during the 1983/84 season. Applications will be circulated at local schools. Parents, should you have any questions please contact the Recreation Co-ordinator.

## Open Ice Time

Should any local arena group (hockey, broom-ball, figure skate) be interested in acquiring additional ice time, then contact the Recreation Co-ordinator as soon as possible.

## Womens Weight Training

Attention Ladies! The Schreiber Parks and

Recreation Department in conjunction with Fitness Ontario will be offering a womens weight training course. Any ladies interested in learning how to properly use the Fitness Room or to trim away unwanted pounds should consider enrolling. Information on exercise, stretching, nutrition and fitness will also be made available.

Day: Tuesday evenings  
 Time: 7-8:30, 7-10 (First session only)  
 Location: Fitness Room  
 From: October 18 to November 15  
 Start: October 18, 7:00 p.m.  
 Enrollment is limited to twenty ladies. For further information contact the Recreation Office.

## Bread Dough

Schreiber Parks and Recreation in conjunction with Confederation College will be holding a Bread Dough Art Course. The workshop is being held Friday, November 18 from 7:30 to 9:00 p.m. and Saturday November 19 from 9-12:30. Class is being limited to fifteen students. For more information and to register please contact the Recreation Office at 824-2317.

## Paper Tole

Attention Ladies! Last call to register for the Paper Tole Course. Registration will be accepted until Friday, October 14 at the Recreation Office. The workshop runs on Saturday, October 22 from 10:00 a.m. to 1:00 p.m., 2:00 p.m. to 4:00 p.m. in the Art Room of the Recreation Complex under the instruction of Bette Hastings. For more information please contact the Recreation Office.

## Custom Car Interior

Schreiber Parks and Recreation in conjunction with Confederation College is holding a Custom Car Interior Workshop on October 22 and October 23, 1983. Learn how to plan and create custom car interior. Topics for this 2 day workshop include: Material Selection and use of colour; Head Liners - types of installation and how to take layout and make pattern; Panels - construction, materials and how to form, fasten and cover the panel; Carpets - types of installation, selection, underlay forming and layering of carpets; Seats - selection and how to recover Weather Strips and Trim - types, uses, and installation. Instructor for this workshop is Eric Fair of Thunder Bay. For more information and to register please contact the Recreation Office at 824-2317.

**Relaxation Workshop**  
 Schreiber Parks and Recreation in conjunction with Confederation College is offering a Relaxation Workshop under the instruction of Edward Kenney. The workshop takes place Saturday, November 5 from 9:00 to 5:00 p.m. Registration deadline is Friday, October 28, 1983. For more informa-

tion please contact the Recreation Office.

## Fit Five

Congratulations to the following successful Fit Fivers. Should you be wanting to enroll in this FREE personal fitness program then drop by the Recreation Office today!  
 Theresa Trichilo - Level Two

## Fitness Room

Fitness room members are reminded that Ladies only sessions are Tuesday and Thursday evenings 6:00 p.m. to 8:30 p.m. Your cooperation in recognizing this special time is important. All members are reminded that informative fitness, nutrition and exercise materials are available at the Recreation Office. Drop in and get your copies today.

## Hallowe'en Party

Attention Parents! The Schreiber Parks and Recreation Department will be offering a youth Hallowe'en Party in late October. Featured will be games, contests, costumes, lunch, films and surprise activities. This supervised afternoon of fun will be for children of all ages 4 to 10 years. Stay tuned for more information.

## Basic Sewing

Any ladies interested in learning the tech-

niques of sewing; dress-making/clothes repair, are encouraged to leave their name with the Recreation Office (824-2317). Once sufficient numbers are reached a Basic Sewing will be

offered.

## Recreational Volleyball

Attention volleyball players! If you are interested in playing Recreation Volleyball should drop in at the High School Gymnasium

Thursday evenings 7-10 p.m. For further information contact Susan Wiseman at 824-2946.

## Next Week

Hallowe'en Party  
 Minor Hockey News

## Lake Superior Board of Education



Tenders will be received until 4:30 p.m., October 21, 1983 for snow removal for the 1983-84 winter season, at the following locations:

**SCHREIBER**  
 Lake Superior High School

**TERRACE BAY**  
 Lake Superior High School  
 Terrace Bay Public School

The above locations are to be cleared of snow immediately after each snow storm. It is of particular importance that all areas be cleared by 8:00 a.m. to permit movement of vehicles. Your tender should include the type and size of equipment to be used. More specific information may be obtained from the appropriate school principal.

## Major Appliance Repairs

Servicing done in your own home on: Ranges, Washers, Dryers, Dishwashers, Fridges, & Electric Hot Water Tanks.

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