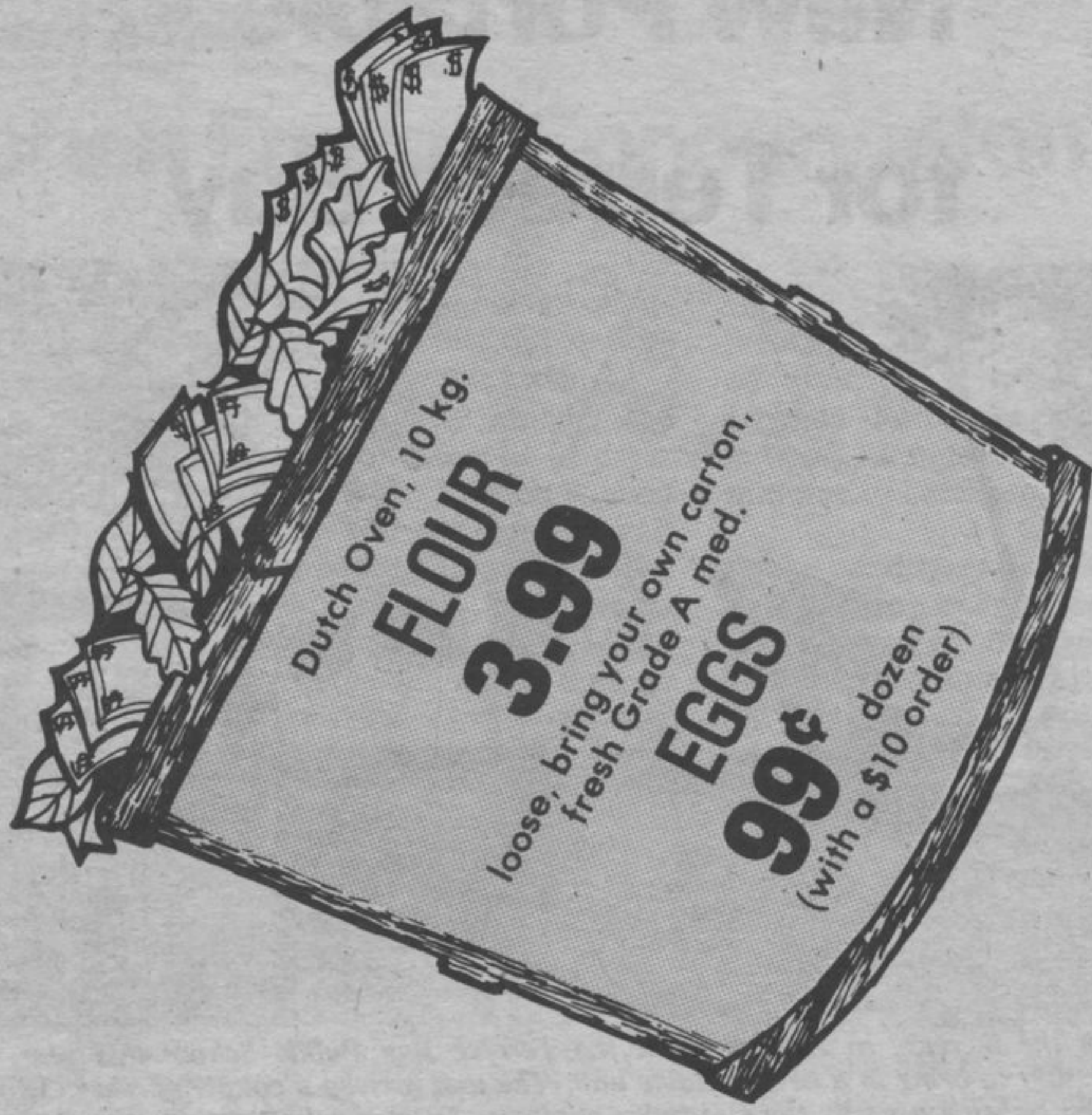
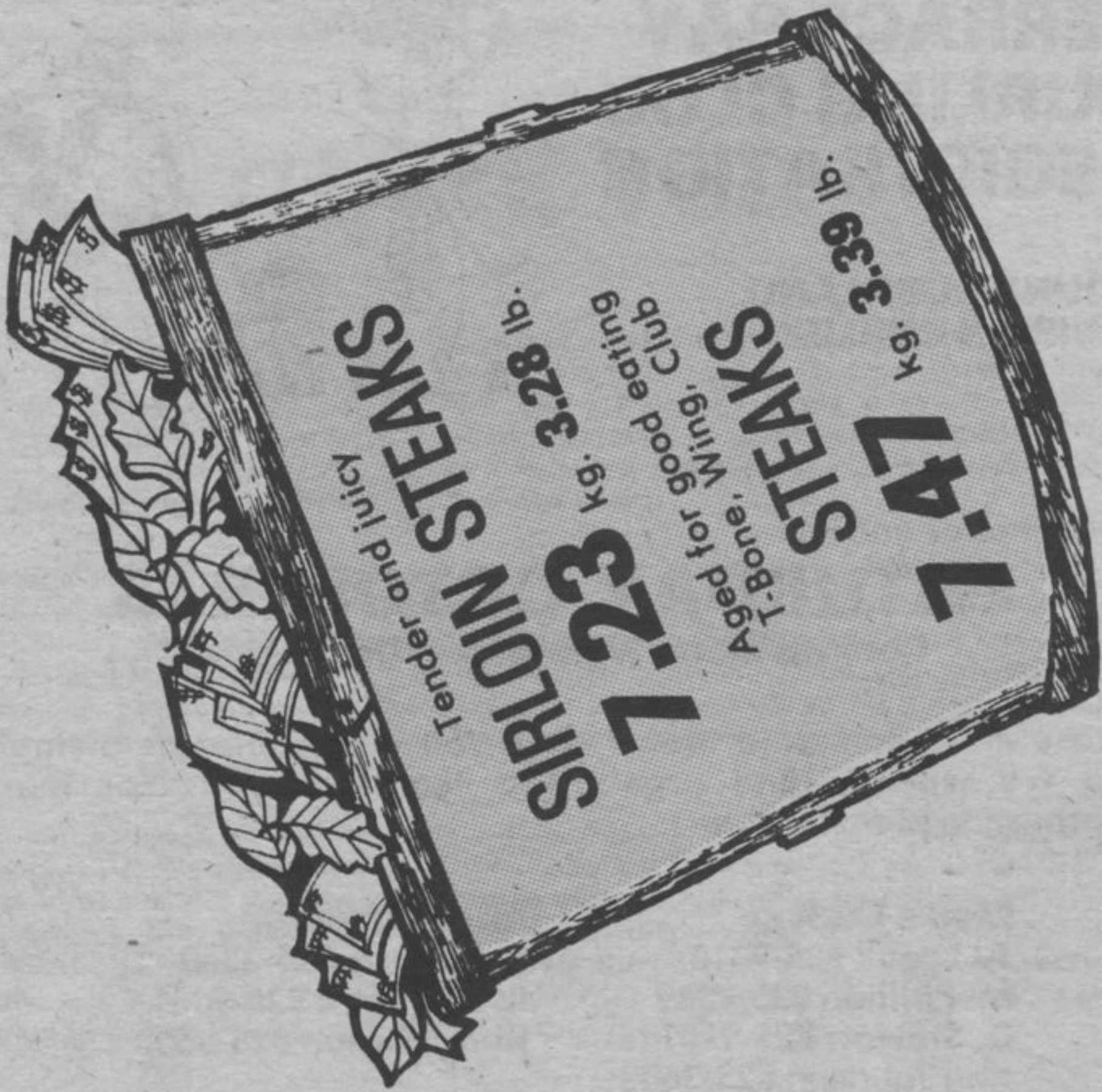


# HARVEST



Heinz 1 litre  
**KETCHUP**..... **3.29**  
K.W. 500 gram  
**COTTAGE CHEESE**..... **1.49**  
K.W. 500 ml.  
**CEREAL CREAM**..... **89¢**  
Shaws white, 24 oz.  
**BREAD**..... **75¢**

Semi-boned Cross Rib or Pot  
**ROAST**  
**3.92** kg. **1.78** lb.  
Great for steak & eggs  
**MINUTE STEAKS**  
**6.35** kg. **2.88** lb.

Food market quality  
**GROUND BEEF**  
**2.38** kg. **1.08** lb.

Long or short cut,  
an economical meal  
**BEEF RIBS**  
**2.60** kg. **1.18** lb.

Extra lean  
**GROUND CHUCK**  
**3.70** kg. **1.68** lb.

battered cod from the Deli counter  
**FISH**  
**6.57** kg. **2.98** lb.

Family pak (9-11 per pak)  
**PORK CHOPS**  
**3.51** kg. **1.59** lb.  
7 Farms 1 kg. pkg.  
**BEEF BURGERS**  
**3.98** each

Holsum  
**LONG JOHNS**..... **1.39** pkg.

Bakers, semi-sweet or unsweetened  
225 gr.  
**CHOCOLATE**..... **2.59**

Neilson's Junior, bag of 16  
**CHOCOLATE BARS**..... **2.88**

Kleenex, pop-up 200's  
**FACIAL TISSUE**..... **89¢**

Viva, pkg. of 2  
**PAPER TOWELS**..... **99¢**

Blue Ribbon, 1 lb. pkg.  
**COFFEE**..... **2.59**

Paulin's 900 gram  
**SODA CRACKERS**..... **2.49**

Paulin's 200 gram  
**CHOCOLATE PUFFS**..... **99¢**

Paulin's 600 gram  
**FIG BARS**..... **2.29**

**PROCTOR & GAMBLE**  
**JOIN THE HARVEST**

Heavy duty detergent 12 litre  
**TIDE**..... **8.79**

1.5 litres  
**MR. CLEAN**..... **3.69**

No Name, 10 roll pkg.  
**BATHROOM TISSUE**..... **2.99**

Glad, outside, pkg. of 20  
**GARBAGE BAGS**..... **2.99**

Assorted, Hostess 200 gram box  
**POTATO CHIPS**..... **99¢**

40, 60, 100 watt, pkg. of 2  
**LIGHT BULBS**..... **99¢**

750 ml. bottles  
**PEPSI**..... **3/1.09**  
plus deposit

Kraft Velveta 500 gram  
**CHEESE**..... **2.99**

Post Fruity Pebbles 300 gram  
**CEREAL**..... **1.49**

Aunt Jemima 1.75 gram  
**PANCAKE MIX**..... **2.49**

## DAILY DRAWS

Each day we will have ten (10) draws at 5:30 p.m., with a new draw each day.  
**SO ENTER EVERY DAY!!!**

### DRAW:

- 1) 1 Seven Farms bacon 500 gr.
- 2) 1-1 lb. (your choice) coffee
- 3) 3-1 lb. pkg. 7 Farms weiners
- 4) 2 dozen eggs A large
- 5) 2 boxes 200 g. Hostess chips
- 6) 2-2 litres K.W. milk
- 7) 3 loaves Purity bread
- 8) 2-1 lb. butter
- 9) 1-6 litre Tide
- 10) 2 Betty Crocker cake mixes

## FROZEN FOODS

Modern 4 litre pail  
**ICE CREAM**..... **4.29**  
Sunsun 355 ml.  
**ORANGE JUICE**..... **99¢**

Boneless, waste free