

Northern Affairs -

Kitchen Energy Conservation

by JANE E. GREER
Are you working to improve the energy-efficiency of your home? After adding insulation, storm doors and windows and glass doors on the fireplace, what's the next step?

Consider the kitchen. Whether you're a gourmet cook or a frozen din-

ner fan, most all of us can improve our energy habits in the kitchen. In many homes, the largest amount of energy in the kitchen is used by the refrigerator and freezer. To make these appliances more efficient, take as many items out at one time as possible. Avoid opening the door and "window

shopping." Some manufacturers have suggested that for every 30 seconds the refrigerator is open, it must run 30 minutes to catch up. The condenser should be kept clean of dust and lint. Manual defrost types should be defrosted when the ice builds up more than 1/4". Both dust and excess ice cause the refrigerator to run more often, and less efficiently.

Many refrigerators are now equipped with "energy-saver" switches that control the heater strips around the door. These heaters help evaporate excess moisture during humid weather. During the low humidity of winter, these heaters are not needed so the control should be set accordingly.

The oven can be made into a very efficient cooking appliance by taking advantage of its insulation and large capacity to prepare oven meals. These take no more energy that cooking just one food.

Pre-heating should be reserved for baked goods only, and today's well-insulated ovens can be turned off about 15 minutes early and still finish cooking properly.

Of course, insulation has little value if the oven door is opened frequently. Up to 20 per cent of the hot air can be lost each time the door is opened, so train yourself to use an oven timer.

The cost of hot water for the dishwasher is far more expensive than the cost of the motor itself. Dishwashers generally take about 10-15 gallons of hot water, regardless of whether they are only slightly full or near capacity. Many dishwashers are now designed with the option to turn off the heating element for drying dishes. This reduces the cost of operation from 3.3 cents per load to 1.7 cents per

Bernier honours Terrace Bay



Northern Affairs Minister, Leo Bernier is seen here presenting Reeve Dave Speer the Canadian Flag. The presentation was made during a dinner in Marathon last

Thursday evening. Read more about this tour in next week's "NEWS".

LAKE SUPERIOR CHARTERS
Charter our 40' boat for:
- daily cruises
- overnight excursions (accommodations available on-board)
- fishing & hunting
- diving
- oagote hunting
- sight seeing

MAC'S SERVICE
- trailer park
- coffee shop
- smoked fish
- Post Office
- body shop
- ice
- live bait

MAC'S SERVICE
Rossport, Ont.
824-2933 Ask for Juris

Wedding Announcement
Joe and Mary Clare Kennedy are pleased to announce the marriage of their son:
RICHARD
to
SUI WON
The wedding ceremony was held in the home of his sister Lynda, who, with his brother Jim of Edmonton were attendants. Many ex-residents from Terrace Bay, along with his mother were guests.

THE FAMILIES OF THE LATE ADELE MONTEY
wish to express their sincere gratitude and heartfelt thanks to all during the recent loss of a dear mother, grandmother and great grandmother. Special thanks to the Rev. B. Bigelow, Ellen Hodgkins, King Funeral Home, pallbearers and all who sent cards, baking, floral tributes, mass cards and donations to the Heart Fund. Your thoughtfulness and kindness will always be remembered.

Congratulations
Guy and Vickie Boucher are proud to congratulate their son Daniel for successfully completing the Junior Trades course.
Good luck as a pipefitter.

THANK YOU

As President of the Auxiliary to the McCausland Hospital I would like to thank everyone who has supported our recent fund-raising efforts. Our tables at the Fall Fair raised over \$1,000 and our Harvest Dance made a profit; at the moment we are not sure of the correct amount as expenses are still being worked out. In particular I would like to thank the convenors who worked so hard encouraging us to participate in these events.

Doris Walton was our convenor for the Fall Fair and along with Marg Gander, Geri Strassberger and Marilyn Chisholm she encouraged us all to do our best for the Auxiliary. Marg Gander was the convenor for the Harvest Dance and was again helped by Geri Strassberger and Marilyn Chisholm. Obviously these were not the only members of the Auxiliary who were working so hard and I would like to thank all of you who helped in any way to make our efforts so profitable.

Our membership drive will be taking place this month and I hope that you will all support us. We appreciate all of you who join the Auxiliary and would ask you to let us know if you are able to help that little bit more by being available to participate with your most valuable commodity - time - in our fund raising efforts. All the money raised is used to help the patients in our hospital; either directly, e.g. tray favours on special holidays, or indirectly in the purchase of or donation to equipment being installed in the hospital.

Daphne Monks

load, not including hot water costs. If your dishwasher does not have this feature, you can open the door as the dryer enters the drying cycle, and allow the dishes to air-dry.

Small appliances can be energy-savers if used properly. Items such as slow-cookers, microwave ovens, and electric frypans can be very efficient. Some small toaster ovens, however can actually take more energy than the full-sized range for some foods. Before buying small appliances, consider storage space, safety features, and the multiple uses the appliance might have. For example, an electric frypan can be used to reheat leftovers, cook casseroles, bake pizza, and for stir-frying.

For further information, please contact your nearest Northern Affairs Office, located on the lower floor, Peninsula Building, 2 Gilbert St., Marathon or phone 229-1153 or Zenith 33160.

Why Economic Development Programmes?

Funds totalling \$249,000 have been approved for seven northern Ontario communities, under the Northern Community Economic Development Programme.

Under the \$750,000 programme, the Ministry of Northern Affairs will assist communities (particularly those with single-industry economic bases) to identify and pursue local economic development opportunities.

Northern Affairs Minister, Leo Bernier stated that "it is our aim through this programme to broaden and diversify the northern economy, by encouraging the expansion and development of small-scale locally based businesses."

"We want to assist communities, especially

the smaller ones, to identify and promote areas of opportunity, so that full advantage may be taken of other direct assistance programmes already in place."

Under the Community Economic Development Programme municipalities will be eligible for up to 75 per cent funding of costs incurred for approved projects.

The Ministry of Northern Affairs will provide funding for one or more of the following:

- Research development and publication of community economic base profiles
- Community economic development seminars
- Economic opportunity identification studies
- Business opportunity feasibility analysis
- Community economic development office
- Publication and distribution of promotional materials

The level of assistance to an individual

community will usually not exceed \$25,000 in any fiscal year. Funding requests stating the purpose, nature, duration and cost of the proposed undertaking will be assessed by the Ministry on the basis of existing local development programmes, and assistance will be tailored to meet individual community circumstances.

The programme is designed to be flexible and responsive to local needs, and will not duplicate or overlap existing business development programmes. The main idea is to help communities to help themselves.

Any interested communities or community groups should apply to the Ministry of Northern Affairs, through their local Northern Affairs Officer. In our local area, this would be Jane Greer and she may be contacted through her office in Marathon at Zenith 33160.

THANK YOU

A special thank you to all our kind neighbours and friends for all the beautiful gifts, flowers and cards given to Danielle while in the General Hospital and since returning home. Also to her classmates for the lovely flower arrangement.

Betty, John and Danielle St. Amand

The Schreiber-Terrace Bay
Community Corrections Committee
wish to thank

- the Township of Terrace Bay
- the Township of Schreiber
- the Ministry of Correctional Services

for financial support of the Community Drug and Alcohol Awareness Seminar, and the Lake Superior Board of Education for the facilities, especially caretaker Betty Tate for volunteer assistance.

Rosspport Notes

by ANNE TODESCO
Hilton Mushquash has left to holiday with friends in Duluth, Minn. Lakehead visitors during the week were Mrs. Anne Todesco and Mrs. Patsey Campbell. Welcome home to Felix Legault and Isadore Ray from McCausland Hospital in Terrace Bay. Olaf Sundel has closed his gift and craft shop for the winter. Peter Gerow and his sister Cathy have returned from Toronto. Wilbur Bain arrived home Monday from Vancouver, B.C. Condolence is extended to

Peter Testori in the passing of his brother Louis Testori in Thunder Bay last week. Mr. and Mrs. Eugene Gerow have arrived home from Toronto where Eugene had open heart surgery at the Toronto General Hospital. Everyone is happy to have you home Eugene. It appears that it pleases some one here to plaster homeowners' windows with cake and jam, but the property owners aren't very happy to have the messy stuff on their windows or cleaning the sticky stuff off.